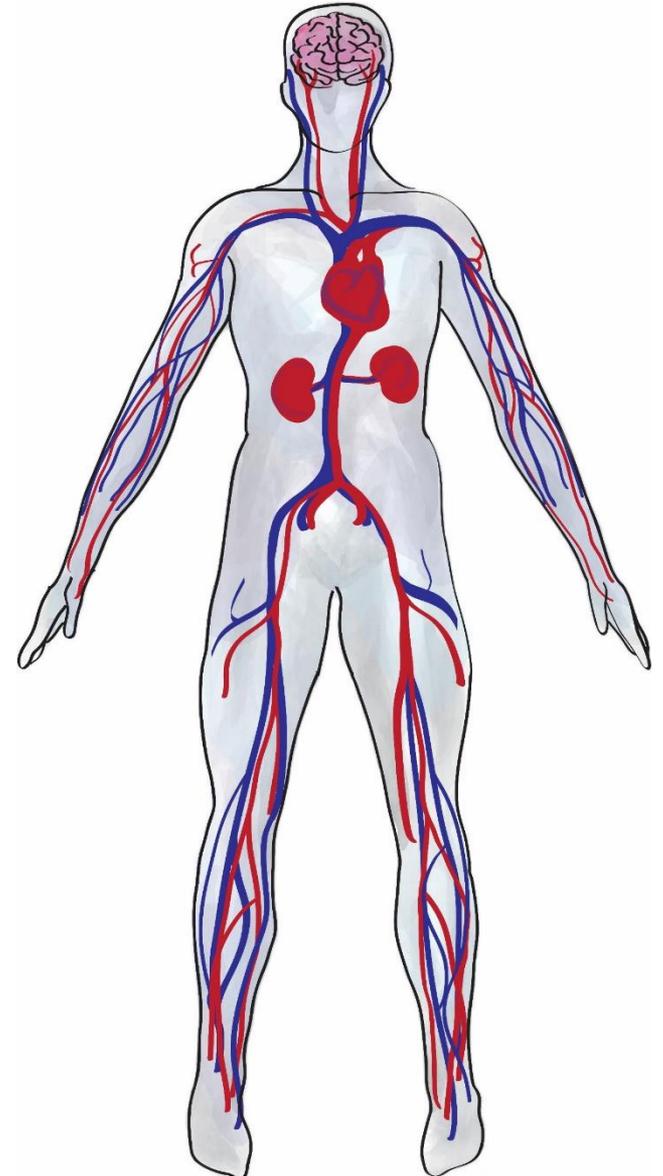


2016 Vascular Health Resources



OBJECTIVES

- Share common vascular health resources
- Describe current and potential future integrated vascular health resources



