

Supported Employment

Employment
Planning
& Guidance

Workshops &
Training Sessions

Workplace &
Accommodation
Support

Resume &
Cover Letter
Assistance

Career
Exploration
& Goal
Setting

Job Search
Assistance

Community
Resources &
Referrals

ARE YOU LOOKING FOR WORK?

Supported
Employment
provides individuals
with disabilities the
tools and support
needed for finding
and keeping
employment.



*Making Employment
Transitions Attainable*

Our staff can assist you by:

- » **1-1 Support:** Get help developing a plan for entering or maintaining employment
- » **Workplace & Accommodation Support:** We can help identify accommodation needs and provide information and resources for community services that will support you in your accommodation plan
- » **Skills Building:** Want training to enhance your skills? We offer a variety of workshops to meet workplace demands

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**EMPLOYMENT
ONTARIO**

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ONTARIO**



For more information, call 613.966.9069
or visit www.metaservices.ca and
let's #getMETAvated with your
job search.