



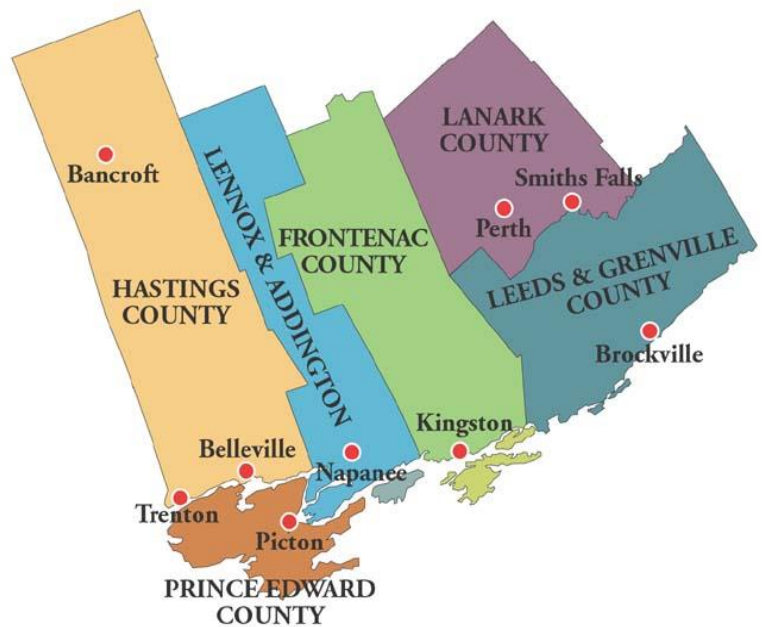
**Vision:**

Fewer strokes. Better outcomes.

**Mission:**

To continuously improve stroke prevention, care, recovery and reintegration.

The mandate of the Stroke Network of SEO is to work with all health providers across the region to improve access to best practice stroke care across the continuum from prevention through acute care to recovery and community reintegration. This requires a collaborative approach to performance measurement, knowledge translation, and system change. Southeastern Ontario covers a large geographic area of 20,000 km<sup>2</sup> with a population of 500,000 within Ontario Health East. The Regional Stroke Centre is Kingston Health Sciences Centre, Kingston General Hospital. The District Stroke Centre is Quinte Health, Belleville General. Brockville General Hospital is a Telestroke site. Prevention clinics are noted on reverse side.



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Visit [www.strokenetworkseo.ca](http://www.strokenetworkseo.ca) to learn more:

- *About Us*
- *News*
- *Best Practice & Education*
- *Community Supports including Stroke Support Groups*
- *Projects*

Educational Tools you can find on our website:

- Resources for all parts of the continuum of care:
  - Prevention & Vascular Health
  - Hyperacute
  - Acute
  - Rehabilitation
  - Community & LTC
- Information to support Navigation & Transitions
- Patient Education Resources
- Community Supports
- Stroke Survivor Videos

**Stroke Prevention Clinics in SEO**

**Kingston Health Sciences Centre**

**Paula Christie, CNS**

613-549-6666 x6320

**Quinte Health, Belleville**

**Michelle Slapkauskas, RN**

613-969-7400 x2871/2816

**Brockville General Hospital**

**Dana Andress, RN**

613-345-5645 x51257

**Perth & Smiths Falls District Hospital**

**Tracy Thorne RN**

613-267-1500 x4263



StrokeUnderstood

**Stroke Survivor & Caregiver Support  
Groups in SEO**

**~Belleville Support Groups~**

*Host agency:*

*Community Care for South Hastings*

*Facilitator: Lorraine Pyle*

*Contact info:*

613-969-0130 ext 5207

**~Kingston Support Groups~**

*Host agency:*

*Victorian Order of Nurses*

*Facilitator: Emilia Leslie*

*Contact info:*

613-634-0130 ext 3469

**~Perth Support Group and  
Brockville Support Groups~**

*Host agency:*

*Community Primary Health Care*

*Facilitator: Jennifer Godkin*

*Contact info:*

613-342-3693 ext 2043

Toll free: 1-800-465-7646 ext 2043