

Meal Delivery Service Options for SE Ontario

Note: Chart is current to December 2016.

Please also refer to the SE Healthline [Meal Delivery Services](#) and SE Healthline [Frozen Meals](#)

HASTINGS, PRINCE EDWARD					
Organization	Puree/ Minced	Diced	Thickened	Fees	Comments
Bridge Street United Church – Food Ministry	No	No	No	None	Frozen meal pickup * no pre-ordering required * pick-up at the 60 Bridge St E entrance * register by presenting identification for each meal to be picked up * charitable organization dependent on donations.
Community Care - North Hastings Meals On Wheels - Hot and Frozen	Yes	No	No	Set Fee	Hot and frozen meals delivered * special dietary meals such as diabetic diets, low cholesterol, anti-reflux (low acid), low-salt and light can be delivered Frozen meals - Frozen meals are delivered * customers choose between the card and the standard meal * special dietary meals available * flat soup / dessert available
Community Care for Central Hastings Meals on Wheels	Yes			Set fee per meal	Hot or chilled meals delivered Tue, Thu * special diet types available Frozen Meal Service - Seven entree frozen meal packages are delivered once a week * clients choose from a menu * special diet types available
Mohawks of the Bay of Quinte - Community Wellbeing Centre Meals on Wheels				Set fee, subsidy may be available	Hot meals delivered to eligible clients' homes every Tuesday, Thursday and Friday for lunch hour meal

Organization	Puree/ Minced	Diced	Thickened	Fees	Comments
Prince Edward County Community Care for Seniors Association (The) King St., Picton Meals on Wheels	Yes	Yes	Yes with frozen soups only	The cost of hot meals is \$6.00 this includes protein starch ,vegetables ,soup dessert and a roll Frozen meal program – \$5.00 entrée and \$1.80 Soup or dessert Low client fee that can be reduced or waived if required	Hot Meal Service - delivered up to 3 days a week throughout Prince Edward County and on Thursdays in Picton * special diets available * this is also a security check as volunteers are required to call the Community Care office if the client is not at home or is unwell; Some specialized diets can be accommodated on Monday and Thursday ONLY as the long term care homes prepare the meal. Frozen Meal Service; ordered every three weeks - clients choose any combination and number of entre, soup, dessert, breakfast * meals can be picked up or delivered based on the client choice * these are low sodium, delicious, and come in special diets including diabetic, gluten free, vegetarian, etc * Apetito is the supplier
Community Care for South Hastings Meals on Wheels	Yes	Yes	Yes but for frozen meals only through Apetito	Subsidies available for those who qualify	Hot or chilled meals * special diet types available Frozen meal packages are delivered once a week * clients choose from a menu or can choose standard packages * special diet types available * soup/dessert packages also available
Community Care Northumberland - Brighton Program Office Meals on Wheels	No	Yes	No	Hot meals \$6 includes soup, entree, dessert and roll Frozen meals \$5	Nutritious meals are delivered during the noon hour by volunteers to the individual's home <ul style="list-style-type: none"> • Individuals can order either hot or frozen meals • Special diets are also available

STROKE NETWORK
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Organization	Puree/ Minced	Diced	Thickened	Fees	Comments
Heart to Home Meals	Yes*	Yes*	Yes*	Cost for meals * no delivery cost * meals and soups are tax free	Provide service but need a week to prepare special dietary options; Work out of Kingston, Delivery of frozen meals to Belleville on Fridays Frozen meal delivery service * nutritious meals that are all diabetic friendly * renal meal options * low sodium meals * high fibre and texture modified/pureed meals

