Community Brain Injury Services (CBIS)



is a rehabilitation program of Providence Care. We support adults living in the community who have survived moderate to severe acquired brain injuries.

Participate to learn

The participate to learn approach rests on roles as goals, learning by experience in real-life contexts and the use of personal and environmental support to enable participation.



Referrals

Referrals are accepted from service providers, individuals, and family members.

The services provided by CBIS are intended for adults (ages 18 to 64) with a documented history of moderate to severe acquired brain injury who:

- > Live in the community or have the potential to do so;
- (>) Are medically and neurologically stable such that they are ready to actively participate in rehabilitation;
- (>) Want to increase their independence in daily living and participation in the community;
- Are prepared to also receive treatment for any co-existing psychiatric or substance abuse problems.
- > For people with traumatic brain injuries, there is no age limit.

Brain injury facts

- Injuries to the brain alter physical, mental and/or emotional abilities and responses.
- Brain injuries are usually caused by trauma (e.g. motor vehicle crashes, falls) or medical conditions (e.g. brain hemorrhages, tumours and infections).
- While most people with a brain injury need only temporary assistance, some need lifelong support.

How to Reach Us

For further information or to make a referral, please call us at 1-800-871-8096 (within the 613 area code only) or contact our offices in the following locations:

Kingston

LaSalle Mews 303 Bagot Street, Suite 401 Kingston, ON K7K 5W7 Tel: 613-547-6969 Toll-Free: 1-800-871-8096

Belleville

Ouinte Mall Office Tower 100 Bell Boulevard. Suite 335 Belleville, ON K8P 5H7 Tel: 613-968-8888

Brockville

23 Abbott Street, Brockville, ON K6V 4A5 Tel: 613-342-1613

This material is available in French and accessible formats upon request to the Communications Department.

Cet outil est disponible en français ou en support accessible sur demande au Service des Communications

752 King Street West Kingston, ON K7L 4X3 Phone Number: 613-544-4900 Email: info@providencecare.ca

ProvidenceCare.ca



Providence





Community **Brain Injury** Services

Since 1987...Enabling people in Southeastern Ontario who have acquired brain injuries to live full and satisfying lives in their communities.



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The communities we serve

We provide services to people in the Southeast Local Health Integration Network. The population of the region is approximately 500,000 people.

The services we offer

CBIS provides a range of services that include psychology, life skills, independence training, assisted living, family support, and education for service providers.

Services are provided one-to-one or in a group setting, and are offered in clients' homes, their communities, or at our offices in Kingston, Belleville and Brockville.

Our services are designed to enable people to fill important life roles.

We provide:

- > Support
- > Skill training
- > Advocacy
- > Counselling
- Social and recreational activities
- Opportunities for meaningful and productive activity
- Education and information about brain injury

Groups

Groups provide focused interaction that provides opportunity for people to develop social skills and make meaningful connections with others.



We work with clients, their families, friends, and service providers to develop an individual service plan. Together we find ways to help each person be part of their community."

Participate to learn

- 1 The goal of community rehabilitation is participation in life roles that are meaningful to the person. Knowing the roles that are important to people helps them to choose the activities in which they are motivated to participate. When people fill the important roles of ordinary life, their interactions are both richer and more normal.
- 2 Support is the primary enabler of participation. Both personal support and environmental support may be required for participation in important life roles.
- 3 Participate to learn is the preferred approach for rehabilitation in the community. Rehabilitation should not be something that you do to people, but something that people do. Through participation in valued activities, people learn new skills, increase self-awareness and build self-esteem.

Our commitment to quality

- We participate in research to deepen our understanding of brain injury and to enhance our services.
- We evaluate our services to help us continue to improve.
- > We meet the standards set by Accreditation Canada for acquired brain injury programs.
- Staff have post-secondary education and regularly participate in ABI education.

Funding and fees

- The services provided by CBIS are subsidized by the Ministry of Health and Long-Term Care.
- Fees are charged for participants who have access to private rehabilitation funding.
- CBIS provides rehabilitation and specialized support services.
 Clients are responsible for basic living costs including accommodation, food and transportation.

more than healthcare.

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