

Facilitator and Equipment requirements for each workshop in the:
The Brain Body & You Learning Continuing Education Program
Updated March 2019

Workshop #1A: Stroke Care from Prevention to Life After Stroke

Facilitators : Nursing faculty member & a Stroke Care Specialist
(May be one & the Same person)

Equipment : Power point projector preferably with Internet capacity
Flipchart & pens (or whiteboard / chalkboard)
Arm slings , visual distortion glasses , cotton balls ,
Painter tape/ scarves , wheel chairs , canes (these items are
Used in the role play to “identify” the stroke survivor)

Handouts:

TACLS Manual if have not already received

Print the following:

- Presentation

Workshop #1B: Continence Care (Combined with Workshop One)

Equipment : Foley catheter (with insertion model), leg & bedside
drainage bags, condom appliance with bedside & leg drainage bags
Commode chair, bedpan & urinal

Workshop #3: Mobility - Positioning & Transferring

Facilitators: Nursing faculty member & 1-2 Physiotherapists

Equipment : Projector preferably with internet access
Hospital beds (Ratio of beds to participants 1 : 3)
Wheelchairs (ratio as above)
Painter tape or scarves to mark affected limbs during practice
Assistive devices, walker, cane, slider board (optional)

Handouts:

TACLS Manual if have not already received

Please print the following:

- Presentation

Workshop #4 - Swallowing Feeding & Hydration

Facilitators : Nursing faculty member & Speech Language Pathologist

Equipment : Food ... juice , carbonated beverage , cookies ,
puddings (1 per participant) , thickener
samples of pureed & minced food
glasses for juice , spoons ,
clothing protectors
Assistive feeding devices (spoons , plates bowls)

Handouts:

TACLS Manual if have not already received

Print the following:

- Presentation

Workshop #5: Communication & Behaviour

Facilitators ; Nursing faculty member & Speech Language Pathologist

Equipment : Power point projector preferably with internet access
Flipchart & pens (or whiteboard/chalkboard)
Plain white paper & black markers (Sharpies)

Handouts:

TACLS Manual if have not already received

Please print the following:

- Presentations – Swallowing & Behaviour powerpoints
 - Print slide 6 in Swallowing presentation as a full page
- Colour communication poster handouts
- SCA work sheets
- Stroke Network 1 page flyers – obtain from Stroke network Charlette Eves (Charlette.Eves@kingstonhsc.ca)
- In each package add 4 blank sheets of paper
- Role Play #1- in this file do not print last page (top says role play 2) (attached and in shared drive_
- Role Play # 2 (attached and in shared drive)
- Please package first 4 files plus blank paper together and keep Role plays separate for Presenter to hand out.