

## Southeastern Ontario Stroke Best Practice Symposium

# Implementing Rehabilitation Intensity Inpatient Rehabilitation

Friday, November 6  
Donald Gordon Centre – Kingston

## Planning Committee

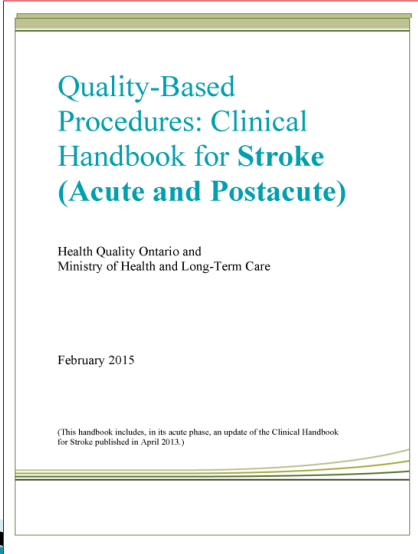
Members	Organization
Kathi Colwell, Mary Jo Demers, Stephanie Feldman, Dr. Steve Bagg	Providence Care, SMOL
Jennifer Levy, Melissa Roblin, Bonnie Molinski, Deb Cornick, Julia Niblett	Quinte Health Care
Travis Wing, Angela Rodgers, Suzanne Thorson, Sherry Anderson	Brockville General Hospital
Sarah Thompson, Kim Kehoe, Dr. Kate Stolee	Perth Smiths Falls District Hospital
Vince DePaul	Queen's University
Cally Martin, Sue Saulnier, Shelley Huffman	Regional Stroke Program

## Program Objective

- ▶ To consider, select and test change opportunities for the interprofessional team to work towards achievement of the recommended 3 hours/day of rehabilitation intensity 6 days/week to enhance patient outcomes in the inpatient rehabilitation setting.
- ▶ Includes pre-work and post-symposium activities

Why focus on Rehab Intensity?

# Quality Based Procedures



The image shows the front cover of a clinical handbook. The title is in blue and black text. The publisher's name is in black. The date is in black. A small note at the bottom indicates it is an update to a previous version.

## Quality-Based Procedures: Clinical Handbook for **Stroke** (Acute and Postacute)

Health Quality Ontario and  
Ministry of Health and Long-Term Care

February 2015

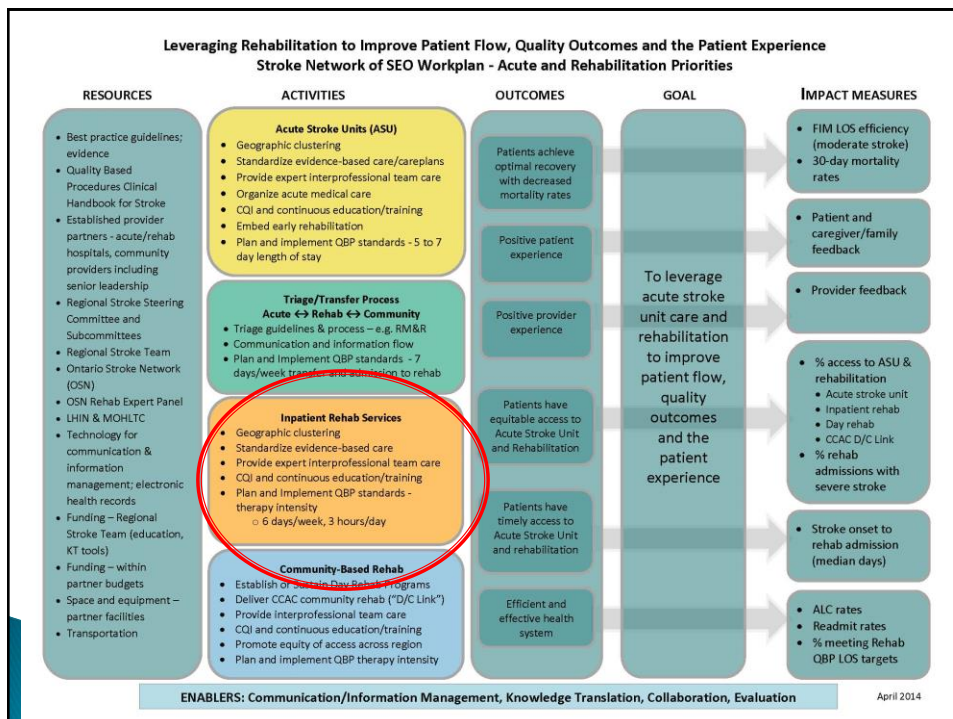
(This handbook includes, in its acute phase, an update of the Clinical Handbook for Stroke published in April 2013.)

