



Stroke Support Group

VON in partnership with Southern Frontenac Community Services

Support Groups meet monthly for stroke survivors, family and caregivers. These Groups are intended for adults age 18 and over.

- Groups provide information, social and emotional support to deal with life changes related to Stroke.
- New Members may join at any time and can contact the Coordinator for registration.
- There is no fee to participate.



WHERE: Sydenham Library –Community Rm.
4412 Wheatley St., Sydenham

WHEN: Third Monday of the month

TIME: 1:00 p.m. – 3:00 p.m.

Registration Required - Please Contact:

Emilia Leslie STROKE SERVICES COORDINATOR
Greater Kingston Victorian Order of Nurses
Phone 613-634-0130 ext. 3469. Email: emilia.leslie@von.ca



South Frontenac Community Services
HOSPICE PALLIATIVE CARE COORDINATOR
Phone 613-376-6477 ext. 205