

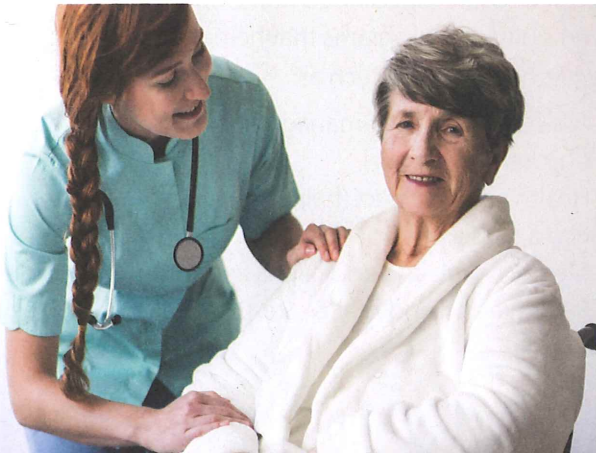
Who Are We?

The **South East LHIN** is one of 14 LHINs in Ontario that work within communities to provide quality, in-home and community-based health care services. We can provide you with information, direct access to home and community care contracted service providers, and many other comprehensive services to support you to remain at home.

What We Do

The South East LHIN may provide acute, rehabilitative, maintenance, and end-of-life home and community care services to you in your home or a clinic setting. We can help you return home from the hospital sooner, receive care in a clinic, or we can provide you with information about long-term care (LTC) options if it becomes too difficult for you to live independently at home.

We strive to make sure you receive the care you need when you need it, and help you to enjoy the best possible quality of life.



Placement into Long-Term Care Homes

When living independently is no longer possible, we can assist you by coordinating applications to long-term care homes in your area or elsewhere across Ontario.

A South East LHIN Home and Community Care Coordinator can:

- Provide information about long-term care homes and other senior housing options;
- Determine eligibility for placement; and
- Provide assistance with the application process.

Children/School Health Support Services

If you are a student, the **School Health Support Services program** can provide services to assist with medical and/or rehabilitation needs that are beyond the range and responsibilities of school staff. Through this program, you will be able to attend school along with your peers.

The Children's In-Home Services program provides services to children/youth up to 18 years of age while in their home.

For a listing of our offices and contact information, visit our website at www.SouthEastLHIN.on.ca

South East LHIN



Connecting you with

Home and Community Care Services

Role of the Care Coordinator

The **South East Local Health Integration Network (LHIN)** acts as the single point of contact for patients who receive care in their communities or at home. Care Coordinators are dedicated nurses, occupational therapists, social workers, and other health care professionals who work directly with patients, their families and caregivers, to ensure that people get the care they need. Our caring and knowledgeable staff work to develop a customized care plan that meets the individual's needs. Our expertise, and in-depth assessment process, along with strong partnerships, support patients through their entire health care journey.

Role of the Direct Clinical Nurse

The South East LHIN also has specialized home and community care programs using nursing care to enhance patient health outcomes. Direct care nurses including Mental Health and Addictions Nurses (MHAN) for at-risk-school-aged children, and Rapid Response Nurses (RRN) to prevent patient hospitalizations. Nurse Practitioners, through Palliative and LTC programs, also provide enhanced care – diagnosing and managing disease while helping patients stay in their homes.

Who is Eligible

To receive home and community care services from the South East LHIN, you must have:

- A valid Ontario Health card;
- Needs that cannot be met on an outpatient basis; and
- A medical condition that can be adequately treated in your home.

Referrals to Service

- Have you recently been released from hospital after surgery or a serious illness?
- Does your neighbour need a little extra help to manage at home?
- Does your child need the support of a health professional at home or in school?
- Are you, or someone you know, no longer safe living alone and ready to move into a LTC home?

Referrals for South East LHIN home and community care can be made by you or, with your consent, by a family member, caregiver, friend, physician or other health care professional. When you or your designate contact the South East LHIN, you can speak with a home and Community Care Coordinator about the help you need.

(no area code required)

Home and Community Care
Call 310-2222

Care Coordinators can provide information about alternative services available in your community. These may include:

- Adult day programs;
- Meal delivery services; and
- Transportation assistance.

In-Home Services

Home and community care services that may be provided to you or someone you care about within your home include:

- Nursing
- Physiotherapy
- Occupational therapy
- Speech-language therapy
- Social work
- Dietetics
- Medical supplies and equipment
- Personal support (bathing, dressing, etc.)

Specialized Programs

We can also offer specialized home and community care programs that help meet specific health needs such as:

- Assistance with self-management
- Children's programs
- Health Care Connect (helping people find a family physician)
- Mental health and addictions for youth
- Palliative and end-of-life care