



STROKE NETWORK
of Southeastern Ontario

Let's Talk!

The Brockville General Rehab Team
Angela Rodgers

Brag and Steal – Regional and Provincial Rehabilitation Intensity Update
Southeastern Ontario Stroke Best Practice Symposium
Implementing Rehabilitation Intensity Inpatient Rehabilitation

Moving Towards 3 Hours of Therapy

- BGH has a 5 bed rehab unit that is staffed by a rehab nurse, PSW, O.T., P.T., SLP, Recreation Therapy and assistants
- With increased therapy time our goal is to function more efficiently. We want better results for our patients with a shorter length of stay aligning ourselves with best practice for QBP.

Intervention

- Spending therapy time with our stroke patients has become a priority that the [whole team](#) is aware of. Patients need to be ready to work when the day gets started.
- We have made ourselves accountable to the team by posting our number of minutes on our “Huddle Board” and it is discussed on a daily basis. No hiding!
- We talk about the decreased number of minutes at the time and because we are small enough, the team can implement solutions right away when possible.

Measurement

- At this point we don’t have a “before” picture as we are still early with data collection.
- We are currently able to track minutes for every patient on our e-file and these numbers will be linked to NRS data which is reviewed on a quarterly basis for a bigger picture look.

Lessons Learned

- Be willing to try new ideas
- Be creative with treatment tasks
- Accountability to your team members helps with going the extra mile
- Challenges always come with change- staying positive and keeping communication open is key.

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