

What is it?

AlphaFIM® Instrument

- ➔ Standardized method of assessing patient **disability/functional status** in the acute care setting
- ➔ Consists of six items that can be reliably collected in acute care
- ➔ Facilitates the transfer of patients from acute care to rehabilitation by using common language

AlphaFIM® Components

6 Items are rated:

MOTOR

1. Toilet Transfer
2. Bowel Management

If patient walks <150 feet: If patient walks ≥150 feet:

- | | |
|-------------|-----------------|
| 3. Eating | 3. Walking |
| 4. Grooming | 4. Bed Transfer |

COGNITION

5. Expression
6. Memory

AlphaFIM® Rating:

7 – Complete independence (timely, safely)	No Helper
6 – Modified independence (device)	
<u>Modified Dependence</u>	
5 – Supervision	Helper
4 – Minimal Assist (Subject ≥ 75%)	
3 – Moderate Assist (Subject = 50 - 74%)	
<u>Complete Dependence</u>	
2 – Maximal Assist (Subject = 25 - 49%)	
1 – Total Assist (Subject <25%)	

Triage Guidelines*

AlphaFIM® Score		Recommended Referral
Mild	> 80	Community-based rehabilitation
Moderate	40 to 80	Inpatient rehabilitation
Severe	< 40	Admit to inpatient rehabilitation, if eligible, OR consider an alternate program (e.g. restorative care /short term complex medical) with regular assessment for admission to inpatient rehabilitation

*The AlphaFIM® score is only **one** component for consideration in discharge planning.

Further info about the AlphaFIM® instrument:

For further information on the AlphaFIM® Instrument please contact the Ontario Stroke Network at:

www.ontariostrokenetwork.ca

or

info@ontariostrokenetwork.ca

Who Completes it?

Acute Care Allied Health and Nursing Assessors must be credentialed; but all team members may be consulted for information gathering.

When: Day 3 post admission

Benefits

- ➔ Utilize a common language for functional status and rehabilitation needs
- ➔ Provide objective data regarding disability and stroke severity
- ➔ Facilitate transfer of information to inpatient stroke rehabilitation
- ➔ Help make decisions regarding discharge from acute care
 - amount of help needed
 - best destination

What it Provides:

- ➔ Standardized Measure of Stroke Severity and Function
- ➔ Motor and Cognitive rating
- ➔ Projected FIM® score*
- ➔ Help Needed (in hours per day)