

TAY

Transitional Aged Youth

**If you're 16 to 24 years old,
we can help with:**



- **Connecting to a Counsellor (for anxiety, depression, etc.)**
- **Finding a safe place to live**
- **Employment readiness and finding a job**
- **Going back to school or continuing education**
- **Applying for financial support**
- **Getting government ID (health card, SIN, birth certificate, etc.)**
- **so much more!**

TAY Services are free and confidential.

For more info or an appointment, contact the TAY Connector.

📞 613 827 2845 📞 613 969 0830 x255 ✉️ tay@youthab.ca

Belleville

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Picton

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www.youthab.ca

Serving Hastings-Prince Edward



ADDICTIONS AND MENTAL HEALTH SERVICES
HASTINGS PRINCE EDWARD

Support . Connect . Empower