Ontario Stroke Report FY 2020-21

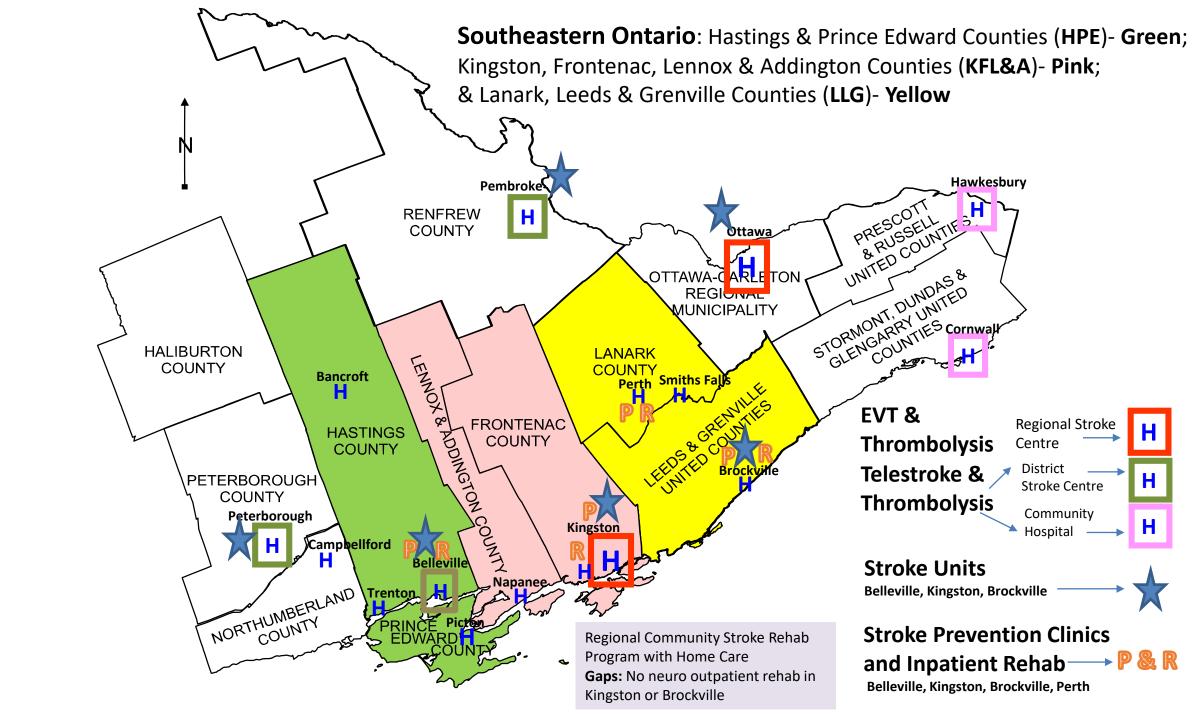
Quinte area – Local Performance Indicators Examples of strengths and areas for improvement

RELEASE DATE: JUNE 2022









Meeting Objectives

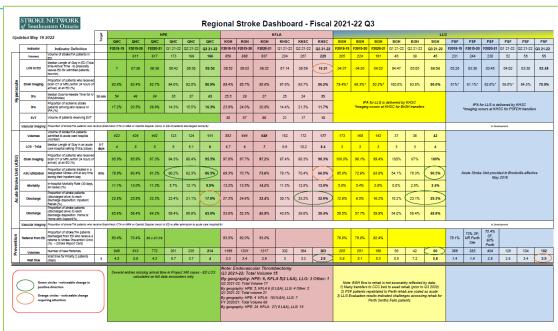
- Enhance knowledge of stroke care performance across care continuum against stroke best practice targets
- Discuss alignment with current workplan (e.g., Quinte stroke workplan 2021-23)
- Discuss alignment with Accreditation Canada Stroke Distinction process
- Consider future areas of opportunity and QI focus

