



StrokeUnderstood

SOUTHEAST ONTARIO COMMUNITY STROKE SUPPORT GROUPS



ANNUAL EVALUATION REPORT 2020/21

95 referrals to stroke support groups in 2020/21

>150 stroke support group participants (stroke survivors and caregivers).

ONGOING & NEW SUPPORTS DURING COVID

- Phone check-ins
- Virtual groups (stroke survivors, caregivers)
- Virtual pre-discharge meetings between hospital & community
- Virtual aphasia peer group (Kingston)
- Virtual *Living with Stroke*® (Belleville)
- Virtual Aphasia Supportive Conversation Groups (Belleville & Kingston)
- Porch pal visits (Brockville)
- Virtual peer visiting (Brockville) & peer phone calls (Kingston)
- Virtual bingo games (Belleville)
- *Reach Out and Don't Touch Someone* pen pal program (Brockville)



NEW INITIATIVES

- Regional, virtual *Stroke Awareness Event*
- Stroke & Aphasia Month activities
- Successful programming grant (Belleville)
- Raising community understanding of aphasia
- Recreation Therapy & Social Service Worker placements (Belleville)

