

# STROKE NETWORK of Southeastern Ontario

[www.strokenetworkseo.ca](http://www.strokenetworkseo.ca)



## Vision:

Fewer strokes. Better outcomes.

## Mission:

To continuously improve stroke prevention, care, recovery and reintegration.

The mandate of the Stroke Network of SEO is to work with all health care providers across the region to improve access to best practice stroke care across the continuum from prevention through acute care to recovery and community reintegration. This requires a collaborative approach to performance measurement, knowledge translation, and system change. Southeastern Ontario covers a large geographic area of 20,000 km<sup>2</sup> with a population of 500,000 and corresponds with the LHIN 10 boundaries. The Regional Stroke Centre is Kingston Health Sciences Centre, Kingston General Hospital site. The District Stroke Centre is Quinte Health Care, Belleville General. Four prevention clinics are located as noted on reverse side.



## Contact The Regional and District Stroke Offices:

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### Regional Stroke Office Stroke Network of SEO

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– Kingston General Hospital site  
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[www.strokenetworkseo.ca](http://www.strokenetworkseo.ca)

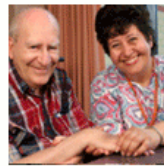
### Quinte District Stroke Centre:

#### Derk Damron

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District Stroke Centre  
Quinte Health Care  
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#### Melissa Roblin

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Visit [www.strokenetworkseo.ca](http://www.strokenetworkseo.ca) to learn more:

- *About Us*
- *News*
- *Best Practice & Education*
- *Community Supports including Stroke Support Groups*
- *Projects*

## Educational Tools you can find on our website:

- [Brain Body & You Education Series](#)
- [Educational Posters](#)
- [Partners in Stroke Recovery](#)
- [Community Supports](#)
- [Stroke Survivor Videos](#)
- [Taking Action For Optimal Community and Long Term Stroke Care: For Health Care Providers](#)

### Stroke Prevention Clinics in SEO

**Kingston Health Sciences Centre**

**Paula Christie, CNS**

613-549-6666 x6320

**Quinte Health Care, Belleville**

**Michelle Slapkauskas, RN**

613-969-7400 x2871

**Brockville General Hospital**

**Dana Andress, RN**

613-345-5645 x1410

**Perth & Smiths Falls District Hospital**

**Crystal Newman, RN**

613-267-1500 x4263



## StrokeUnderstood

**Stroke Survivor & Caregiver Support Groups in SEO**

**~Belleville Support Groups~**

*Host agency:*

*Community Care for South Hastings*

*Facilitator: Lorraine Pyle*

*Contact info:*

613-969-0130

**~Kingston Support Groups~**

*Host agency:*

*Victorian Order of Nurses*

*Facilitator: Lynda Lennox*

*Contact info:*

613-634-0130 ext 3469

**~Perth Support Group and Brockville Support Groups~**

*Host agency:*

*Community Primary Health Care*

*Facilitator: Wendy Clark*

*Contact info:*

613-342-3693 ext 2161

*Toll free: 1-800-465-7646 ext 2161*