

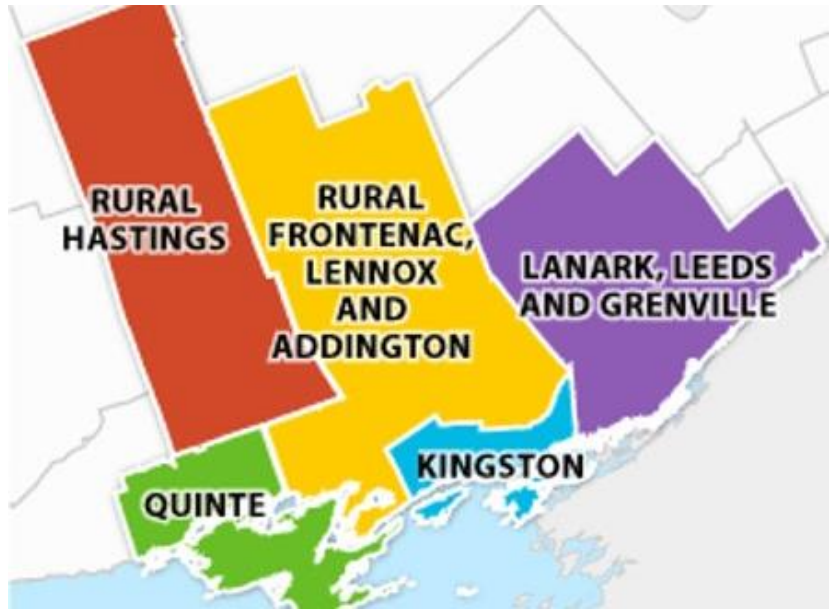


TSI KANONHKHWATSHERIYO

INDIGENOUS INTERPROFESSIONAL PRIMARY CARE TEAM

THE PLACE OF GOOD MEDICINE

OUR CATCHMENT AREA



- **Rural Frontenac/Lennox and Addington- Sub Region including**

- Tyendinaga Mohawk Territory (MBQ)
- Napanee
- Deseronto
- Ardoch Algonquin First Nation

- **Rural Hastings Sub Region including**

- KijichoManitoMadaouskarini Algonquin First Nation
- Madoc
- North Hastings

- **Quinte Sub-Region including**

- Belleville
- Trenton
- Picton

- **Kingston Sub-Region**

- City of Kingston

- **Leeds, Lanark and Grenville Sub-Region**

- Perth
- Gananoque
- Smith Falls

OUR VISION

We envision vibrant communities where:

All Indigenous people receive friendly, warm care “where they are”:

Geographically-care that sees no boundaries and is status blind;

Emotionally- Care that is provided in a safe place defined by the client;

Culturally- Care that respects wherever clients are in their spiritual journey and cultural identity;

Physically- Care that treats all medical needs and addresses complexity of care.

Generosity of time and skills is shared freely.

Traditional ways of knowing and being are valued and celebrated.

OUR MISSION

To accomplish this vision, the regional team:

Provides excellence in
wholistic primary
healthcare;

Equally values traditional
healing and
clinical supports;

Connects Indigenous
people to regional
services and professionals
whom they can trust;

Engages with all
Indigenous communities
across the region;

Shapes care and services
based on the needs
determined by the
people/communities in
our regions.

OUR CORE VALUES

To accomplish our vision and mission, the regional team upholds these values:

Everyone who
walks in the door
is treated
as family;

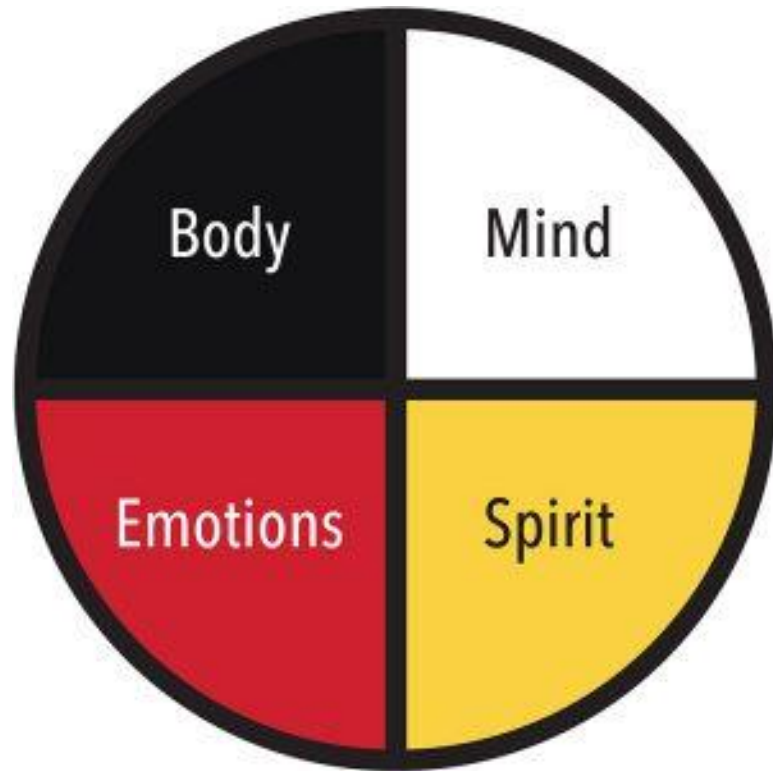
Community builds
community.

