

## Join Us Today

**Become a Member** of Community Care for South Hastings at a cost of \$5.00 per year.

As a member you will receive a membership card, voting privileges, regular newsletters, and the knowledge that you are helping to support the agency and its programs.

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Telephone: \_\_\_\_\_

Return completed form with payment to one of our office locations:

Community Care For South Hastings

### Belleville Office

470 Dundas Street East  
Belleville, Ontario K8N 1G1

### Deseronto Office

293 Main Street, Box 622  
Deseronto, Ontario K0K 1X0

Website: <https://ccsh.ca>

Email: [shell-leew@ccsh.ca](mailto:shell-leew@ccsh.ca)

Revised August 2019

## **Our Mission Statement**

Community Care for South Hastings is a non-profit agency for seniors and adults with physical disabilities. We provide programs and services that assist our clients to remain in their homes with dignity and respect for as long as possible.

Volunteers are the heart and soul of our agency. Our programs succeed because of our volunteers. New volunteers are always welcome! If you can help please contact us.

**(613) 969-0130**

Community Care for South Hastings is a charitable organization that relies on the generous donations of community members, clients and family.

Please think of our agency for memorial donations, bequests and general donations.

Tax receipts are available.

Charitable Registration Number:  
11887-0286-RR0001



**Ontario**

South East Local Health  
Integration Network  
Réseau local d'intégration  
des services de santé  
du Sud-Est



**United Way**  
Hastings &  
Prince Edward



## **Our Programs**

**Belleville: 613-969-0130**

**Deseronto: 613-396-6591**

**Toll Free: 844-654-3283**



## **Meals on Wheels**

Dedicated volunteers deliver hot, nutritious noon meals to your home. Many therapeutic diets can be accommodated. Meals are available up to four times a week. Nominal fees apply.

## **Frozen Meals**

A selection of delicious entrees prepared by Apetito are also available for pick-up or delivery.

## **Escorted Transportation**

Friendly, skilled volunteer drivers use their own vehicle to provide safe, escorted rides to medical, dental, or therapy appointments. Rides may be long distance or local. Individuals who qualify for this service are responsible for cost recovery for the volunteer driver.

## **Home Help & Home Maintenance**

A support service that arranges for a brokered worker or local company to provide home maintenance and repair or provide home helpers to assist with household activities. Fees vary and are arranged between the worker and client.

## **Social and Congregate Dining**

Enjoy a hot, delicious noon dinner and a short social program at a local venue. This is a great way to renew old friendships and/or make new acquaintances. Call for dates, times, and locations of upcoming meals. Volunteer transportation may be arranged. A nominal cost applies.

### **Our Locations:**

*Every Tuesday:*

Crossroads to Care,  
Bayview Mall, Belleville

*1st Wednesday of each month:*

Deseronto Community Centre

*3rd Thursday of each month:*

Tyendinaga Township Community  
Centre, Melrose

## **Activity Program**

An afternoon of therapeutic activities and social interaction in a group setting for eligible clients, to assist them in achieving and maintaining their maximum level of function. Weekly activities may include games, lunches, crafts, education and entertainment. Transportation may be arranged. A nominal cost applies.

## **Stroke Support Program**

Facilitated survivor, caregiver, and couples support groups. All groups meet on a monthly basis in Belleville. Call our office for a meeting schedule.

## **Aphasia Conversation Group**

In partnership with Quinte District Rehab Speech Language Pathologist: Meet other adults living with Aphasia, and practice your communication skills in a stimulating environment.

Sessions are 1.5 hours each week for 8 weeks. Sessions run Spring and Fall.

## **Living with Stroke® Series**

Six week course focusing on life after a stroke.

## **55 Alive Driver Refresher**

The course is designed to help older drivers refresh their knowledge and maintain their independence and their driving privileges. Courses are offered at various times during the year. A nominal cost is involved to cover expenses.