

**COMMUNITY REINTEGRATION LEADERSHIP TEAM  
BIENNIAL UPDATE  
OCTOBER 2018**

The Community Reintegration Leadership Team (CRLT) includes persons with stroke, family members and community service providers. The CRLT began after a community consultation in 2007 with the goal of supporting initiatives and actions that will help with community reintegration following a stroke. In 2015, a second community consultation was conducted under the direction of the CRLT. This 2015 consultation was intended to evaluate progress over the previous 8 years and to identify ongoing or new gaps in services. The report, [\*What We Heard: Charting a Course for Successful Community Reintegration After Stroke\*](#), identified five key themes (see picture below) which help to guide the work of the CRLT and the Stroke Network of Southeastern Ontario (SNSEO).

A promise was made to the stroke survivors and families who participated in the initial 2007 consultation that the SNSEO would continue to provide updates on the activities of the CRLT. This Biennial Report is intended to provide that information.

Should you have any questions and/or would like to provide feedback on this report, please contact Gwen Brown, Regional Community & Long Term Care Coordinator with the Stroke Network of Southeastern Ontario at 613-549-6666 X 6867 or by email at [gwen.brown@kingstonhsc.ca](mailto:gwen.brown@kingstonhsc.ca)



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**PERSON-CENTRED  
SKILLED STROKE CARE &  
REHABILITATION**

- ✓ Quality improvements to Community Stroke Rehab Program (CSRP)
- ✓ Proposed inclusion of client outcome and client experience measures into annual CSRP evaluation
- ✓ Client/family brochure for CSRP
- ✓ Stroke Specific Exercise Programs in Perth, Trenton, Belleville & Kingston (anticipated in Brockville)
- ✓ Provincial report on Stroke Care & Outcomes in Complex Continuing Care and Long-Term Care
- ✓ The Brain, the Body & You Workshops
- ✓ Sustained Aphasia Conversation Groups in Belleville & pilot program in Kingston
- ✓ Supportive Conversation Workshop for health care providers
- ✓ Focused sessions on stroke care in Learning Collaboratives
- ✓ Stroke skills training workshops for community providers



**COMMUNITY  
CO-NAVIGATION**

- ✓ Hospital Peer Visiting Volunteers in Perth, Brockville and Belleville. Peer Visiting Program pending in Kingston.
- ✓ Process for post-discharge check-in by Support Group Facilitator in Belleville
- ✓ Standard Stroke Information Package
- ✓ Pilot of community pre-discharge checklist
- ✓ Project to create a Patient Journey Map

**MOBILITY IN THE  
COMMUNITY**

- ✓ Creation of Return to Driving presentation
- ✓ Transportation needs highlighted in proposals and reports
- ✓ Letter template to advocate for Ontario Disability Support Program (ODSP) funding for transportation to support groups



**ACCESS TO SUPPORTS &  
SERVICES**

- ✓ Pilot of Community Reintegration Questionnaires
- ✓ Return to Work Toolkit created
- ✓ Revised Kingston Resource Directory
- ✓ Respite needs highlighted in proposals and reports
- ✓ Pilot of outreach support group services using the Ontario Telemedicine Network (OTN)



**INDIVIDUAL WELL-BEING &  
MEANINGFUL ENGAGEMENT**

- ✓ Sustained support groups for stroke survivors & caregivers in Kingston, Napanee, Belleville, Brockville and Perth. New support group anticipated in Sydenham.
- ✓ Social/Recreational Support Groups in Kingston & Belleville
- ✓ Young survivors support group in Belleville and anticipated in Kingston
- ✓ Aphasia 'Buddies' community program initiated in Kingston
- ✓ Living with Stroke Programs