ABOUT OUR TEAM

Our priority population are all the people who identify as Indigenous as well as their families, in our regions, with a special focus on people at risk for and living with chronic diseases as well as people living with mental health conditions and or/addictions. All our services are status blind.

The team's mandate is to promote wholistic health, prevent ill health, treat illness and support our Indigenous communities and their families on their journeys through these realities. We do this by providing services that equally draw from both Indigenous and mainstream ways of knowing and being, all done in active cooperation with our partners.

INDIGENOUS INTERPROFESSIONAL PRIMARY CARE TEAM



In support of the Ontario's First Nations Health Action Plan, the Indigenous Interprofessional Primary Care Team (IIPCT) provides wholistic health care that is guided by a vision that embraces the health and wellbeing of the Indigenous communities it serves through a strong culture-based approach. Through collaborative practice, the IIPCT hopes to deliver faster access to the right health care. The IIPCT's primary care services are offered in Kenhtè:ke, also known as Tyendinaga Mohawk Territory.

TRADITIONAL HEALING COORDINATOR



Cultural Services

Traditional Healing and Medicines

Cultural Learning

Spiritual Support

Cultural Programming

Traditional knowledge holders & Seers

ADULT MENTAL HEALTH

REGISTERED SOCIAL WORKERS

PROVIDES SHORT-TERM SERVICES THAT ARE AVAILABLE TO INDIVIDUALS 18 YEARS AND OLDER. BY PROVIDING WHOLISTIC PRACTICE BLENDING WESTERN AND TRADITIONAL MODALITIES, THE ADULT MENTAL HEALTH WORKER WILL UTILIZE A STRENGTHS-BASED AND TRAUMA INFORMED APPROACH IN ORDER TO PROVIDE SUPPORTIVE SERVICES.

Psychosocial assessment;

Goal setting and Plan of Care Development;

Resource and referrals;

Education;

Case management;

Group workshops and programs and;

Final wrap-up appointment to review Plan of Care goals and next steps

HEALTH SUPPORT SERVICES

COMMUNITY DEVELOPMENT WORKERS

Care co-ordination across all systems and client experiences, and ongoing programming to promote wellness.

Financial support resources

Smoking Cessation Program, Support & Counselling

Health & Wellness Programming

Healthy Eating & Weight Loss Sessions

Craving Change Programming

Cultural Programming

Case Management & Referrals

PRIMARY CARE TEAM

Including two doctors, a nurse practitioner, registered nurse, three registered practical nurse, a footcare nurse, with linkages to partner supports from midwifery and other medical care.

Chronic Disease prevention, diagnosis and management. Acute Care of Minor Illnesses, Minor Surgical Procedures, Phlebotomy, Immunizations.

Well Baby and Well Child Appointments & Publicly funded Immunization Program.

Screening: Cancer, Chronic Kidney Disease, Blood Pressure, Diabetic Retinopathy, TB Testing, Sexual Health Programming, Pap Smears.

CARDIOVASCULAR DISEASE

- Indigenous peoples of Canada are at an increased risk of cardiovascular disease (CVD) compared to non-indigenous people.
- Contributing factors include; historical oppression, racism, health care biases, and disparities in terms of the social determinants of health.
- CVDs are the leading cause of morbidity and mortality worldwide. In Canada, 4.3 million people live with CVD, and more than 80,000 people die from CVD each year.
- Indigenous groups exhibit a cluster of modifiable cardiometabolic risk factors, including overweight-obesity, diabetes mellitus, high cholesterol, and high blood pressure.
- Modifiable lifestyle risk factors include, but are not limited to, physical inactivity, poor nutrition, risky alcohol behavior, and cigarette smoking.

Stoner, L., Stoner, K. R., Young, J. M., & Fryer, S. (2012, April). *Preventing a cardiovascular disease epidemic among indigenous populations through lifestyle changes*. International journal of preventive medicine. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3354392/>

Vervoort, D., Kimmaliardjuk, D. M., Ross, H. J., Frenes, S. E., Ouzounian, M., & Mashford-Pringle, A. (2022, June 4). *Access to cardiovascular care for Indigenous Peoples in Canada: A rapid review*. CJC open. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9486860/>

