

## COMMUNITY STROKE REHAB PROGRAM TRANSITION CHECKLIST –

This checklist will support the identification of and linking to community supports and services following discharge from the Community Stroke Rehab Program. As a global resource, it is recommended that the [Stroke Resources](#) microsite on the front page of South East Healthline be shared with the client/family. ([www.southeasthealthline.ca](http://www.southeasthealthline.ca))

Domains & Trigger Questions	Organization	Link
<b>Rehabilitation</b> <ul style="list-style-type: none"> <li>Does the client need ongoing rehab services?</li> <li>Are they eligible for ongoing Home &amp; Community Care services?</li> <li>Is outpatient rehab an option to meet ongoing needs (are they eligible, is there OP therapy available in the client's area, do they have transportation)?</li> </ul>	<ul style="list-style-type: none"> <li>Home and Community Care Toll free at 310-2222</li> <li>Multidisciplinary Outpatient Rehab Perth 1-613-267-1500 X 2127 Belleville 1-613-969-7400 X 2633</li> <li>Outpatient Physiotherapy Kingston – Providence Care Hospital 613-544-490 X 53231</li> </ul>	<a href="#">Home and Community Care</a>  <a href="#">Perth Outpatient Rehab</a> <a href="#">Belleville Outpatient Rehab</a>  <a href="#">Kingston Outpatient Physio</a>
<b>Community Exercise Groups</b> <ul style="list-style-type: none"> <li>Could they safely participate in a community program (is there a program available in their area &amp; do they have transportation)?</li> <li>Is there an opportunity to connect with the exercise provider prior to the client's discharge?</li> <li>Is there an opportunity for the therapist to attend an exercise class with the client prior to discharge?</li> </ul>	<ul style="list-style-type: none"> <li>Stroke Specific Exercise Groups LLG 1-800-465-7646 X 2301 KFLA 1-613-634-0130 X 3414 HPE 1-888-279-4866 ext. 5350</li> <li>Revved Up (Kingston) 1-613-533-6000 X 79283</li> </ul>	<a href="#">Stroke Exercise Groups</a>   <a href="#">Revved Up</a>
<b>Returning to Life Roles/Vocations</b> <ul style="list-style-type: none"> <li>Is the client considering a return to work or school?</li> </ul>	<ul style="list-style-type: none"> <li>Stroke Network of Southeastern Ontario 613-549-6666 X 6867</li> <li>Community Brain Injury Services 613-547-6969</li> <li>Pathways 613-962-2541</li> <li>March of Dimes 613-549-4141</li> </ul>	<a href="#">Return to Work Toolkit</a>  <a href="#">Community Brain Injury Services</a> <a href="#">Pathways</a>  <a href="#">March of Dimes</a>

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<b>Home Help</b> <ul style="list-style-type: none"> <li>• If the client/caregiver requires ongoing support for IADLs, home maintenance or meals, have those services been arranged?</li> </ul>	<ul style="list-style-type: none"> <li>• Southeast Healthline website <a href="https://www.southeasthealthline.ca/">https://www.southeasthealthline.ca/</a></li> </ul>	<a href="#">IADL</a>
<b>Psychosocial</b> <ul style="list-style-type: none"> <li>• Has the client been referred to a SW?</li> <li>• Did the client initially decline a SW referral? If so, consider discussing a referral prior to discharge?</li> <li>• Does the client/family understand the services/supports offered by SW (financial, vocational, counseling)?</li> <li>• Has the client and family been provided with information on the community stroke survivors and caregiver support groups available at no cost?</li> </ul>	<ul style="list-style-type: none"> <li>• Support groups available in: KFLA 1-800-301-0076 X 3469 HPE 613-969-0130 X 5207 LLG 613-342-3693 X 2161</li> </ul>	<a href="#">Support Groups</a>
<b>Communication</b> <ul style="list-style-type: none"> <li>• Would the client be interested in attending a community aphasia supportive conversation group and/or aphasia buddies program if there is a program available in their area? Does the client need support with transportation?</li> </ul>	<ul style="list-style-type: none"> <li>• Aphasia Conversation Groups Belleville 613-969-0130 X 5207 Kingston 613-634-0130 X 3469 Brockville 613-342-3693 X 2161</li> <li>• Aphasia Buddies Program &amp; Aphasia Peer Group - Kingston 613-634-0130x3469</li> </ul>	<a href="#">Aphasia Groups</a>
<b>Transportation</b> <ul style="list-style-type: none"> <li>• Will the client require ongoing supports for transportation?</li> </ul>	<ul style="list-style-type: none"> <li>• Southeast Healthline <a href="https://www.southeasthealthline.ca/">https://www.southeasthealthline.ca/</a></li> </ul>	<a href="#">Transportation</a>