

Program Information:

Spring and Fall Sessions 2019

When: Monday Sept 9, 2019 and
Wednesday Sept 18, 2019

1:30pm-3:00pm

Where:

Community Care for South Hastings
470 Dundas St. E. , Unit 63
North end of Bayview Mall
Belleville, ON

Sessions are 1.5 hours each week

**For more information, or to begin
registration for the program, please
contact:**

Kathy Smith: Speech Language Pathologist
(613) 966-5015 ext. 241

OR

Lorraine Pyle: Stroke Support Services
(613) 969-0130 ext. 5207

**** In order to register for this program
you must be assessed by the SLP in
advance of registration.**

COMMUNITY CARE FOR SOUTH HASTINGS AND QUINTE & DISTRICT REHABILITATION INC.



Quinte and District
Rehabilitation



Ontario

South East Local Health
Integration Network
Réseau local d'intégration
des services de santé
du Sud-Est

Community Care for South Hastings

470 Dundas Street East, Unit 63

Belleville, Ontario, K8N 1G1

Phone: 613-969-0130

Fax: 613-969-1719

Quinte & District Rehabilitation Inc.

106-11 Bay Bridge Rd.

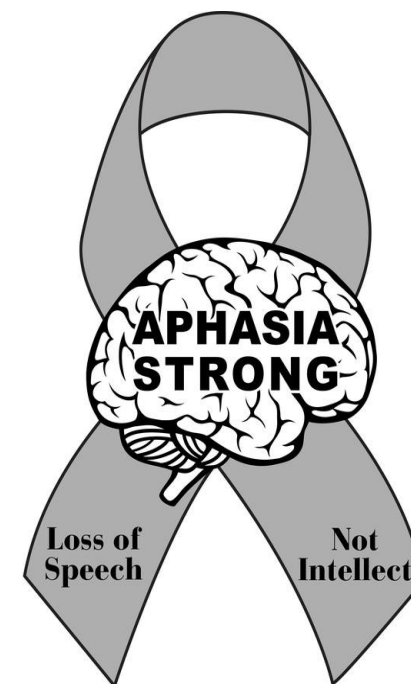
Belleville, Ontario, K8P 3P6

Phone: 613-966-5015 Ext. 241

Fax: 613-966-6695

COMMUNITY CARE FOR SOUTH HASTINGS AND QUINTE & DISTRICT REHABILITATION INC.

APHASIA CONVERSATION GROUP



What is Aphasia?

Aphasia refers to one of the communication disabilities that can occur after **stroke**, **brain injury**, or **brain disease**. It may be **hard** to **talk**, to **understand** spoken words, to **read** and to **write**.

A person with Aphasia

- Knows what he/she wants
- Can make his or her own decisions
- Is a competent adult
- Aphasia **masks** a person's inherent competence

APHASIA is
when your brain holds
your words hostage.



aphasia
NATIONAL
APHASIA
ASSOCIATION

People affected by Aphasia are at risk for:

- Social Isolation
- Depression
- Aphasia-related abuse

Benefits of Aphasia Support Programs

- Meet other adults living with Aphasia and practice your communication skills in a fun, stimulating environment
- Engage in interesting adult topics despite Aphasia
- Improve your conversation skills and confidence

Aphasia Conversation Group

The Aphasia support group is run by a Speech/Language Pathologist with the assistance of community volunteers or Communicative Disorders Assistants.

- Maximum of 6 –10 participants per group
- Conversation topics include sports, politics, hobbies, music, local events

If you are a Caregiver of a Stroke Survivor with Aphasia:

CCSH does offer Caregiver Support Groups on a monthly basis. Call Lorraine for more information about times and dates. (613) 969-0130 X 5207