



STROKE SURVIVORS EXERCISE

**THIS PROGRAM IS
DESIGNED TO OPTIMIZE THE
PHYSICAL ABILITY OF
PEOPLE LIVING WITH A
STROKE**

**PERTH CIVITAN
6787 LANARK COUNTY RD 43
PERTH, ON**

**TUESDAYS 9:30–10:30AM
STARTING
JANUARY 2, 2024**

TO REGISTER:

Contact Kim Ducharme:



613-342-3693 ext. 2303



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