

Greater Kingston VON Stroke Services Support Groups 2022

Please contact Stroke Services Coordinator, Emilia Leslie - (613) 634-0130, ext. 3469 or by email: Emilia.leslie@von.ca for registration and details.

Registration is Required

Public Health precautions in place due to COVID-19: Masks and Screening required. Please do not attend in-person if you are experiencing any symptoms listed in the self-screener.

- **Please note due to any changes with Public Health Guidelines, in-person groups may be cancelled and participants will be notified.**

All locations for groups are accessible and have free parking. If transportation support is needed, please contact the Stroke Services Coordinator, Emilia Leslie (613) 634-0130, ext. 3469 or by email: emilia.leslie@von.ca

- ***Support group dates may be changed depending on weather, participant interest, and staffing availability and statutory holidays. Contact Stroke Services Coordinator for details.***

Location	Frequency: Once a Month	Group Type & Time	Address
<u>Sydenham</u>	3rd Monday	1) Stroke Support 1:00-3:00pm	<u>Grace Centre:</u> 4295 Stage Coach Rd., Sydenham

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Location	Frequency: Once a Month	Group Type & Time	Address
<u>Napanee</u>	2nd Monday	1) Aphasia Peer 10:30-11:30am 2) Stroke Support 2:30-3:30pm	<u>Napanee VON:</u> 12 Richmond Park Dr., Napanee

Location	Frequency: Once a Month	Group Type & Time	Address
<u>Kingston</u>	4th Wednesday	1) Aphasia Peer 10:00-11:00am 2) Caregiver 12:00-1:00pm 3) Stroke Survivor 2:00-3:00pm	<u>GK VON:</u> 745 Progress Ave., Unit #1, Kingston

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Virtual (Zoom) Support Group Calendar

Contact Stroke Services Coordinator for registration.

**Virtual support groups will still be running with some changes*,
please see below:**

Stroke Survivor (virtual): Weekly - Tuesdays at 2:00 p.m.

***Peer Volunteer led – ‘Issy’s Chat’ (virtual):** Weekly - Thursday at 11:00 a.m.

Aphasia Peer Support (virtual): Weekly - Wednesday at 10:00 a.m.

- **Please note the change to the 4th Wednesday of the month to being in-person.*

Caregiver (virtual): Bi-weekly - Wednesday at 12:00 p.m.

- **Please note the change to the 4th Wednesday of the month to being in-person.*