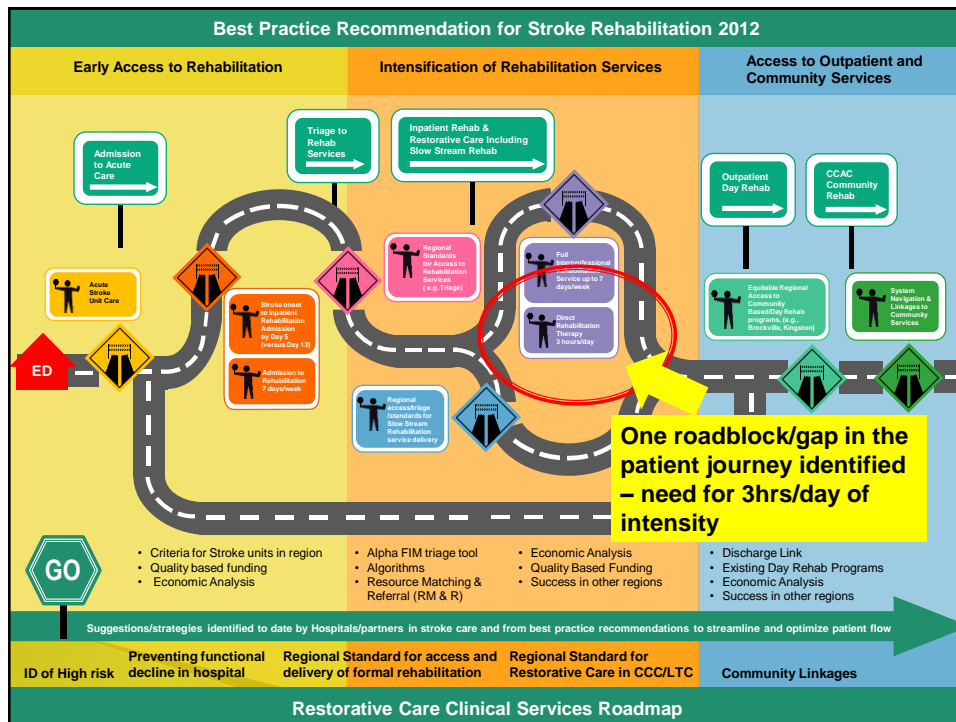
## QBP Inpatient Rehab

- ▶ Specialist rehabilitation team in a geographically defined unit
- ▶ Admit by Day 5 – 7 post stroke onset
- ▶ Admission 7 days per week
- ▶ Interprofessional rehabilitation team – timely assessment, treatment approach, stroke expertise
- ▶ Rehabilitation should begin as early as possible after medical stability is reached

# QBP Inpatient Rehab

- ▶ Stroke patients should receive, via an individualized treatment plan, at least **3 hours of direct task-specific therapy per day** for at least 6 days per week
- ▶ Length of stay
  - 1100 = LOS 48.9 days
  - 1110 = LOS 41.8 days
  - 1120 = LOS 35.8 days
  - 1130 = LOS 25.2 days
  - 1140 = LOS 14.7 days
  - 1150 = LOS 7.7 days
  - 1160 = LOS 0 days
- ▶ Secondary prevention – assessment and therapies





## Today's objectives

- ▶ Develop increased awareness of QBP - Rehabilitation intensity
- ▶ Bring to life the patient experience
- ▶ Understand evidence behind rehabilitation intensity
- ▶ Learn about other inpatient rehabilitation settings across the province
- ▶ Identify opportunities related to 3 hours/day of rehabilitation intensity
- ▶ Select 1-2 change ideas
- ▶ Begin to design your quality improvement initiative
- ▶ Identify next steps and support required