



Vision:

Fewer strokes. Better outcomes.

Mission:

To continuously improve stroke prevention, care, recovery and reintegration.

The mandate of the Stroke Network of SEO is to work with all health providers across the region to improve access to best practice stroke care across the continuum from prevention through acute care to recovery and community reintegration. This requires a collaborative approach to performance measurement, knowledge translation, and system change. Southeastern Ontario covers a large geographic area of 20,000 km² with a population of 500,000 and corresponds with legacy LHIN 10 within Ontario Health East. The Regional Stroke Centre is Kingston Health Sciences Centre, Kingston General Hospital. The District Stroke Centre is Quinte Health, Belleville General. Prevention clinics are located as noted on reverse side.



Contact The Regional and District Stroke Offices:

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**Regional Stroke Office
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Visit www.strokenetworkseo.ca to learn more:

- *About Us*
- *News*
- *Best Practice & Education*
- *Community Supports including Stroke Support Groups*
- *Projects*

Educational Tools you can find on our website:

- Resources for all parts of the continuum of care:
 - Prevention & Vascular Health
 - Hyperacute
 - Acute
 - Rehabilitation
 - Community & LTC
- Information to support Navigation & Transitions
- Patient Education Resources
- Community Supports
- Stroke Survivor Videos

Stroke Prevention Clinics in SEO

Kingston Health Sciences Centre

Paula Christie, CNS

613-549-6666 x6320

Quinte Health, Belleville

Michelle Slapkauskas, RN

613-969-7400 x2871/2816

Brockville General Hospital

Dana Andress, RN

613-345-5645 x51257

Perth & Smiths Falls District Hospital

Tracy Thorne RN

613-267-1500 x4263



StrokeUnderstood

Stroke Survivor & Caregiver Support Groups in SEO

~Belleville Support Groups~

Host agency:

Community Care for South Hastings

Facilitator: Lorraine Pyle

Contact info:

613-969-0130 ext 5207

~Kingston Support Groups~

Host agency:

Victorian Order of Nurses

Facilitator: Emilia Leslie

Contact info:

613-634-0130 ext 3469

~Perth Support Group and Brockville Support Groups~

Host agency:

Community Primary Health Care

Facilitator: Jennifer Godkin

Contact info:

613-342-3693 ext 2043

Toll free: 1-800-465-7646 ext 2043