



# Stroke Survivor Support Group

Focus is on maintaining hope, a healthy lifestyle and connections in the community. Provides social and emotional support to deal with life changes related to a stroke.

**Where:** Napanee Area Community Health Care Center  
26 Dundas Street West, Napanee

**When:** 2<sup>nd</sup> Monday of the month from  
2:00-3:30pm - starting January 8<sup>th</sup>, 2018

**There is no cost to attend. New members are welcome!**



**Napanee Area Community  
Health Centre**

A part of Kingston Community Health Centres (KCHC)

**To register please contact:**

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