



**COMMUNITY STROKE REHAB PROGRAM
DISCHARGE CHECKLIST**

This checklist will support the identification of and linking to community supports and services following discharge from the Community Stroke Rehab Program. As a global resource, it is recommended that the [Stroke Resources](#) microsite on the front page of South East Healthline be shared with the client/family. (www.southeasthealthline.ca)

Domains & Trigger Questions	Organization	Link
<p>Rehabilitation</p> <ul style="list-style-type: none"> • Does the client need ongoing rehab services? • Are they eligible for ongoing Home & Community Care services? • Is outpatient rehab an option to meet ongoing needs (are they eligible, is there OP therapy available in the client’s area, do they have transportation)? 	<ul style="list-style-type: none"> • Home and Community Care Toll free at 310-2222 • Multidisciplinary Outpatient Rehab Perth 1-613-267-1500 X 2127 Belleville 1-613-969-7400 X 2633 • Outpatient Physiotherapy Kingston – Providence Care Hospital 613-544-490 X 53231 	<p>Home and Community Care</p> <p>Perth Outpatient Rehab</p> <p>Belleville Outpatient Rehab</p> <p>Kingston Outpatient Physio</p>
<p>Community Exercise Groups</p> <ul style="list-style-type: none"> • Could they safely participate in a community program (is there a program available in their area & do they have transportation)? • Is there an opportunity to connect with the exercise provider prior to the client’s discharge? • Is there an opportunity for the therapist to attend an exercise class with the client prior to discharge? 	<ul style="list-style-type: none"> • Stroke Specific Exercise Groups LLG 1-800-465-7646 X 2301 KFLA 1-613-634-0130 X 3414 HPE 1-888-279-4866 ext. 5350 • Revved Up (Kingston) 1-613-533-6000 X 79283 	<p>Stroke Exercise Groups</p> <p>Revved Up</p>
<p>Returning to Life Roles/Vocations</p> <ul style="list-style-type: none"> • Is the client considering a return to work or school? 	<ul style="list-style-type: none"> • Stroke Network of Southeastern Ontario 613-549-6666 X 6867 • Community Brain Injury Services 613-547-6969 • Pathways 613-962-2541 • March of Dimes 613-549-4141 	<p>Return to Work Toolkit</p> <p>Community Brain Injury Services</p> <p>Pathways</p> <p>March of Dimes</p>



**COMMUNITY STROKE REHAB PROGRAM
DISCHARGE CHECKLIST**

Domains & Trigger Questions	Organization	Link
<p>Home Help</p> <ul style="list-style-type: none"> • If the client/caregiver requires ongoing support for IADLs, home maintenance or meals, have those services been arranged? 	<ul style="list-style-type: none"> • Southeast Healthline website https://www.southeasthealthline.ca/ 	<p>IADL</p>
<p>Psychosocial</p> <ul style="list-style-type: none"> • Has the client been referred to a SW? • Did the client initially decline a SW referral? If so, consider discussing a referral prior to discharge? • Does the client/family understand the services/supports offered by SW (financial, vocational, counseling)? • Has the client and family been provided with information on the community stroke survivors and caregiver support groups available at no cost? 	<ul style="list-style-type: none"> • Support groups available in: KFLA 1-800-301-0076 X 3469 HPE 613-969-0130 X 5207 LLG 613-342-3693 X 2161 	<p>Support Groups</p>
<p>Communication</p> <ul style="list-style-type: none"> • Would the client be interested in attending a community aphasia supportive conversation group and/or aphasia buddies program if there is a program available in their area? Does the client need support with transportation? 	<ul style="list-style-type: none"> • Aphasia Conversation Groups Belleville 613-969-0130 X 5207 Kingston 613-634-0130 X 3469 Brockville 613-342-3693 X 2161 • Aphasia Buddies Program & Aphasia Peer Group - Kingston 613-634-0130x3469 	<p>Aphasia Groups</p>
<p>Transportation</p> <ul style="list-style-type: none"> • Will the client require ongoing supports for transportation? 	<ul style="list-style-type: none"> • Southeast Healthline https://www.southeasthealthline.ca/ 	<p>Transportation</p>