HEALTH SCREENING CLINICS

Blood Pressure

Sexual Health

Chronic Kidney Disease

Blood Sugar

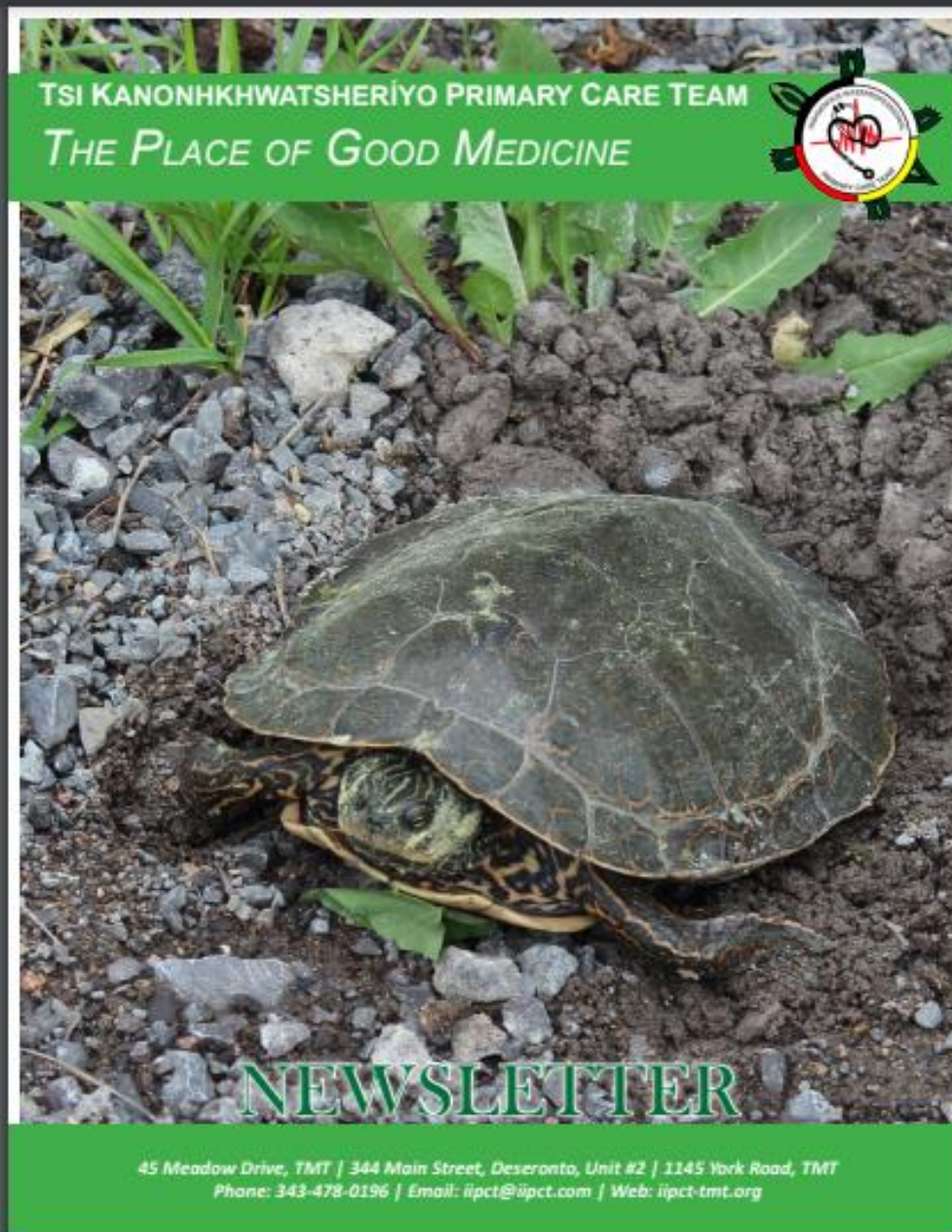
Diabetic Retinopathy

Smoking Cessation & Carbon Monoxide Screening

IIPCT NEWSLETTER

<http://iipct-tmt.com/newsletter/>

Upcoming programs
Screening Clinics
Patient Information
Health Facts



CONNECT WITH IIPCT

GET IN TOUCH

- **Meet Us**
- Main Clinic: 45 Meadow Drive
Tyendinaga Mohawk Territory
K0K1X0
- CDW/CC: 1145 York Road, Tyendinaga Mohawk
Territoy, K0K 1X0
- Administration: 344 Main Street, Deseronto, ON,
K0K1X0
- **Call Us**
- 343-478-0196
- **Email Us**
- reception@iipct.com



ABOUT OUR TEAM



Executive Director: Tera Osborne

Dr. Jamaica Cass, Dr. Kim Edwards, (Mat Leave) Sarah Taylor NP

Registered Nursing Team: Kiowa Bernhardt (Mat Leave), Mariah Barnes

Registered Practical Nurse: Sierra Bedford, Courtney Loft, Cassandra Weese

Adult Mental Health Workers, Registered Social Workers: Amy Babcock, Brad Parsons, Darcy Whalen (Mat Leave)

Traditional Healing Coordinator: Curtis Maracle

Community Development Workers, Registered Social Service Workers: Jamie Kring, Sarah Kring, Allison Loft

Medical Office Administration: Kendra Courneya

Receptionist: Donna Brant, Cindy Lewis

Custodian: Bill Loft

QUESTIONS
OR
COMMENTS?

