# Stroke Care in South East – Quinte, 2020/21

NOTE: Arrow indicates how SE is trending from last FY report – improvement indicated by upward green arrow; worsening by downward red arrow

**TIME IS BRAIN** 

STROKE IS A MEDICAL EMERGENCY



Quinte: 73.1% 1 (ON 66.2%)

**Rural Hastings: 65.4%** 

of stroke/TIA patients arrived at the emergency department by ambulance

QHC:86.1%-97.2%% of patients (ON 63.2%)

were referred to secondary prevention services after discharge from the emergency department\*



Quinte: 16.5% (ON 14.1%)

Rural Hastings: 14.1% 

↓

of ischemic stroke patients received hyperacute therapy

By Sub-regions:

Quinte -11.8%; Rural Hastings - 12.4% tPA (ON 10.5%)

(tissue plasminogen activator) (Target: >12%)

QHC: 40 minutes median door-to-needle time (ON 44.0)

(Target: <30 minutes)

Quinte: 5.8%; Rural Hastings: NR:1.7%-8.3%% (ON 5.8%)

EVT (Endovascular therapy)

### STROKE UNIT CARE IMPROVES OUTCOMES

1.81 per 1000 population 1 (ON 1.46)

41 hospitals in Ontario have a stroke unit

QHC: 88.1% of stroke patients (ON 56.1%) treated on a stroke unit (Target:

>75%)

By Sub regions: Quinte - 84.6%

Rural Hastings - 75.4%

# SECONDARY PREVENTION OF STROKE OCCURS ACROSS THE CARE CONTINUUM

6.5 days \*\* 1 (ON 8.0)

Median time from acute admission to inpatient rehabilitation

#### REHABILITATION OPTIMIZES RECOVERY

Quinte: 20.4%\*\* | (ON 31.4%) Rural Hastings: N/A

QHC: 21.0% |

of patients accessed inpatient rehabilitation

QHC: 78.6 minutes per day of (ON 68.9) inpatient therapy was received per patient (Target: 180 minutes)

# STROKE JOURNEY CONTINUES AFTER DISCHARGE



QHC: 60.7 days \*\* 1 (ON 56.4)

Average number of days spent at home in the first 90 days after stroke

By site: QHC -69.3% (ON 38.6%) By Sub-Regions:

Quinte - 67.4%\*\* T; Rural Hastings - N/A

\*\* received home-based rehabilitation\*

By site: QHC: 11\*\* (ON 9.0) **By Sub-regions:** 

Quinte 12\*\*; Rural Hastings: 10\*\* median

number of visits

QHC: 83.1% of patients aged 65 and older (ON 74.9%)

with atrial fibrillation filled a prescription for anticoagulant therapy within 90 days of acute care discharge\*

By Sub-regions: Quinte - 84.0%; **Rural Hastings – 44.4%-88.9%** 

\*There is currently no data available for outpatient rehabilitation and secondary prevention clinic.

\*\* 2020/21 Q2 (YTD)

# **PATIENT OUTCOMES**

QHC: 6.2% of stroke/TIA patients were readmitted within 30 days (ON 6.6%) QHC: 9.8% of stroke/TIA patients died within 30 days (ON 12.1%)

By Sub-regions: Quinte - 8.5% ; Rural Hastings - NR%; By Site: QHC - 8.0%\*\* of stroke patients were admitted to long-term care within 1-year post discharge (ON 6.3%)