Stroke Data Introduction

Ontario Stroke Report FY 2020-21

RELEASE DATE: JUNE 2022









Stroke Care in Ontario 2020/21

STROKE IS A MEDICAL EMERGENCY



66%

of stroke/TIA patients arrived at the emergency-department byambulance

81% of patients were referred to secondary prevention services after discharge from the emergency department*

TIME IS BRAIN



14%

of ischemic stroke patients received hyperacute therapy

11% tPA (tissue plasminogen activator) (Target: >12%)

 44 minutes median door-to-needle time (Target: <30 minutes)

6% EVT (Endovascular therapy)

STROKE UNIT CARE IMPROVES OUTCOMES



1.46 per 1000 population

are admitted for acute stroke/TIA

41 hospitals in Ontario have a stroke unit

56% of stroke patients treated on a stroke unit (Target: >75%)

SECONDARY PREVENTION OF STROKE OCCURS ACROSS THE CARE CONTINUUM



Median time from acute admission to inpatient rehabilitation

REHABILITATION OPTIMIZES RECOVERY



31%"

of patients accessed inpatient rehabilitation

 69 minutes per day of inpatient therapy was received per patient (Target: 180 minutes)

STROKE JOURNEY CONTINUES AFTER DISCHARGE



56 days **

Average number of days spent at home in the first 90 days after stroke

39%** received home-based rehabilitation*

9** median number of visits

75% of patients aged 65 and older with atrial fibrillation filled a prescription for anticoagulant therapy within 90 days of acute care discharge*

PATIENT OUTCOMES

7% of stroke/TIA patients were readmitted within 30 days

12% of stroke/TIA patients died within 30 days

6%** of stroke patients were admitted to long-term care within 1-year post discharge



Stroke Care in South East 2020/21

NOTE: Arrow indicates how SE is trending from last FY report – improvement indicated by upward green arrow; worsening by downward red arrow



STROKE IS A MEDICAL EMERGENCY



68.6% 1 (ON 66.2%)

of stroke/TIA patients arrived at the emergency department by ambulance

84.0% 1 (ON 81.4%) of

patients were referred to secondary prevention services after discharge from the emergency department*

TIME IS BRAIN



19.9% 1 (ON 14.1%)

of ischemic stroke patients received hyperacute therapy

14.8% tPA (tissue plasminogen (ON 10.5%)

activator) (Target: >12%)

31 minutes median door-to-needle (ON 44.0)

time (Target: <30 minutes)

6.9% EVT (Endovascular therapy) (ON5.8%)

STROKE UNIT CARE IMPROVES OUTCOMES



1.81 per 1000 population (ON 1.46)

are admitted for acute stroke/TIA

41 hospitals in Ontario have a stroke unit

79.1% (ON 56.1%) of stroke patients treated on a stroke unit (Target: >75%)

SECONDARY PREVENTION OF STROKE OCCURS ACROSS THE CARE CONTINUUM



REHABILITATION OPTIMIZES RECOVERY



26.2^{***} † (ON 31.4%)

of patients accessed inpatient rehabilitation

75 minutes per day of inpatient (ON 68.9%) therapy was received per patient (Target: 180 minutes)

STROKE JOURNEY CONTINUES AFTER DISCHARGE



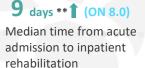
57. 2 days ** 1 (ON 56.4)

Average number of days spent at home in the first 90 days after stroke

66.4%** received home-based (ON 38.6%) rehabilitation*

12** median number of visits (ON 9.0)

76.6% (ON 74.9%) of patients aged 65 and older with atrial fibrillation filled a prescription for anticoagulant therapy within 90 days of acute care discharge*





6.2% of stroke/TIA patients were readmitted within 30 days (ON 6.6%) **11.3%** of stroke/TIA patients died within 30 days (ON 12.1%)

8.2%** of stroke patients were admitted to long-term care within 1-year post discharge (ON 6.3%)