LANARK, LEEDS & GRENVILLE

Organization	Puree/ Minced	Diced	Thickened	Fees	Comments
Community & Primary Health Care – Gananoque 613-382-1175 Toll-Free: 1-800-561-8024	Yes	No	For soup	Set fee * subsidy available for eligible participants	Hot or chilled meals available for delivery or pick-up * special diet types available
Community Home Support – Lanark County - Perth 613-267-6400	No	No	No	Subsidies available for those who qualify	Hot or chilled meals delivered * special diet types available * volunteers deliver nutritious meals to the clients door Frozen Meal Service - Seven entree frozen meal packages are delivered once a week * clients choose from a menu or can choose standard packages * special diet types available * soup/dessert packages also available
Community Home Support – Lanark County – Smiths Falls 613-283-6745	No	No	No	Subsidies available for those who qualify	Hot or chilled meals delivered * special diet types available * nutritious meals are delivered to the clients door Frozen Meal Service - Frozen meal packages are delivered once a week * clients choose from a menu or can choose standard packages * special diet types available * soup/dessert packages also available

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Organization	Puree/ Minced	Diced	Thickened	Fees	Comments
Community & Primary Health Care – Brockville 613-342-3693 ext 2033 Toll-Free: 1-800-465-7646 ext 2033	Yes	No	Yes	\$7.50 per hot meal; \$4.50 per frozen entree; \$1.75 Soup and Dessert	Hot or chilled meals delivered once a week by volunteers * special diet types available Frozen Meal Service Frozen meal packages are delivered once a week * clients choose from a menu or can choose standard packages * special diet types available * soup/dessert packages also available * also available in Leeds and Grenville area
The Stone Soup Company - Brockville 613-349-6303	No	No	No	Call regarding prices	Home meal replacement meal plan menu, meal kits, freezer meals, single, double, and family-sized soups, small party in-home catering, healthy meal choices for your loved ones living independently, yourself, or your busy family * delivered weekly on monthly meal plans
Kazutko At Home – Brockville 613-345-5164	No	No	No	Call for pricing	Gourmet meals prepared fresh every day * delivered to your door * meal plans provide wide variety * sample menu for ideas of what bi-monthly menu would look like * additional side dishes are available at an extra cost

KINGSTON, FRONTENAC, LENNOX & ADDINGTON

Organization	Puree/ Minced	Diced	Thickened	Fees	Comments
Land O Lakes Community Services - Northbrook 613-336-8934 Toll-Free: 1-877-679- 6636	No	No	No	\$6 * subsidies available for those who qualify	Hot meals delivered * special diet types available
Lennox & Addington Seniors Outreach Services – Napanee 613-354-6668	No	No	No	Set fee	Clients choose from a large menu or can choose standard packages * special diet types available * soup/dessert packages also available. Packages of meals can be picked-up or delivered by a volunteer to your home Hot meals delivered in Napanee on Mon, Wed and Fri in Amherstview, Odessa and Bath on Mon, Fri * special diet types available * delivered by volunteers around noon time
Northern Frontenac Community Services – Sharbot Lake 613-279-3151	No	Yes	No	\$6.50 per meal * subsidies available for those who qualify	Hot meals delivered twice a week * special diet types available * volunteer services
Ramekins Restaurant – Heat & Serve Meals Kingston 613-384-0793	No	No	No	A package of seven meals costs \$56.49. With tax and delivery charge, the total cost is \$61.49. There is optional pickup.	:Family restaurant that provides a heat and serve meal deal * meals are delivered ready to eat or freeze * they can also be picked up at the restaurant * meals are purchased in packages of seven with a choice of seven different meals

Organization	Puree/ Minced	Diced	Thickened	Fees	Comments
Seniors Association Kingston Region 613-548-7810	Yes	Yes	No	\$6.50/each	Frozen meals available to purchase at The Seniors Centre * nutritious meals for microwave or conventional ovens
Southern Frontenac Community Services – Sydenham 613-376-6477 Toll-Free: 1-800-763-9610	Yes	Yes	No	\$5 per frozen meal * \$7 per hot meal	Frozen meal service * minimum 10 entree frozen meal packages are delivered as needed * clients choose from a menu * special diet types available Hot meals delivered each Tue over the noon-hour * monthly menu sent to clients in order to make your monthly meal selections
Victorian Order of Nurses – Greater Kingston Site 613-634-0130 Toll-Free: 1-800-301-0076	Yes	Yes	No	Set fee	Hot meals delivered Mon-Fri at 12 noon * special diet types available