Wii Fit FUN in Community OT Practice

Experiences Share by:

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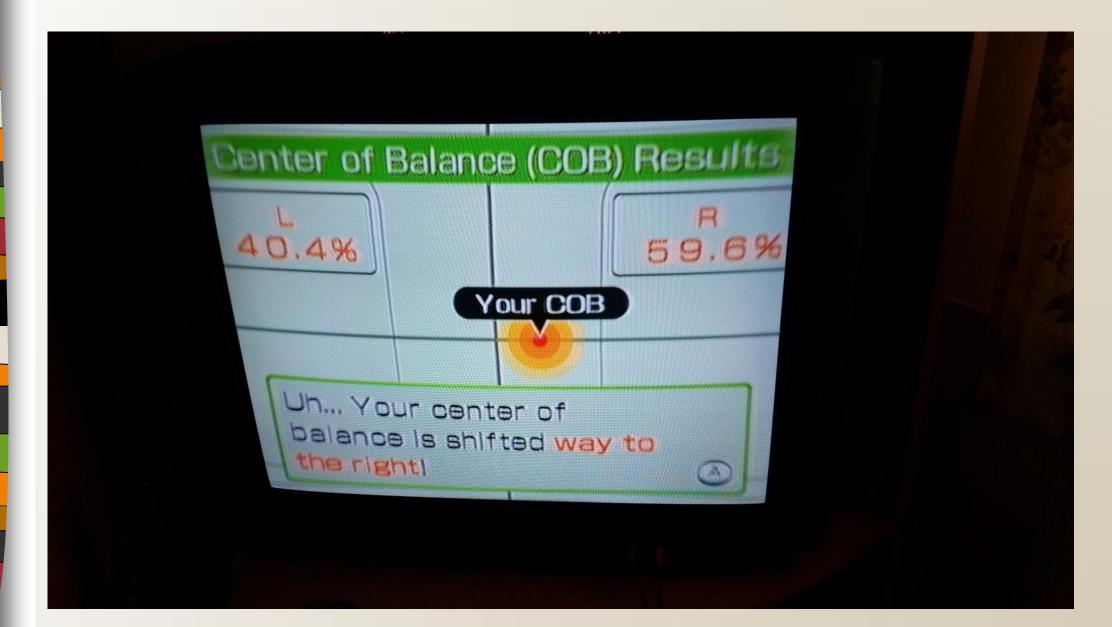
How this all began...

- Client-centred practice
- Building on inpatient rehab progress
- One component of a treatment plan
- Adaption may be needed for safety

Wii Fit Plus with Balance Board



Balance Test



Balance Games





Does it make a difference?

- Client satisfaction
- Better "sense" of balance and weight shifting
- Improved standing tolerance
- Coordination
- Functional changes: safety and independence with adls and iadl's