



Stroke Support Groups

Support Groups meet once a month for stroke survivors, family and caregivers. These Groups are intended for adults age 18 and over.

- Groups provide information, social and emotional support to deal with life changes related to Stroke.
- New Members may join at any time and can contact the Coordinator for registration.
- There is no fee to participate.

WHERE: VON Greater Kingston
745 Progress Ave., Unit#1, Kingston

WHEN: 4th Wednesday monthly

GROUPS:

- 1) **Aphasia Peer Support:**
10:00 a.m. – 11:00 a.m.
- 2) **Caregiver Support:**
12:00 p.m. – 1:00p.m.
- 3) **Stroke Support:**
2:00 p.m. – 3:00 p.m.



***Registration Required - Please contact:**

Emilia Leslie STROKE SUPPORT COORDINATOR

Phone 613-634-0130 ext. 3469. Email: emilia.leslie@von.ca

**Public Health Precautions in place due to Covid-19*