Stroke Care in South East - KFL&A, 2020/21

NOTE: Arrow indicates how SE is trending from last FY report – improvement indicated by upward green arrow; worsening by downward red arrow



STROKE IS A MEDICAL EMERGENCY



Kingston: 67.7[%] **↑** (ON 66.2%) Rural FL&A: 62.4 of stroke/TIA

patients arrived at the emergency • • department by ambulance

KHSC KGH: 93.0% T;KHSC HDH: 100.% of (ON 81.4%)

patients were referred to secondary prevention services after discharge from the emergency department*

TIME IS BRAIN

Kingston: 20.5% ↑ (ON 14.1%)

Rural FL&A: 24.7% 1

of ischemic stroke patients received hyperacute therapy

By Sub-regions: Kingston - 16.4%; Rural FL&A - 17.5% (ON 10.5%)

tPA (tissue plasminogen activator)

(Target: >12%)

KHSC:28 minutes median door-to- (ON 44.0)

needle time (Target: <30 minutes)

By Sub-regions:

Kingston: 6.3%; Rural FL&A: 5.2% - 9.3%

EVT (Endovascular therapy)

STROKE UNIT CARE IMPROVES OUTCOMES



1 per 1000 population **(ON 1.46)**

are admitted for acute stroke/TIA

41 hospitals in Ontario have a stroke unit

KHSC: 80.0% of stroke patients treated (ON 56.1%)

on a stroke unit (Target: >75%) By Sub-regions: Kingston: 82.5% ; Rural FL&A - 84.8%

SECONDARY PREVENTION OF STROKE OCCURS ACROSS THE CARE CONTINUUM

REHABILITATION OPTIMIZES RECOVERY

KGH 11 days 1** (ON 8.0)

Median time from acute admission to inpatient rehabilitation



Kingston: 32.9%** **↑** Rural FL&A: 33.7% 1

of patients accessed inpatient rehabilitation

PCH: 74.9 minutes per day of (ON 68.9%) inpatient therapy was received per patient

(Target: 180 minutes)

STROKE JOURNEY CONTINUES AFTER DISCHARGE



KHSC: 54.3 days 1** (ON 56.4)

Average number of days spent at home in the first 90 days after stroke

Home - based Rehab

By site : KHSC – 64.3% (ON 38.6%) By Sub-regions:

Kingston: 63.1%** :Rural FL&A: 76.9% received home-based rehabilitation*

KHSC:14** median number of visits (ON 9.0)

By Sub - regions: Kingston - 13; Rural FL&A: 15

KHSC: 75.4% of patients aged 65 and older (ON 74.9%) with atrial fibrillation filled a prescription for anticoagulant therapy within 90 days of acute

By Sub-Regions: Kingston: 80.0%

Rural FL&A - 61.5-92.3%

care discharge*

PATIENT OUTCOMES

KHSC:6.1; L&ACGH:0.0% of stroke/TIA patients were readmitted within 30 days (ON 6.6%) KHSC:13.3% of stroke/TIA patients died within 30 days (ON 12.1%)

By Sub-regions: Kingston – 6.9% ; Rural FL&A – 9.7%** ; By Site: KHSC – 7.0% of stroke patients were admitted to long-term care within 1-year post discharge (ON 6.3%)



*There is currently no data available for outpatient rehabilitation and secondary prevention clinic ** 2020/21 Q2 (YTD)