Stroke Care in South East – Quinte, 2020/21

NOTE: Arrow indicates how Quinte is trending from last FY report – improvement indicated by upward green arrow; worsening by downward red arrow



Quinte: 16.5% (ON 14.1%)

Rural Hastings: 14.1%

↓

of ischemic stroke patients received

STROKE IS A MEDICAL EMERGENCY



Quinte: 73.1% (ON 66.2%)

Rural Hastings: 65.4%

of stroke/TIA patients arrived at the emergency department by ambulance

from the emergency department*

QHC:86.1%-97.2%% of patients (ON 63.2%) were referred to secondary prevention services after discharge



QHC: 40 minutes median door-to-needle time (ON 44.0)

(Target: <30 minutes)

hyperacute therapy

By Sub-regions:

Quinte: 5.8%; Rural Hastings: NR:1.7%-8.3%% (ON 5.8%)

EVT (Endovascular therapy)



STROKE UNIT CARE IMPROVES OUTCOMES



1.81 per 1000 population 1 (ON 1.46)

41 hospitals in Ontario have a stroke unit

QHC: 88.1% of stroke patients (ON 56.1%) treated on a stroke unit (Target: >75%)

By Sub regions: Quinte - 84.6% Rural Hastings - 75.4%

SECONDARY PREVENTION OF STROKE OCCURS ACROSS THE CARE CONTINUUM

Quinte -11.8%; Rural Hastings – 12.4% tPA

(tissue plasminogen activator) (Target: >12%)

6.5 days ** 1 (ON 8.0)

Median time from acute admission to inpatient rehabilitation

REHABILITATION OPTIMIZES RECOVERY

Quinte: 20.4%** | (ON 31.4%) Rural Hastings: N/A QHC: 21.0% |

> of patients accessed inpatient rehabilitation

QHC: 78.6 minutes per day of (ON 68.9) inpatient therapy was received per patient (Target: 180 minutes)

STROKE JOURNEY CONTINUES AFTER DISCHARGE



QHC: 60.7 days ** 1 (ON 56.4)

Average number of days spent at home in the first 90 days after stroke

By site: QHC -69.3% (ON 38.6%) **By Sub-Regions:** Quinte - 67.4%** T; Rural Hastings - N/A ** received home-based rehabilitation*

By site: QHC: 11** By Sub-regions: (ON 9.0) Quinte 12**; Rural Hastings: 10** median number of visits

QHC: 83.1% of patients aged 65 and older with atrial fibrillation filled a prescription for anticoagulant therapy within 90 days of acute care discharge* (ON 74.9%)

By Sub-regions: Quinte - 84.0%; **Rural Hastings – 44.4%-88.9%**

*There is currently no data available for outpatient rehabilitation and secondary prevention clinic.

** 2020/21 Q2 (YTD)

PATIENT OUTCOMES

QHC: 6.2% of stroke/TIA patients were readmitted within 30 days (ON 6.6%)

QHC: 9.8% of stroke/TIA patients died within 30 days (ON 12.1%)

By Sub-regions: Quinte - 8.5% ; Rural Hastings - NR%; By Site: QHC - 8.0%** of stroke patients were admitted to long-term care within 1-year post discharge (ON 6.3%)



Common symbols and their meaning

| Symbols | Interpretation |
|--|---|
| ✓ West Central Toronto East North | The LHIN is a member of the LHIN cluster, aka Super-LHIN |
| A | The region or provider is statistically above Ontario performance and high values are preferred |
| A | The region or provider is statistically above Ontario performance and low values are preferred |
| ▼ | The region or provider is statistically below Ontario performance and high values are preferred |
| ▼ | The region or provider is statistically below Ontario performance and low values are preferred |
| • | The region or provider is within a 95% confidence interval of Ontario performance |
| △ ABC High ▽ ABC Low | High and low achievable benchmarks for indicators in which a large value is preferred |
| △ ABC High | High and low achievable benchmarks for indicators in which a low value is preferred |
| ☆ Ontario | Ontario performance in a given fiscal year |
| Rate | Unless specified otherwise, all rates are per 100 cohort patients |
| Fiscal Year | Calendar year of the beginning of a fiscal year (for example, 2018 is 2018/19) |

