**AlphaFIM® Instrument for Stroke**

**What is it?**
**AlphaFIM® Instrument**
- Standardized method of assessing patient disability/functional status in the acute care setting
- Consists of six items that can be reliably collected in acute care
- Facilitates the transfer of patients from acute care to rehabilitation by using common language

**AlphaFIM® Components**
6 Items are rated:

**MOTOR**
1. Toilet Transfer
2. Bowel Management
3. Eating
4. Grooming

**COGNITION**
5. Expression
6. Memory

**AlphaFIM® Rating:**

<table>
<thead>
<tr>
<th>7 – Complete independence (timely, safely)</th>
<th>6 – Modified independence (device)</th>
<th>No Help</th>
<th>Helper</th>
</tr>
</thead>
</table>

**Modified Dependence**

<table>
<thead>
<tr>
<th>5 – Supervision</th>
<th>4 – Minimal Assist (Subject ≥ 75%)</th>
<th>3 – Moderate Assist (Subject = 50 - 74%)</th>
</tr>
</thead>
</table>

**Complete Dependence**

<table>
<thead>
<tr>
<th>2 – Maximal Assist (Subject = 25 - 49%)</th>
<th>1 – Total Assist (Subject &lt;25%)</th>
</tr>
</thead>
</table>

**Triage Guidelines**

<table>
<thead>
<tr>
<th>AlphaFIM® Score</th>
<th>Recommended Referral</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mild</td>
<td>&gt; 80 Community-based rehabilitation</td>
</tr>
<tr>
<td>Moderate</td>
<td>40 to 80 Inpatient rehabilitation</td>
</tr>
<tr>
<td>Severe</td>
<td>&lt; 40 Admit to inpatient rehabilitation, if eligible, OR consider an alternate program (e.g. restorative care/short term complex medical) with regular assessment for admission to inpatient rehabilitation</td>
</tr>
</tbody>
</table>

*The AlphaFIM® score is only one component for consideration in discharge planning.*

**Who Completes it?**
Acute Care Allied Health and Nursing Assessors must be credentialed; but all team members may be consulted for information gathering.

**When:** Day 3 post admission

**Benefits**
- Utilize a common language for functional status and rehabilitation needs
- Provide objective data regarding disability and stroke severity
- Facilitate transfer of information to inpatient stroke rehabilitation
- Help make decisions regarding discharge from acute care
  - amount of help needed
  - best destination

**What it Provides:**
- Standardized Measure of Stroke Severity and Function
- Motor and Cognitive rating
- Projected FIM® score*
- Help Needed (in hours per day)

**Further info about the AlphaFIM® instrument:**
For further information on the AlphaFIM® Instrument please contact the Ontario Stroke Network at: [www.ontariostrokenetwork.ca](http://www.ontariostrokenetwork.ca) or [info@ontariostrokenetwork.ca](mailto:info@ontariostrokenetwork.ca)

*Functional Independence Measure (FIM®) is an 18 item functional status measure used in inpatient rehabilitation. AlphaFIM® and FIM® are trademarks of Uniform Data System for Medical Rehabilitation, a division of UB Foundation Activities, Inc.*

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