

SOUTHEASTERN ONTARIO COMMUNITY STROKE SUPPORT SERVICES

ANNUAL EVALUATION REPORT 2023-24

200 *New referrals to Stroke Support Services*



“When you first get home, you don’t know what services are available”

- Warm hand offs from hospital to community
- **“Ask a Survivor”** group connecting the hospital to community
- Peer volunteers in hospitals

288 *Participants in Stroke Support Groups*



“Being able to talk to a group of people that have been through something similar makes one feel not alone”

- **Stroke support and caregiver groups**
- Younger stroke survivor groups
- Evening group to support local needs

Key Highlights and Innovations

- ❖ **Adapting programs to meet local needs**
- ❖ Region-wide Stroke-focused Adult Day Program
- ❖ Regional Stroke Education Program
- ❖ Evening groups and Younger Stroke Survivor group
- ❖ Stroke-specific exercise groups (virtual and in-person) in KFLA and HPE

73 *Participants in Aphasia Conversation Groups*



“You gave them a VOICE”

- Aphasia Supportive Conversation Groups running across the region
- Advocacy for aphasia accessibility in the community occurring locally



There has been a steady INCREASE in referrals and participation since 2021-22 Fiscal Year