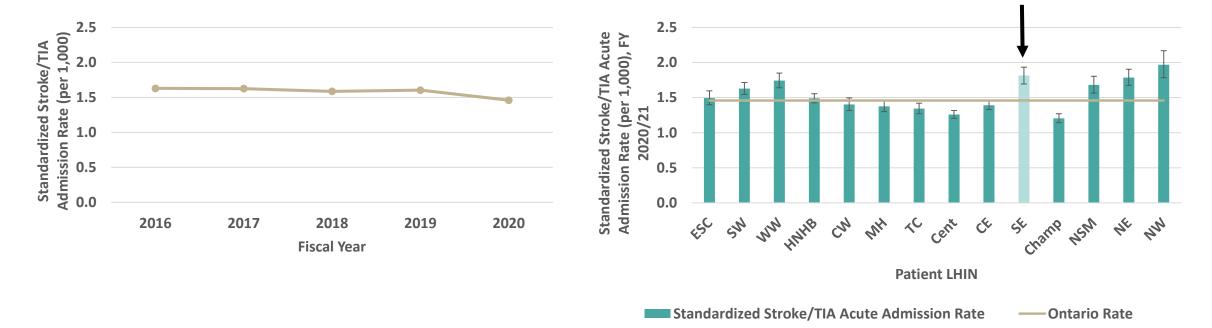
Stroke Prevention Data



Chapter 1: Prevention and Public Awareness of Stroke and TIA in Ontario Indicator 1.1: Standardized Stroke and TIA Admission Rate to Acute Inpatient Care (per 1,000), FY 2020/21

Indicator Description:

The population rate of admission to hospital for stroke & transient ischemic attack (TIA) reflects several factors including the effectiveness of primary and secondary prevention efforts such as control of hypertension and smoking cessation programs. The cohort for this indicator is the Ontario adult population in the Registered Persons Database (RPDB). Ontario and LHIN performance are directly standardized to the 2020 RPDB population age and sex profile.



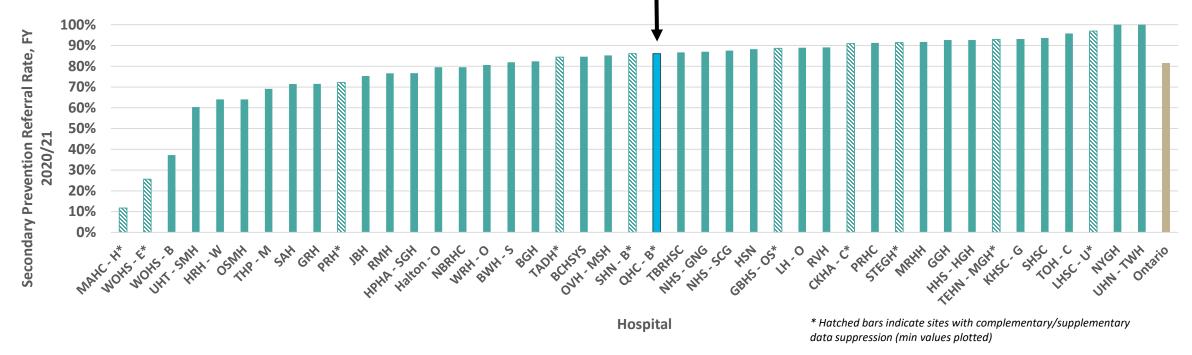
Interpretation Consideration:

Desired directionality is lower. There was very little movement in the Ontario rate between fiscal years 2016 to 2019, however in fiscal year 2020, there was a noticeable decrease. During the early stages in the pandemic, the number of ED visits for stroke decreased⁴, which may account for some of the decrease in admissions for stroke. Only the first (index) stroke in each fiscal year is included. Factors that may contribute to the LHIN variation observed may be reflective of geographic nuances with respect to social determinants health and health resource equity.

