

Returning to Work in LLG

Services for persons with stroke preparing to re-enter the workforce



You've been through a lot – a trip to the emergency department, a hospital stay, rehabilitation and a return to your home, your family and your community. Recovery from stroke is a journey. For some people, that journey includes a return to the workplace – either to their previous role, a modified position or something entirely new. The following services are available to stroke survivors in Lanark, Leeds & Grenville who are exploring a return to work. Eligibility for each program must be determined on an individual basis. Please contact program for further details.

ONTARIO WORKS

✓ No fee

Website: [Lanark. Social Services. Carleton Place. Ontario Works](#)

Address: The Mews, 33 Lansdowne Ave. Unit 43C, Carleton Place, ON K7C 3S9

Phone: 613-257-4330 (Main Office Perth 613-267-4200)

OR

Website: [Lanark. Social Services. County of Lanark Administration Building. Ontario Works](#)

Address: County of Lanark Administration Building, 99 Christie Lake Rd, Perth, ON K7H 3C6

Phone: 613-267-4200

OR

Website: [Lanark. Social Services. Smith Falls - Abbott St N. Ontario Works](#)

Address: 52 Abbott St North, Smiths Falls, ON K7A 1W3

Phone: 613-283-8714 * Main Office in Perth 613-267-4200 <http://www.lanarkcounty.ca/>

OR

Website: [Leeds and Grenville. Community and Social Services. Brockville - Central Ave. Ontario Works](#)

Address: 25 Central Ave West Ste 200, Brockville, ON K6V 4N6

Phone: 613-342-3840 ext 2129

OR

Website: [Leeds and Grenville. Community and Social Services. Prescott. Ontario Works](#) No fee

Address: 360 King St West, Prescott, ON K0E 1T0

Phone: 613-925-0001

Services:

Financial assistance and employment supports including training and skills development, academic upgrading and work placements.

- monthly allowance based on family size, housing costs and income, monthly drug benefit card
- Employment Start-Up Benefit covers costs related to starting a job or work placement
- Community Start-Up Benefit helps with housing or moving costs
- Health-Related Benefits may include dentures, emergency dental services, eyeglasses, special diet allowance, health care supplies, medical transportation funds, prosthetic devices, funerals and burials

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- Employment Resource Centre with walk-in job search centre, access to computers, Internet, fax, photocopier, telephone, resource materials, job banks, labour market information, assistance with resumes, referrals to job counselling and training
- Community Participation volunteer placements
- Job Search Programs based on individual's skills, experience and circumstances

LEEDS & GRENVILLE COMMUNITY & SOCIAL SERVICES GANANOQUE

√ **No fee**

Website: [Leeds and Grenville. Community and Social Services. Gananoque](#)

Address: 375 Williams St South Suite 100, Gananoque, ON K7G 1T2

Phone: 613-382-8220

Services:

Financial assistance and employment supports including training and skills development, academic upgrading and work placements.

- monthly allowance based on family size, housing costs and income
- monthly drug benefit card
- covers costs related to starting a job or work placement
- child care start-up costs
- may include emergency dental services, eyeglasses, special diet allowance, health care supplies, medical transportation funds, prosthetic devices, funerals and burials
- volunteer placements
- job search programs based on individual's skills, experience and circumstances
- employment placement, job matching service
- basic education, basic adult upgrading, high school upgrading, literacy and basic skills
- job skills training, development of skills for specific jobs, on-the-job training
- supports to self-employment, referrals to self-employment programs

KEYS JOB CENTRE

√ **No fee**

Website: [KEYS Job Centre. Elgin. Ontario Employment Services](#) No fee

Address: 10 Perth St, Elgin, ON K0G 1E0

Phone: 613-359-1140

Services:

Comprehensive employment and job search services.

- assessment of skills, interests and experience
- job search strategies, including resume preparation
- information about careers and occupations, local labour market, employment and training opportunities
- on-the-job training, work experience
- help in maintaining employment
- information and referral to other employment and community services
- KEYS can help people who are eligible for ODSP Employment Supports find and keep a job

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ONTARIO MINISTRY OF COMMUNITY & SOCIAL SERVICES BROCKVILLE

√ **No fee**

Website: [Ontario. Ministry of Community and Social Services. Brockville - Strowger Blvd. Ontario Disability Support Program](#)

Address: 100 Strowger Blvd Suite 105, Brockville, ON K6V 5J9

Phone: 613-345-1200

Services:

Income and Employment supports to persons with disabilities.

