

## Facilitator and Equipment requirements for each workshop in the: The Brain Body & You Learning Continuing Education Program

### **Workshop #1: Stroke Care from Prevention to Life After Stroke**

Facilitators : Nursing faculty member & a Stroke Care Specialist  
( May be one & the Same person )

Equipment : Power point projector preferably with Internet capacity  
Flipchart & pens ( or whiteboard / chalkboard )  
Arm slings , visual distortion glasses , cotton balls ,  
Painter tape/ scarves , wheel chairs , canes ( these items are  
Used in the role play to “ identify “ the stroke survivor )

### **Workshop #2: Continence Care**

Facilitators : Nursing faculty Member & Stroke Care Specialist  
( may be one & the same person )

Equipment : Power point projector preferably with internet access  
Flipchart & pens ( or chalkboard/whiteboard )  
Variety of incontinent products ( briefs , liners , pull ups )  
Foley catheter ( with insertion model ) . leg & bedside  
drainage bags , condom appliance with bedside & leg drainage bags  
Commode chair , bedpan & urinal

### **Workshop #3: Mobility - Positioning & Transferring**

Facilitators : Nursing faculty member & Physiotherapist

Equipment : Power point projector preferably with internet access  
Hospital beds ( Ratio of beds to participants 1 : 3 )  
Wheelchairs ( ratio as above )  
Painter tape or scarves to mark affected limbs during practice  
Assistive devices .. walker , cane , slider board ( optional )

#### **Workshop #4 - Swallowing Feeding & Hydration**

Facilitators : Nursing faculty member & Speech Language Pathologist

Equipment : Food ... juice , carbonated beverage , cookies ,  
puddings ( 1 per participant ) , thickener  
samples of pureed & minced food  
glasses for juice , spoons ,  
clothing protectors  
Assistive feeding devices ( spoons , plates bowls )

#### **Workshop #5: Communication & Behaviour**

Facilitators ; Nursing faculty member & Speech Language Pathologist

Equipment : Power point projector preferably with internet access  
Flipchart & pens ( or whiteboard/chalkboard )  
Plain white paper & black markers