Chapter 1: Prevention and Public Awareness of Stroke and TIA in Ontario Indicator 1.2: Secondary Prevention Referral Rate of Stroke & TIA Patients Discharged from the Emergency Department, FY 2020/21 – Hospital Level

Indicator Description:

Proportion of ischemic stroke and transient ischemic attack (TIA) patients discharged from the emergency department (ED) who were referred to secondary prevention services (query stroke/query TIA are excluded).

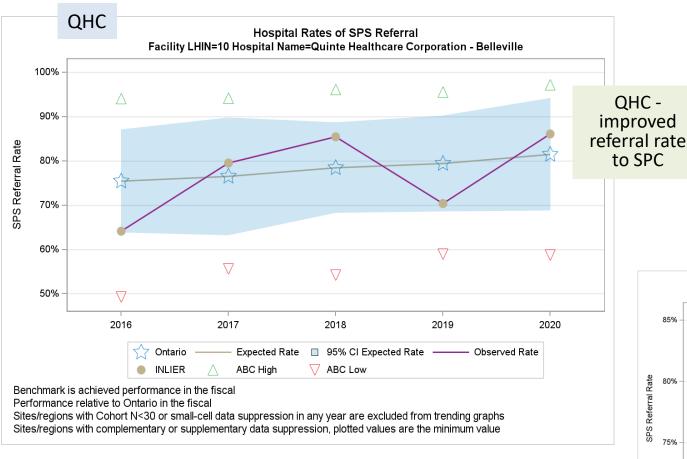


Interpretation Consideration:

Desired directionality is higher. Most of the sites have a rate of 80% or greater for referral to secondary prevention services. The limitation with this metric is, although a patient is referred to a secondary prevention clinic, it is not known whether the patient received services due to a lack of standardized data availability. Additionally, patients discharged from the ED with an unknown diagnosis, may not be captured in the data, and may not be referred yet and still be at risk of stroke. Refer to Appendix B for hospital abbreviations.

