

APHASIA QUICK GUIDE

Communication Strategies

- Face to Face
- Block out background noise
- Give MORE time to answer questions(5 +seconds)
- Use SHORT and SIMPLE sentences, one idea a at time(<10 words)
- Be visual. Use gestures
- Write down KEY topic words

- Ask YES/NO questions
- Give verbal choices
- Give written choices
- Repeat back what you understand
- Encourage, Encourage, Encourage
- *You know the words, it's just hard to get them out. What you're doing is working!! I hear you...I'm listening.*

Communication Tools

- Glasses, Hearing aids
- Pocket talker
- Marker and paper, clipboard
- Write and Draw
- YES/NO board
- Real Pictures
- Simple topic board
- *Can you show me?* Encourage pointing, gestures, writing, drawing.
- Ask what tools help?
- Simple familiar activities-family photos, magazines, games, greeting cards, menus, writing
- _____

Aphasia is a communication disorder from injury to the language centres of the brain. This makes it difficult to talk, read, write, and understand language.

