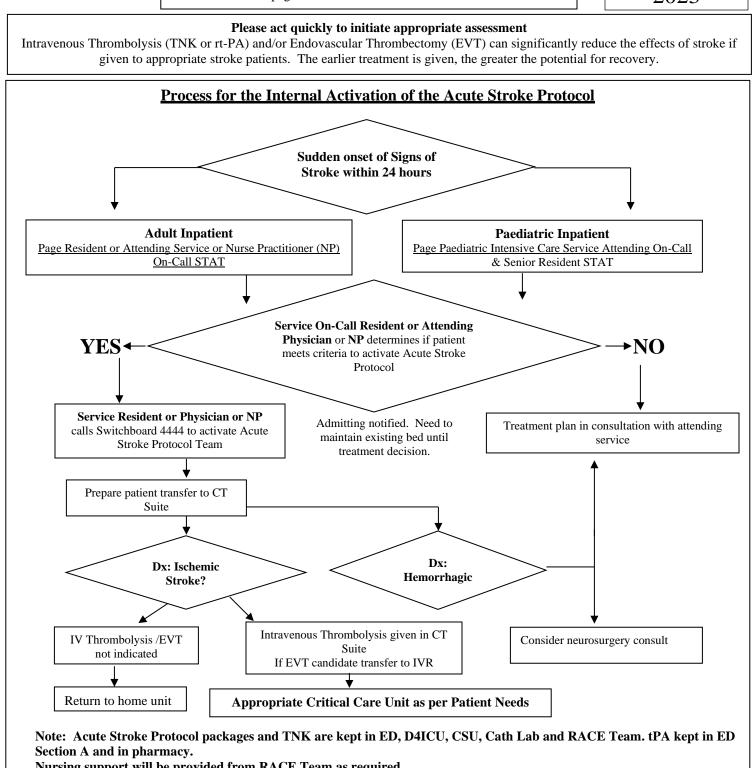
## KHSC-KGH Site INTERNAL ACTIVATION of the ACUTE STROKE PROTOCOL

## SIGNS of STROKE

FACE: Is it Drooping? ARMS: Can you Raise Both? SPEECH: Is it Slurred or Jumbled? TIME to page Service On-Call STAT

# UPDATED November 2023



Nursing support will be provided from RACE Team as required.

CSU and Cath Lab will manage their own internal stroke protocols Monday to Friday 0800-1600 hrs only. KGH Outpatients & visitors who develop signs and symptoms of stroke will go to the ER.

Exceptions are: (1) Cardiac Catheterization Lab patients will usually go to CSU; (2) PACU, post op OPPU & SDAC patients will usually go to D4ICU. (Nursing support as noted above)

### Preparation of internal stroke patient for CT scan and for IV Thrombolysis and/or EVT:

#### **RN Responsibilities:**

- Recognize the signs of stroke.
- Act quickly; be mindful that time is BRAIN.
- Notify the Attending Service stat and communicate the patient's signs of stroke.
- If Attending Service activates stroke protocol, prepare the patient:
- Monitor vital signs and stroke scale using Canadian Neurological Scale, cardiac and SpO<sub>2</sub> monitoring, glucometer reading, change to gown, remove jewelry on ears and neck/face.
- Blood work (CBC, PT/INR, PTT, lytes, urea, creatinine, glucose, troponin, TxH packed red blood cells); establish 2 IV lines (18 Gauge needle in Right Arm) unless contraindicated. TNK or rtPA requires a dedicated IV line.
- Accompany to CT Scan Suite.
- +/- IV TNK or rtPA administered in CT Scan Suite.
- If EVT candidate, insert foley urinary catheter if ordered.

- Continue monitoring vital signs & neuro status q 15 min.
- Communicate with critical care unit charge nurse regarding bed transfers if patient receiving IV thrombolysis and/or EVT.
- Contact Manager or the Operations Manager to arrange RACE nurse coverage if needed.
- Assist in transport and transfer care to receiving critical care unit nurse and/or IVR nurse (if EVT).
- Keep strict NPO until Screening Tool for Acute Neurological Dysphagia (STAND) is done.
- Implement Ischemic Stroke Thrombolysis/EVT Order Set.
- Implement Ischemic Stroke Collaborative Care Plan. **Questions?** Contact:

Stroke Specialist Case Manager x 2830 or 7135/vocera

Clinical Learning Specialist, Neurosciences x 4083/vocera

> Operations Manager after hours