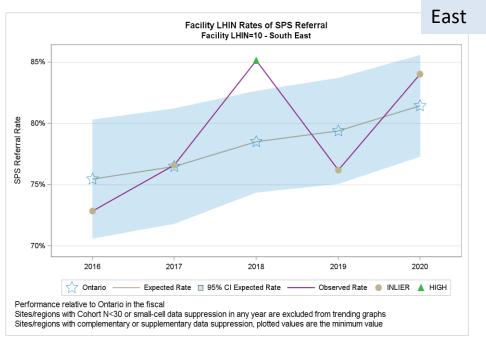
11

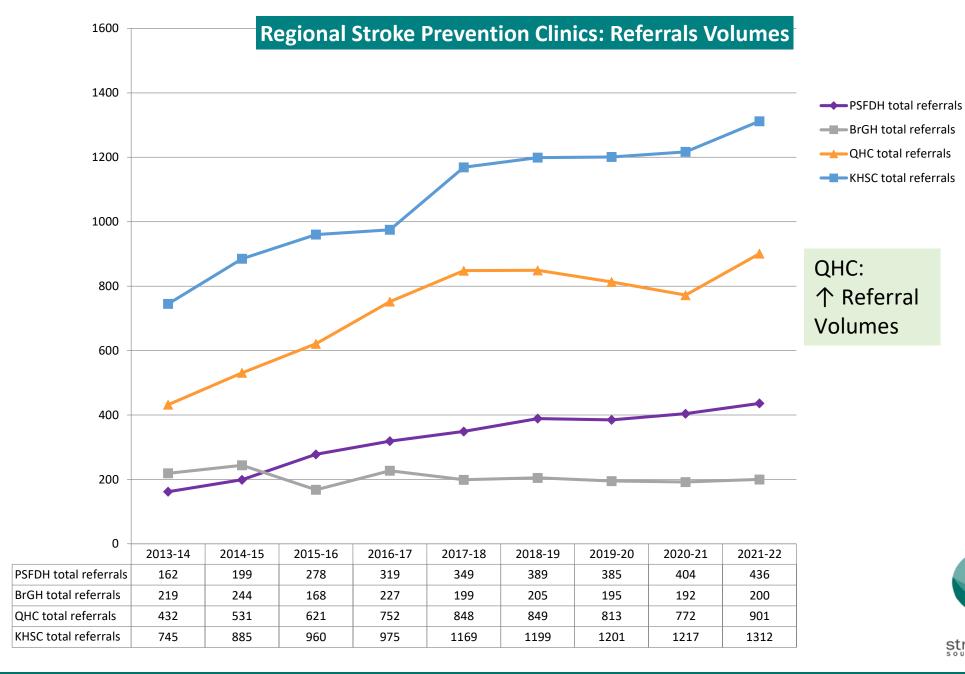
1-2 Secondary Prevention Referral Rate of Stroke & TIA Patients Discharged from the Emergency Department Stroke Report FY 2020-21



