

# **Grab and Steal? Or Share and Care? Cultural Safety and Community Engagement**

**March 9, 2016**



**Napanee Area Community  
Health Centre**

A part of Kingston Community Health Centres (KCHC)



**Indigenous Health Program**

A part of Kingston Community Health Centres (KCHC)

# Faculty/Presenter Disclosure

- **Faculty:**
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  - Kate Brant, Indigenous Community Developer, Haudenosaunee, Wolf Clan
- **Relationships with commercial interests:**
  - none



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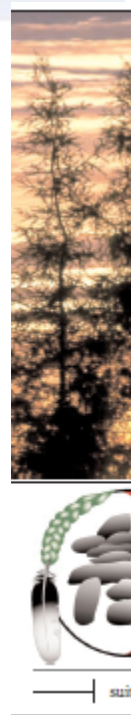
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# • Colonization Social Determinant of Health

## Cultural Safety

- Is effective care
- Validates Indigenous identity
- Respect, accept and incorporate Indigenous values into programs
- The community must exercise cultural governance.



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# Culture is Good Medicine

## Teachings

- She:kon skennen kowa kon –  
*Greetings do you carry the Great Peace?*
- Good Mind
- Strawberry teachings
  - **Konnonronkwa** – *I show you I care*
  - *Heart berry*
  - *community*



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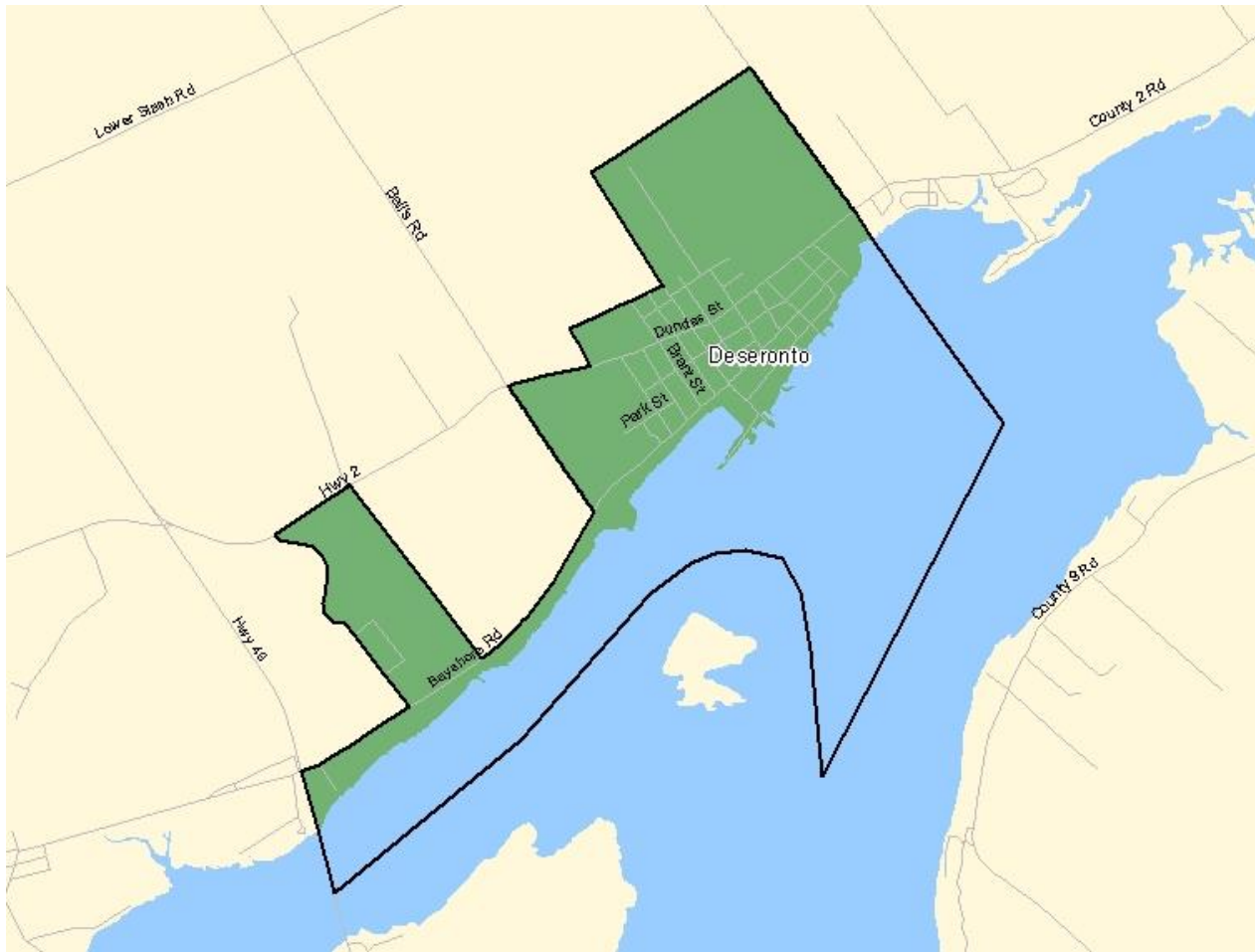
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# Deseronto, Pop 2259



- Located next door to Mohawks Bay of Quinte
- Estimate of 19% Indigenous ancestry



## Deseronto BP Screening Project

- Culture -based vol. training
- Aunties screen neighbors and extended family
- Kitchen table atmosphere
- Welcoming , warm greeting
- Treat everyone like family
- A lot of visiting
- Refreshments & fresh fruit
- Evidenced-based BP protocol
- Guides the actions of volunteers
- CHN *with consent* pulls in primary care follow up
- Every two weeks



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- **Nia:wen Miigwech Thankyou**

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**Caring. Responding. Building Community. ♦ Prendre soins. Intervenir. Bâtir une communauté.**



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2015 BP Clinic Utilization	
Total Encounters	667
Unique Individuals	89
Indigenous / Métis	15 (17%)

CV Risk Factors	Screened 2015	Hastings 2013	Ontario 2013
3+	18%	-	-
1+	60%	-	-
HTN dx	39%	22.5 %	17.6%
smoking	18%	24%	14%
diabetes	18%	-	-