- monthly living allowance, drug, dental and other basic benefits. May include some medical supplies, transportation for medical treatment.
- aid to find a job (part time, full time or voluntary)

CAREER SERVICES OF BROCKVILLE

√ **Service fee**

Website: [Career Services of Brockville. Brockville - Hubbell St](#)

Address: 89 Hubbell St, Brockville, ON K6V 4K6

Phone: 613-342-5775

Services:

Job assistance centre.

- vocational assessment, training, resume preparation, employment preparation, job search, job placement options and job coaching, assistance to employers and more

CSE CONSULTING BROCKVILLE

√ **Service fee**

Website: [CSE Consulting. Brockville](#) Service fee

Address: Chipman Centre, 51 King St East Suite 314, Brockville, ON K6V 5W1

Phone: 613-342-2312

Services:

Employment and training services.

- Ontario Disability Support, Employment Supports Program
- Training Centre: training for injured workers and corporate training
- one-to-one individualized instruction
- career exploration/assessments
- job search assistance
- work experience programs
- on-the-job accommodations
- academic upgrading
- computer training
- industry specific training (Health & Safety, Workplace Violence & Harassment, Customer Service, etc.)

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ADULT LEARNING & TRAINING CENTRE SMITHS FALLS

√ **Service fee**

Website: [Adult Learning and Training Centre, Smiths Falls. Literacy and Basic Skills](#)

Address: 52 Abbott St North Unit 3D, Smiths Falls, ON K7A 1W3

Phone: 613-284-2121

Services:

Literacy and basic skills training, including numeracy, digital, communication and interpersonal skills. Helps learners prepare for employment, apprenticeship, secondary-school credit, post-secondary education and greater independence. Support in clarifying upgrading goals and developing a training plan to achieve them.

CATHOLIC DISTRICT SCHOOL BOARD OF EASTERN ONTARIO – SMITHS FALLS

√ **No fee**

Website: [/eo/en/orginfo/148837/en/?jsessionid=b564fd32cc921013d5e48ae7596eCatholic District School Board of Eastern Ontario, Cornwall - Campbell St. School of Alternative and Continuing Education - Adult High School Diploma Program](#)

Address: Hanley Hall, 30 McGill St, Smiths Falls, ON K7A 2J4

Phone: 613-284-2613

Services:

Courses designed for adult learners who want to complete their high school diploma * focus on reading, writing, mathematics, and social sciences.

ALGONQUIN COLLEGE PERTH

√ **No fee**

Website: [Algonquin College, Perth - Sunset Blvd. Ontario Employment Services](#)

Address: The Factory, 40 Sunset Blvd Ste 102, Perth, ON K7H 2Y4

Phone: 613-267-1381

Services:

Comprehensive employment and job search services. Assessment of skills, interests and experience, job search strategies, including resume preparation. Information about careers and occupations, local labour market, employment and training opportunities. On-the-job training, work experience. Help in maintaining employment. Information and referral to other employment and community services.

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COMMUNITY BRAIN INJURY SERVICES

√ No fee

Website: <http://www.providencecare.ca/community-services/community-brain-injury-services/>

Address: The Brockville Centre, 23 Abbott Street, Brockville, ON K6V 4A5

Phone: 613-342-1613

Services

Provides guidance and support around transition to community and meaningful vocations (paid or unpaid).

EMPLOYMENT & EDUCATION CENTRE

√ No fee

Website: <https://www.eecentre.com/>

Address: 105 Strowger Blvd, Box 191, Brockville, On K6V 5V2

Phone: 613-498-2111 or toll free: 1-800-926-0777

Services

Comprehensive assistance including employment coaching, educational workshops, skills training and mentorship programs to improve employability. Services include:

- Job board
- Workshops
- Employment coaching
- Job Development (e.g., skills upgrade programs, webinars, resource centre (job search and money management))