COMMON MAJOR RISK FACTORS

Hypertension

Diabetes

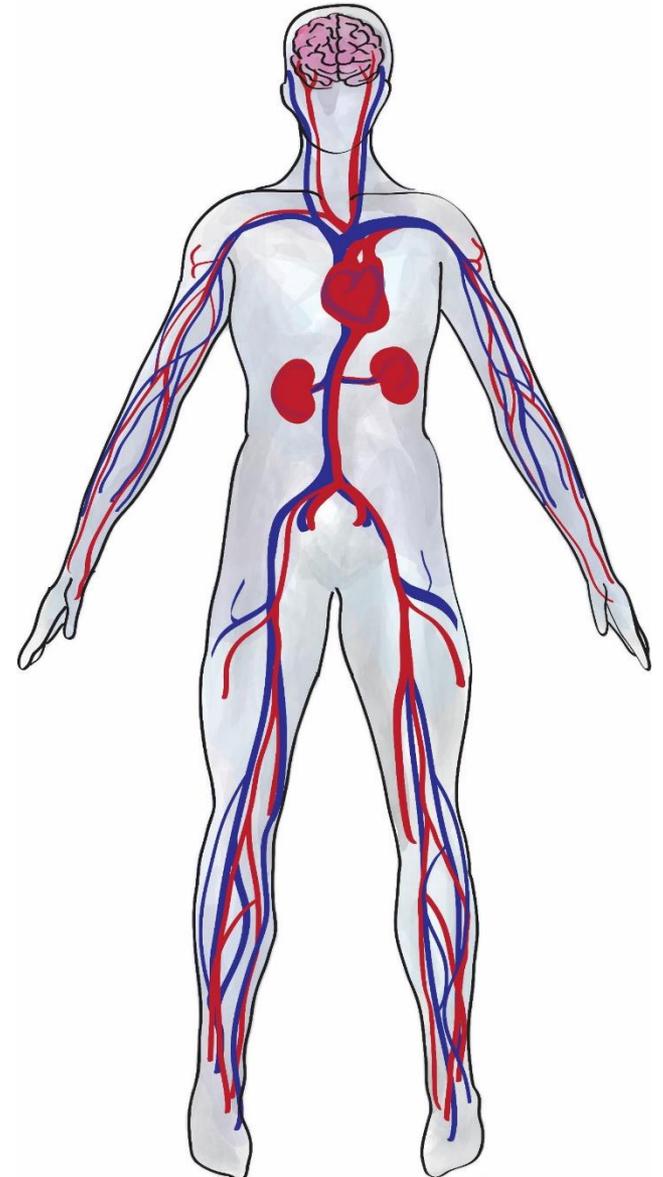
Dyslipidemia

Obesity

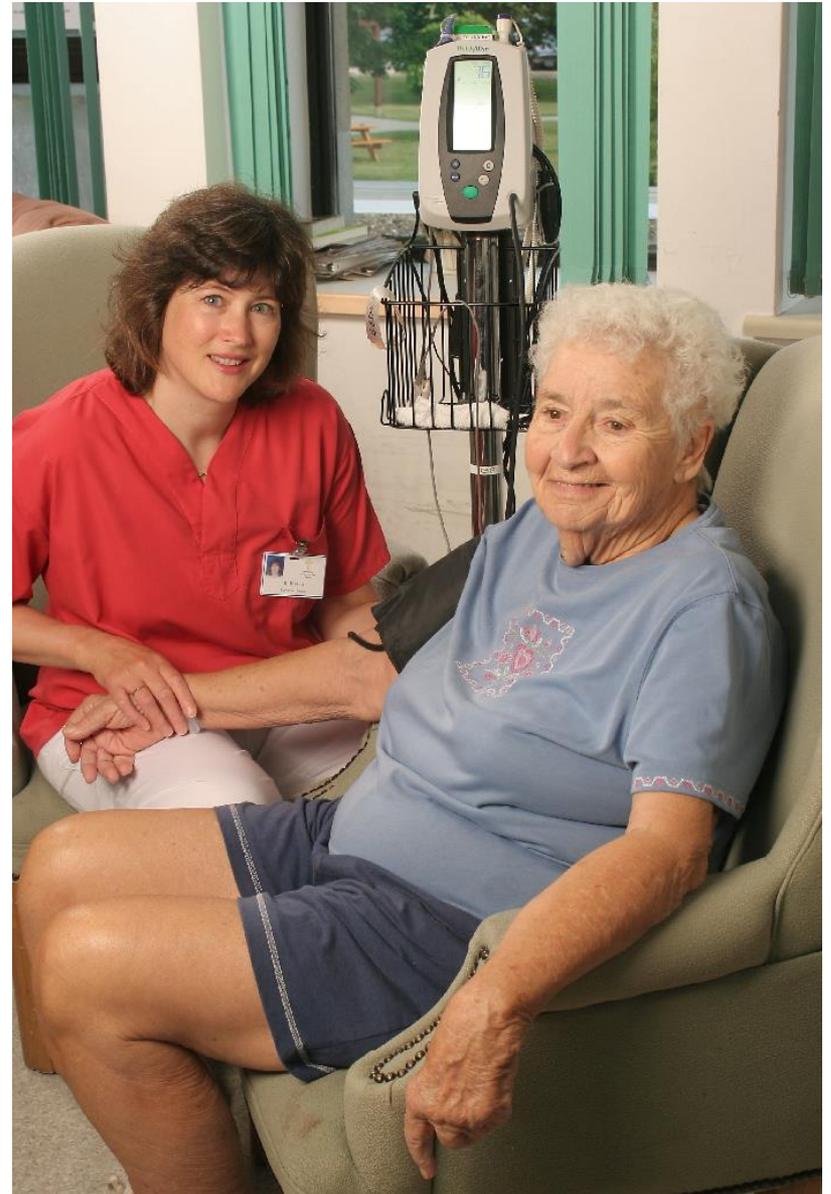
Tobacco Use

Unhealthy diet

Low physical activity



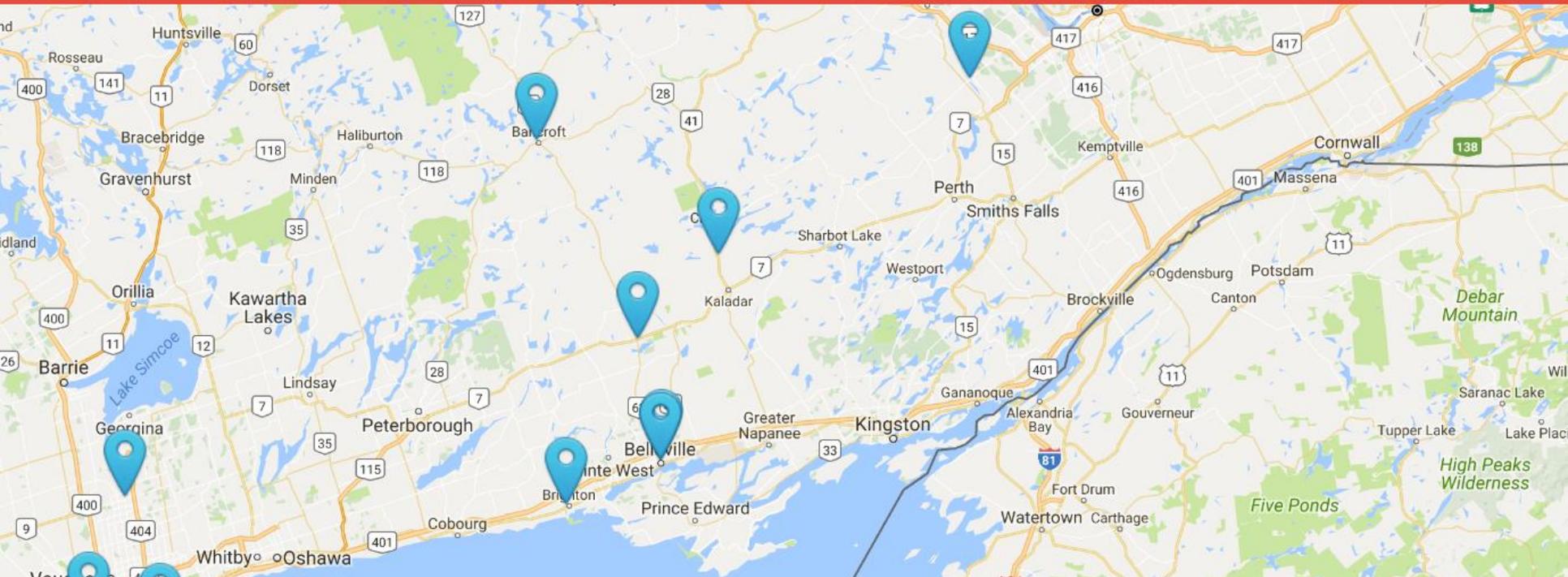
HYPERTENSION



HYPERTENSION MANAGEMENT PROGRAM (HMP)

HMP and AHMP Sites

Below is a list of current HMP and AHMP sites. You can use the controls on the map to zoom, rotate or perform other actions. Click on the pushpins for more information on each site.



HYPERTENSION RESOURCES

- [The Hypertension Management Program \(HMP\)](#) connects to resources including:
 - [Heart and Stroke Foundation of Canada](#) patient resources
 - [Hypertension Canada](#) health care professional resources

VASCULAR HEALTH RESOURCES CONT'D

- Diabetes

- Certified Diabetes Educators
- [Canadian Diabetes Association](#)

- Dyslipidemia

- [Canadian Cardiovascular Society Guideline Resources](#)

- Tobacco Use

- Certified Tobacco Educators
- [Ottawa Model for Smoking Cessation](#)

- Diet and Physical Activity

- [EatRight Ontario](#)
- [eaTracker.ca](#)
- [Eat Well and Be Active Educational Toolkit](#)
- [Exercise is Medicine Canada](#)

