Communication problems are common after a stroke and with other conditions that affect the brain.

Communication can include difficulty with:
- talking
- understanding
- reading
- writing

Did you know:

There are two types of communication problems:
- Receptive - trouble taking messages IN through listening or reading
- Expressive - trouble getting messages OUT through talking or writing

People with communication problems:
- do not lose their intelligence or ability to make decisions
- may understand even if they cannot talk
- may have physical or emotional outbursts due to frustration

Communication problems are common after a stroke and with other conditions that affect the brain.

Communication can include difficulty with:
- talking
- understanding
- reading
- writing

How might you feel if you couldn’t communicate?
- isolation
- sadness, depression
- low self-esteem
- misunderstandings, frustration and anger

You might experience:
- loneliness
- sadness, depression
- low self-esteem
- misunderstandings, frustration and anger

For more posters and resources on stroke best practices, please contact:
Gwen Brown, Regional Community & LTC Coordinator, Stroke Network of Southeastern Ontario
(613) 549-6666 x 6867 email: gwen.brown@kingstonhsc.ca