Facilitator and Equipment requirements for each workshop in the:
The Brain Body & You Learning Continuing Education Program
Updated March 2019

**Workshop #1A: Stroke Care from Prevention to Life After Stroke**

Facilitators: Nursing faculty member & a Stroke Care Specialist
(May be one & the Same person)

Equipment: Power point projector preferably with Internet capacity
Flipchart & pens (or whiteboard / chalkboard)
Arm slings, visual distortion glasses, cotton balls,
Painter tape / scarves, wheel chairs, canes (these items are used in the role play to “identify” the stroke survivor)

Handouts:
TACLS Manual if have not already received
Print the following:
• Presentation

**Workshop #1B: Continence Care (Combined with Workshop One)**

Equipment: Foley catheter (with insertion model), leg & bedside drainage bags, condom appliance with bedside & leg drainage bags
Commode chair, bedpan & urinal

**Workshop #3: Mobility - Positioning & Transferring**
Facilitators: Nursing faculty member & 1-2 Physiotherapists

Equipment: Projector preferably with internet access
Hospital beds (Ratio of beds to participants 1:3)
Wheelchairs (ratio as above)
Painter tape or scarves to mark affected limbs during practice
Assistive devices, walker, cane, slider board (optional)

Handouts:
TACLS Manual if have not already received
Please print the following:
• Presentation
Workshop #4 - Swallowing Feeding & Hydration

Facilitators: Nursing faculty member & Speech Language Pathologist

Equipment:
- Food … juice, carbonated beverage, cookies, puddings (1 per participant), thickener
- Samples of pureed & minced food
- Glasses for juice, spoons, clothing protectors
- Assistive feeding devices (spoons, plates, bowls)

Handouts:
- TACLS Manual if have not already received
- Print the following:
  - Presentation

Workshop #5: Communication & Behaviour

Facilitators: Nursing faculty member & Speech Language Pathologist

Equipment:
- Power point projector preferably with internet access
- Flipchart & pens (or whiteboard/chalkboard)
- Plain white paper & black markers (Sharpies)

Handouts:
- TACLS Manual if have not already received
- Please print the following:
  - Presentations – Swallowing & Behaviour powerpoints
    - Print slide 6 in Swallowing presentation as a full page
  - Colour communication poster handouts
  - SCA work sheets
  - Stroke Network 1 page flyers – obtain from Stroke network Charlette Eves (Charlette.Eves@kingstonhsc.ca)
  - In each package add 4 blank sheets of paper
  - Role Play #1 - in this file do not print last page (top says role play 2) (attached and in shared drive)
  - Role Play #2 (attached and in shared drive)
  - Please package first 4 files plus blank paper together and keep Role plays separate for Presenter to hand out.