

Music Therapy Services

“(Music therapy) can make the difference between withdrawal and awareness, between isolation and interaction, between chronic pain and comfort -- between demoralization and dignity.”

- Barbara Crowe



Canadian
Association of
Music Therapists

Association
canadienne des
musicothérapeutes

What is Music Therapy?

Music therapy is a discipline in which credentialed professionals (MTA) use music purposefully within therapeutic relationships to support development, health, and well-being.

Music therapists use music safely and ethically to address human needs within cognitive, communicative, emotional, musical, physical, social, and spiritual domains.

- Canadian Association for Music Therapists (CAMT)
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www.musictherapy.ca

www.musictherapyontario.com

Who Can Benefit?

People with:

- ♪ Anxiety and Depression
- ♪ Brain Injuries
- ♪ Chronic Pain / Illness
- ♪ Degenerative Disorders (MS, MD)
- ♪ Dementia, (Alzheimer's Disease)
- ♪ Neurological Impairments
- ♪ Palliative Care Needs
- ♪ Personal Growth
- ♪ Physical Challenges
- ♪ Visual and Hearing Impairments



Find us on Facebook @mtlanarkarea



Music Therapists

of Lanark Area



Rebecca Worden RP, MTA

- ♪ 20 years in private practice
- ♪ Registered with the College of Registered Psychotherapists of Ontario (CRPO)
- ♪ Certified by the CAMT
- ♪ Trained in counselling techniques



Shannon Deavy BMT, MTA

- ♪ 5 years in private practice
- ♪ Certified by the CAMT
- ♪ Experienced in long-term care
- ♪ Pedagogical violinist



Nicola Oddy MA, RP, MTA, CCC

- ♪ 30 + years in private practice
- ♪ Certified by the CAMT
- ♪ University instructor
- ♪ Researcher
- ♪ Registered with the CRPO
- ♪ Former president of the CAMT

For a FREE introductory session, or more information please contact:

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Or

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