

## Program Information:

### Spring/Summer Sessions 2017

#### When:

Mondays: May 1 to June 26, 2017

OR

Wednesdays: May 3 to June 21, 2017

#### Where:

Community Care for South Hastings  
470 Dundas St. E. , Unit 63  
North end of Bayview Mall  
Belleville, ON

**Sessions are 1.5 hours, weekly**

**For more information, or to register for  
the program, please contact:**

Kathy Smith: Speech Language Pathologist  
(613) 966-5015 ext. 241

OR

Lorraine Pyle: Stroke Support Services  
(613) 969-0130 ext. 5207

**Registration required by April 19, 2017**

## COMMUNITY CARE FOR SOUTH HASTINGS AND QUINTE & DISTRICT REHABILITATION INC.



Quinte and District  
Rehabilitation



### Community Care for South Hastings

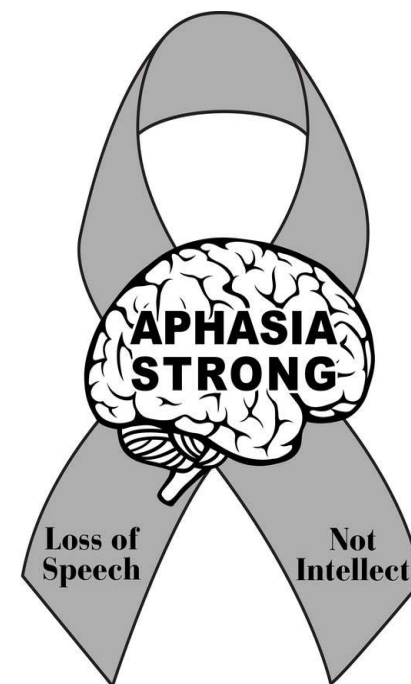
470 Dundas Street East, Unit 63  
Belleville, Ontario, K8N 1G1  
Phone: 613-969-0130  
Fax: 613-969-1719

### Quinte & District Rehabilitation Inc.

106-11 Bay Bridge Rd.  
Belleville, Ontario, K8P 3P6  
Phone: 613-966-5015 Ext. 241  
Fax: 613-966-6695

## COMMUNITY CARE FOR SOUTH HASTINGS AND QUINTE & DISTRICT REHABILITATION INC.

## APHASIA CONVERSATION GROUP



## What is Aphasia?

Aphasia refers to one of the communication disabilities that can occur after **stroke**, **brain injury**, or **brain disease**. It may be **hard** to **talk**, to **understand** spoken words, to **read** and to **write**.

## A person with Aphasia

- Knows what he/she wants
- Can make his or her own decisions
- Is a competent adult
- Aphasia **masks** a person's inherent competence

**APHASIA is  
when your brain holds  
your words hostage.**



## People affected by Aphasia are at risk for:

- Social Isolation
- Depression
- Aphasia-related abuse

## Benefits of Aphasia Support Programs

- Meet other adults living with Aphasia and practice your communication skills in a fun, stimulating environment
- Engage in interesting adult topics despite Aphasia
- Improve your conversation skills and confidence

## Aphasia Conversation Group

The Aphasia support group is run by a Speech/Language Pathologist with the assistance of community volunteers or Communicative Disorders Assistants.

- Maximum of 6 participants per group
- Conversation topics include sports, politics, hobbies, music, local events

## If you are a Caregiver of a Stroke Survivor with Aphasia:

CCSH does offer Caregiver Support Groups on a monthly basis. Call Lorraine for more information about times and dates. (613) 969-0130 X 5207