

## Registration:

*There is NO registration fee as this course is funded by the Stroke Network of Southeastern Ontario. However, registration is essential in order to attend. If you register and are then unable to attend, please contact us by January 29, 2022. To do so please call 613-549-6666 ext 3853, or [heather.jenkins@kingstonhsc.ca](mailto:heather.jenkins@kingstonhsc.ca)*

## Call for Posters & Displays

*Do you have a program, service, resource or tool related to Best Practice Stroke Prevention and Care? Do you have an academic poster you would like to share? Let us know!*

***[heather.jenkins@kingstonhsc.ca](mailto:heather.jenkins@kingstonhsc.ca)***

# Holding Back the Floodgates- Approaches to Stroke Prevention

February 16<sup>th</sup>, 2022

12:30-4:00 pm

Virtual event hosted by EventsAir



*This Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by Queen's University for up to 3.25 Mainpro+ credits.*

*This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of The Royal College of Physicians and Surgeons of Canada, and approved by Queen's University Office of CPD for 3.25 hours of credit.*

*This accredited learning activity provides up to 3.25 hours of Continuing Education.*

Registration opens in January!  
[www.strokenetworkseo.ca](http://www.strokenetworkseo.ca)

*This program is made available with funding from the Stroke Network of Southeastern Ontario*



## Target Audience

*This workshop is intended for the Interprofessional team members of Primary Care and Stroke Prevention Clinics, including but not limited to: Physicians, Nurse Practitioners, Nurses, Allied Health professionals, Paramedics, Health promoters and Medical Secretaries in Southeastern Ontario.*

## Workshop Objectives

*Clinicians and other team members will learn from each other and look for ways to further support the prevention and care of TIA and stroke patients in your local communities. Through the review and discussion of best practices, latest evidence and case studies you will be able to:*

- Describe new best practices for vascular health promotion, secondary stroke prevention and post-stroke care strategies to use in the Primary Care setting and Stroke Prevention Clinics.*
- Describe the management of the TIA and stroke patient including assessment, referral and triage processes, treatment and management.*
- Identify practical ways to collaborate with patients, families and other health professionals to improve vascular health and management of risk factors.*
- Discuss common needs and identify opportunities to enhance care in your local community.*
- Further develop a collaborative network of health care providers within your local community.*
- Engage in interactive learning that supports a practical, interactive and problem-solving approach.*

### Special Thanks to our Planning Committee:

Dr. Adam Steacie, MSc, MD, FCFP (Chair)  
Dr. Shirin Jalini, MD, FRCPC  
Dr. Al Jin, MD, PhD, FRCPC  
Paula Christie, RN, CNS, BNSc, MS  
Meghan O'Leary, MSc  
Derk Damron, RRT  
Colleen Murphy, RN, BNSc, MHS  
Heather Jenkins, BSc PT, MSc



## Workshop Agenda:

1230-1235	<b>Welcome, Opening Remarks</b> <ul style="list-style-type: none"><li>• Heather Jenkins</li></ul>
1235-1300	<b>What's new in Assessment, Triage and Treatment of TIA</b> <ul style="list-style-type: none"><li>• Dr. Al. Jin</li></ul>
1300-1305	Transition
1305-1330	<b>Managing care of patients post TIA or minor stroke in the community (This session will include a case study)</b> <ul style="list-style-type: none"><li>• Dr. Adam Steacie</li><li>• Dr. Robert Del Grande</li></ul>
1330-1400	<i>Facilitated Discussion</i>
1400-1425	<i>Break- View Resources Exhibit</i>
1425-1450	<b>What's new in Stroke Prevention Medications?</b> <ul style="list-style-type: none"><li>• Dr. Shirin Jalini</li><li>• Aidi Sun</li></ul>
1450-1455	Transition
1455-1520	<b>Update and review of stroke risk factors and their management</b> <ul style="list-style-type: none"><li>• Dr. Curry Grant</li><li>• Dr. Beth Rubenstein</li></ul>
1520-1550	Facilitated Discussion
1550-1600	<b>Final Remarks, Closing</b> <ul style="list-style-type: none"><li>• Heather Jenkins</li></ul>

*Note: 30% of the program time will be interactive through group discussion*