Integrated Vascular Health

NATIONAL & PROVINCIAL RESOURCES

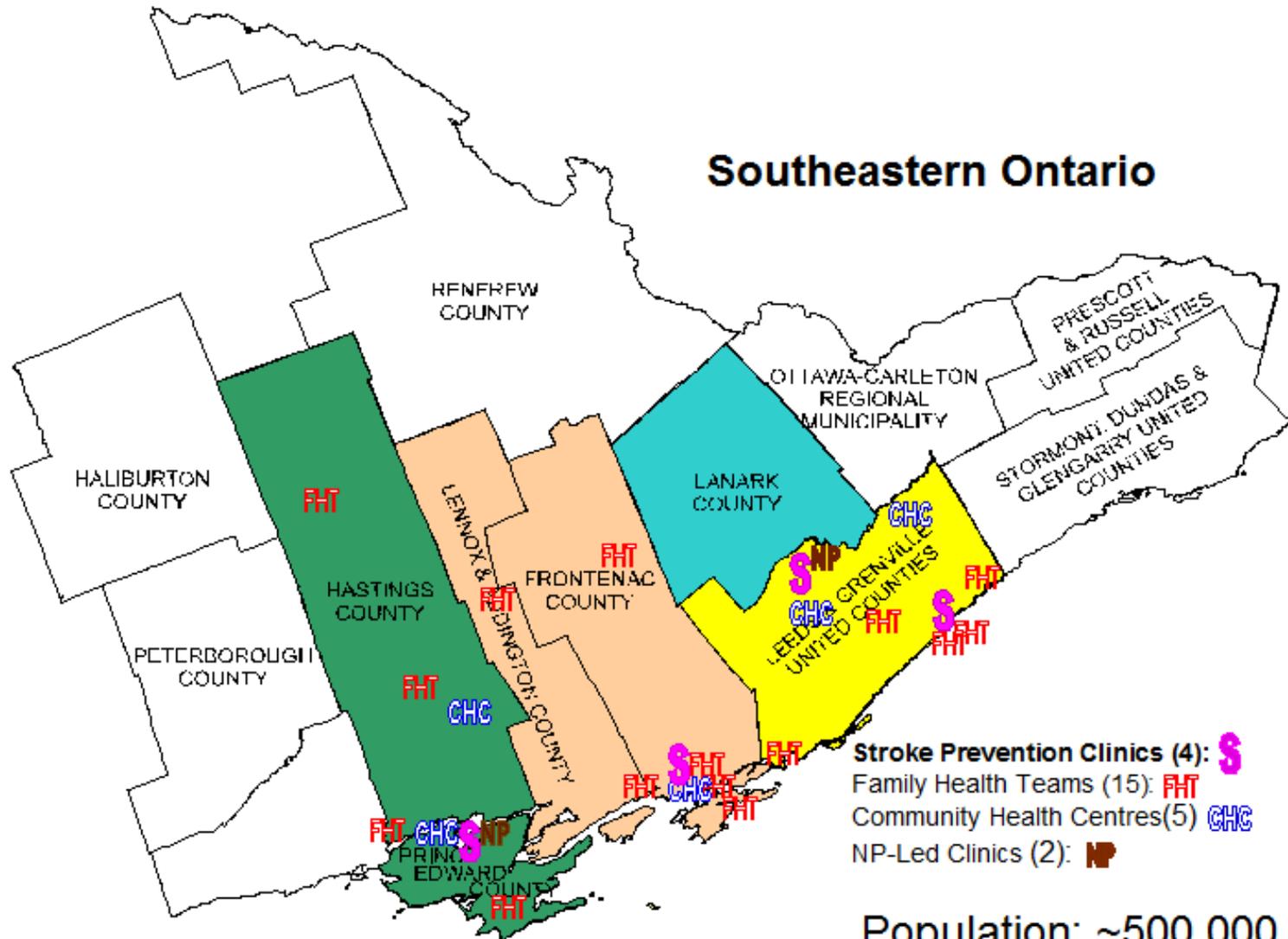
- [Prevention in hand](#)
- [Canadian Cardiovascular Harmonized National Guidelines Endeavour \(C-CHANGE\)](#)
- Vascular Health (VH) Primary Care Work Group:
 - [Vascular Health Assessment and Support Tool \(VHAAT\)](#)
 - [VH QI Toolkit](#)
 - VH Medical Directives

REGIONAL RESOURCES



**SEO Health
Collaborative**

Southeastern Ontario



- Stroke Prevention Clinics (4): S
- Family Health Teams (15): FHT
- Community Health Centres (5): CHC
- NP-Led Clinics (2): NP

Population: ~500,000

HEALTH SERVICES FOR SOUTH EAST

March 2, 2016

Health Care Options

- ▶ [Health Care Facilities](#)
- ▶ [Health Care Professions](#)
- ▶ [Home and Community Care](#)
- ▶ [Public Health](#)

Health Topics

- ▶ [Abuse and Sexual Assault](#)
- ▶ [Addictions](#)
- ▶ [Diseases and Conditions](#)
- ▶ [End-of-Life Care](#)
- ▶ [Environmental and Workplace Health](#)
- ▶ [Mental Health](#)
- ▶ [People with Disabilities](#)
- ▶ [Residential Care](#)
- ▶ [Sexual and Reproductive Health](#)

Your Health

- ▶ [Aboriginal](#)
- ▶ [Children and Parenting](#)
- ▶ [Men](#)
- ▶ [Seniors](#)
- ▶ [Women](#)
- ▶ [Youth](#)

