

Day Hospital General Guidelines

The Day Hospital Rehabilitation Program at Perth and Smiths Falls District Hospital is an outpatient program designed for adults requiring ongoing rehabilitation with a purpose to help clients/patients reach their optimal functional level physically, socially and psychologically.

Priority is given to patients living within the catchment area of Perth and Smith Falls District Hospital, regardless of physician privileges. Our Catchment area borders Franktown, Portland/Westport, Toledo and Merrickville.

A Physician Referral is required. Patients admitted to Day Hospital Rehabilitation Program must require the services of more than one therapy. If only one therapy is required, patients should be referred to the appropriate outpatient department. The Day Hospital Rehabilitation Program offers patient and family centred care for patients requiring rehabilitation therapy for chronic and acute conditions including:

- CVA/Stroke
- Neurological Disease (Parkinson's' Disease, Multiple Sclerosis)
- Prosthetic Management (in Collaboration with AMPOS)
- Peripheral Neuropathies

Most patients attend for approx. 8-12 weeks, but this varies on each patient needs. Some we keep for longer if we have the availability and they are still progressing well and others who met their goals earlier will be discharged. The therapy team works on a discharge date together.

If you feel at Discharge a patient would benefit from homecare services, let the Day Hospital Administrative Assistant know and they will send a referral.

The Day Hospital Administrative Assistant will meet with the Day Hospital Therapy team to discuss the referral and determine triage priority to the program.

Day Hospital is only open Monday/Wednesday/Friday. PT books patients all day, OT only works in the mornings and SLP only has one appointment Wednesday's at 0930.