

SOUTHEAST STROKE SPECIFIC DAY PROGRAMS




Stroke specific day programs for stroke survivors are available across the southeast. All groups are facilitated by a professional and are offered at either a minimal cost or no cost. If transportation is a barrier, please connect with the program contact to discuss.

*Depending on the area, stroke specific day programs may include:

- Recreational activities
- Exercise
- Health and Wellness
- Educational activities
- Social activities
- Lunch/snacks

Stroke specific day programs offer an opportunity to meet with others who have been affected by a stroke event to share experiences and to learn about stroke and the available resources.

Contact below for your area to find out what is available and for more information.

Area	Organization	Contact	Contact Information
Hastings Prince Edward - 289 Pinnacle St. Belleville	Community Care for South Hastings and Pathways to Independence 	Lorraine Pyle	Community Care for South Hastings 613-969-0130, Ext. 36507 lorrainep@ccsh.ca
Kingston, Frontenac, Lennox & Addington – 101 William Henderson Dr. Bath	VON – Greater Napanee 	Beth Flindall	VON-Greater Napanee (613) 354-6668, Ext. 8567 Toll free: 1-833-355-6668
Kingston, Frontenac, Lennox & Addington – 310 Bridge St. West, Napanee	Pathways to Independence 	Haley McTaggart	Pathways to Independence 613-827-2516 haleym@pathwaysind.com
Lanark, Leeds & Grenville- Brockville	Senior Support Services -LLG 	Jennifer Godkin	Senior Support Services -LLG 613-498-1446 Toll free: 1-800-465-7646 jgodkin@seniorsupportllg.ca

Community Supports



Best Practice & Education

Best practice translation tools and resources.

[Learn more](#)

Upcoming Events

February 16, 2022

Holding Back the Floodgates:
Approaches to Stroke Prevention

[More Events](#)

The Latest News

January 21, 2022 | New Appointments

New Vascular Protection Nurse at
Perth & Smithfalls District Hospital

Click on "COMMUNITY SUPPORTS"

▶ Patient Journey Map for Stroke Survivors & Families in the South East

▶ Stroke Support Groups in Southeastern Ontario (Brochures)

▶ Aphasia Conversation Groups

▶ Stroke Specific Community Exercise Groups

▼ Stroke-Specific Day Program

- [VON Stroke Survivors Day Program - Bath](#)
- [Pathways to Stroke Rebound Day Program - Napanee](#)
- [Stroke Focused Day Program - Brockville](#)
- [Pathways to Stroke Rebound Day Program - Belleville](#)

▶ Southeast Healthline

Scroll down and select "Stroke-Specific Day Program" and then click on relevant geographic area