



The Revved Up Exercise Program has Reopened!

We are excited to announce our return to in-gym programming at our Queen's University location, 28 Division Street, 5th floor.

The Revved Up Exercise Program is a community-based, adapted exercise program for individuals in the greater Kingston community who are living with a disability.

Interested to learn more?

Visit our website: <https://revvedupgroup.ca/>



Contact Us:

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