



STROKE NETWORK  
*of* Southeastern Ontario

# Addressing Stroke Intensity: PTA/OTA treatment on Rehab Floor on Weekends

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***Brag and Steal – Regional and Provincial Rehabilitation Intensity Update***

*Southeastern Ontario Stroke Best Practice Symposium*

*Implementing Rehabilitation Intensity Inpatient Rehabilitation*

# Context/Issue

- Manager of Rehab Floor/Rehab Therapies and Director of Rehab program both concerned with stroke intensity data and meeting Stroke QBP
- Long-standing concern that patients not receiving therapy on weekends as any therapy resources have been directed to acute floors

# Intervention/Change Made

- Funding secured to hire additional PTA/OTA staff to have 2 PTA/OTA staff on each day of weekend (Sat/Sun)
- 1 PTA/OTA staff assigned to acute care floors, other assigned to Rehab floor for majority of day starting in August 2015
- Team on Rehab leaves weekend list of patients to be seen on floor for PTA/OTA to complete
- PTA/OTA completes interventions with patients in gym or room and documents based on most appropriate discipline (OT vs. PT)

# Measurement

- Stats are being recorded with number of patients seen on weekend tracking form
- Staff also complete a Face-to-Face intervention recording number of minutes spent with each patient which then can be generated in a report
- Face-to-Face data is being tracked both based on discharge and day to day
- Average seeing between 6-13 patients per day depending on number of stroke patients on unit

# Lessons Learned

- Feedback from rehab floor regarding having therapy available on weekends for patients has been very positive
- Challenges
  - Depending on numbers of stroke patients, there can be too little work or too much work
  - Some patients may be on pass so unable to see

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