

Pathways to Recovery: Best Practices in Stroke Care



stroke**network**
SOUTHEASTERN ONTARIO

WINTER ISSUE: 2025

SPOTLIGHT ON APHASIA: EMPOWERING PATIENTS AND CARE TEAMS (click all the underlined links for more!)

WHAT IS APHASIA?

Aphasia is a common communication impairment after a stroke. It can affect a person's ability to speak, read, write, and understand what others say.

- 1 in 3 people who have had a stroke will have aphasia
- Aphasia impacts a person's ability to use language. It does NOT impact their intelligence. They may know more than they can say

RESOURCE LINKS: Click links for more



10. Rehabilitation to Improve Language and Communication | Canadian Stroke Best Practices

SMART TIPS for STROKE CARE: A healthcare provider's guide to caring for a person with stroke

SMART TIPS:

- Prep ahead, reduce noise and plan for extra time
- Keep it simple
- Be respectful
- Encourage communication
- Confirm the Message

EDUCATION EVENTS:

Field Training - SLP at Village Green LTC (Selby, ON). Community SLP facilitated skill-building sessions with staff on aphasia and swallowing recommendations. -> *Reach out if you would find this helpful in your LTC home.* Last October (2024), the Stroke Network of SEO hosted the workshop "**Communicating with Persons with Aphasia: Putting it into Practice**". It was held in person at Providence Care Hospital in Kingston with a large volume of interest. Click the link for more details. - **STAY TUNED** for another similar workshop in 2025.

EDUCATION RESOURCES: **Aphasia Institute:** <https://www.aphasia.ca/>

The Path to Resilience - February 11 & 18: Free 2 part support workshop for family members of people living with aphasia.

Communication Aid for Capacity Evaluation (CACE): communicatively accessible capacity evaluation process to help health care professionals.

We need your help - **BUILDING KNOWLEDGE, ENHANCING CARE: A QUICK SURVEY**

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