Making Choices

- ▶ [Basic Needs and Social Supports](#)
- ▶ [Blood, Organ and Tissue Donations](#)
- ▶ [Health Coverage and Care Planning](#)
- ▶ [Healthy Living](#)
- ▶ [Information Services](#)
- ▶ [Legal Services](#)

Services by Location

[Search by Location](#)

Services Listed Alphabetically

[A](#) [B](#) [C](#) [D](#) [E](#) [F](#) [G](#) [H](#) [I](#) [J](#) [K](#) [L](#) [M](#) [N](#) [O](#) [P](#) [Q](#) [R](#) [S](#) [T](#) [U](#) [V](#) [W](#) [X](#) [Y](#) [Z](#)

NEWS

Tuesday February 23, 2016
[2016 KFL&A Family Advocacy Award winner announced](#)

Tuesday February 23, 2016
[Brockville General Hospital Cardiovascular Program](#)

Tuesday February 23, 2016
[Chief Medical Officer of Health on Zika Virus](#)

EVENTS

Wednesday March 2, 2016
[50+ Senior Centre - Stitches, Mahjong, VON Falls Prevention - Belleville](#)

Wednesday March 2, 2016
[VON Canada's SMART Exercise Program - The Royal RH - Kingston](#)

Wednesday March 2, 2016
[VON Canada's SMART Exercise Program - Knights of Columbus -](#)

CAREERS

Monday February 29, 2016
[Registered Nurse \(RN/RPN\)](#)

Monday February 29, 2016
[Registered Practical Nurse](#)

Monday February 29, 2016
[Personal Support Worker](#)

[More Careers...](#)



▶ [Find services in other areas](#)



Connecting you with care
Votre lien aux soins

Need Help finding health & support services? Call CCAC 310-2222

- Follow @SEhealthline
- Follow @SEhealthlineHPE
- Follow @healthlineKFLA
- Follow @SEhealthlineLLG

Vascular Health Resources

Stroke Resources



Vascular Health Resources

The goal of this initiative is to provide a user-friendly online resource for health professionals and health care consumers in their efforts to improve vascular health and system navigation.

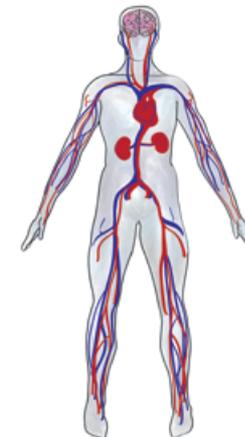
Vascular diseases is a term for a wide range of diseases that affect the vascular or blood vessel systems of your body. They can include certain heart diseases such as coronary artery disease, kidney disease, stroke, diabetes and dementia. These diseases are different but are linked by common risk factors such as hypertension, physical inactivity and poor nutrition. This directory helps users navigate the services available for reducing their risk, managing vascular diseases, and living with the disease.

Tell us what you think. Your feedback will be used to improve the site.

Vascular Health Promotion
Reducing Risk

Managing Vascular Disease
Assessment, Treatment and Secondary Prevention

Living with Vascular Disease
Support Services





Southeastern Ontario Stroke Symposium

Best Practice Across the Care Continuum - 23rd
November 2016.

Registration NOW OPEN!

[Learn More](#)



Stroke Network of Southeastern Ontario

The Stroke Network of Southeastern Ontario is one of 11 regional networks across the province working with the Ontario Stroke Network and our local communities to achieve our Vision and Mission. Our Vision is



[Home](#) > [Best Practice & Education](#) > [Prevention & Vascular Health](#)

Prevention & Vascular Health

- [▶ General](#)
- [▶ Atrial Filbrillation](#)
- [▶ Blood Pressure](#)
- [▶ Vascular Health Resources](#)
- [▶ Aboriginal Health](#)
- [▶ Healthy Living](#)
- [▶ Self-Management Resources](#)

In This Section

- [Education Opportunities](#)
- [Presentations](#)
- [Guidelines & Recommendations](#)
- [Prevention & Vascular Health](#)
- [Hyperacute](#)
- [Acute](#)
- [Rehabilitation](#)
- [Community & Long Term Care](#)
- [Survivor Stories](#)
- [Interprofessional Collaboration](#)
- [Patient Education](#)
- [Links](#)

Upcoming Events

November 23, 2016

[Southeastern Ontario Stroke Symposium: Best Practice Across the Care Continuum, Holiday Inn Kingston Waterfront](#)

[More Events](#)

REFERENCES & CONTACT INFO

Images retrieved from *Microsoft Clip Art 2010*

For more information, contact:

StrokeNetworkSEO@kgh.kari.net