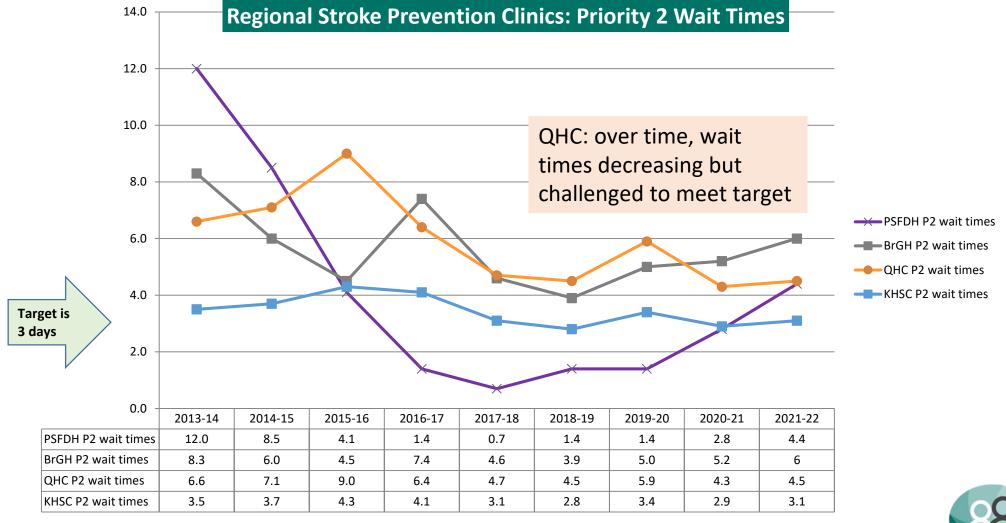
Data reflect Confirmed TIA in ED

South



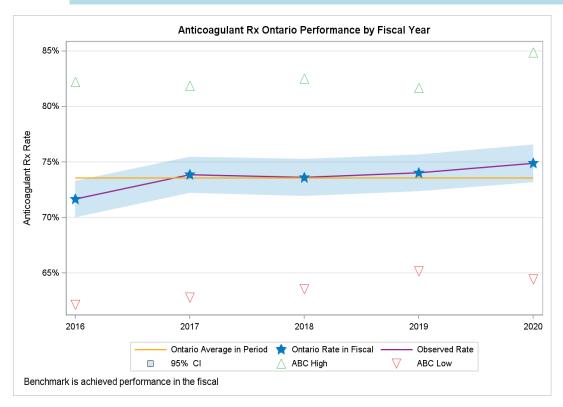








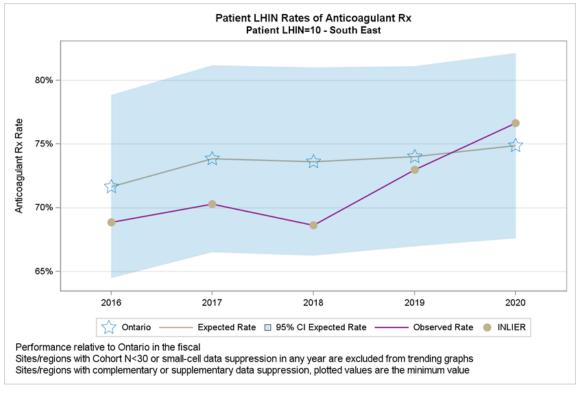
1-3 Anticoagulant Rx within 90 days: Rate for ischemic stroke/TIA patients age 65+ with Hx of Atrial Fibrillation – Stroke Report FY 2020-21



Rates hospital current year (last year)



- QHC Belleville 83.1% (80.4%)
- > KHSC-General 75.4% (73.4%)
- ➢ Brockville General 68.8 to 93.8% (54.5%)
- PSFDH Not reportable (suppressed)



Rates for sub-region current year (last year)

- Quinte sub-region 84.0% (78.8%)
- Rural Hastings sub-region 44.9 to 88.9% (58.3 to 91.7%)
- Kingston sub-region 80.0% (84.4 to 96.9%)
- Rural FLA 61.5 to 92.3% (57.1%)
- LLG sub-region 62.9 to 74.3% (58.5%)

Stroke Prevention (SPC) Discussion

Accomplishments

- Expansion of capacity with increased nursing coverage and virtual care
- Well-established referral processes with EDs & Primary Care
- Efficient **triage**

Ongoing

- Work to sustain/build physician coverage
- QI initiative re anticoagulation adherence: health literacy
- Indigenous Health Deseronto Blood Pressure Screening

FUTURE

- Apply new provincial triage algorithms- Meeting in October, 2022
- Further collaboration with HPE OHT on secondary prevention (e.g. Smoking cessation, BP, hypertension)- linkages with primary care

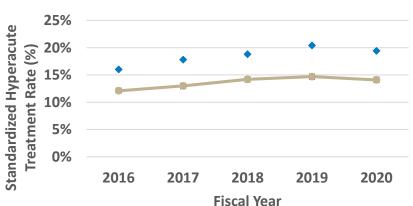




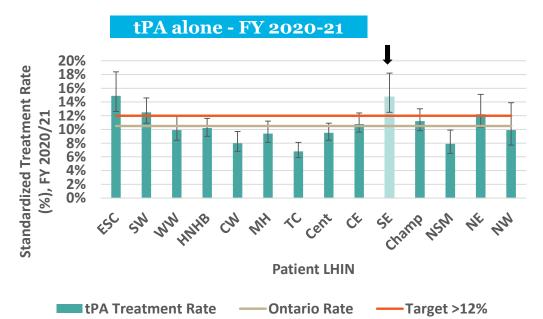
Chapter 2: Hyperacute Care Access and Outcomes for Ischemic Stroke Indicator 2.1.1: Standardized Hyperacute Treatment Rate (tPA and/or EVT), FY 2020/21

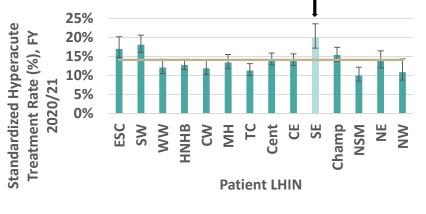
Indicator Description:

This indicator measures the rate of ischemic stroke patients who received hyperacute therapy which includes endovascular thrombectomy (EVT) and/or tissue plasminogen activator (tPA). The indicator is standardized for type II stroke diagnosis (i.e., in-hospital stroke) and whether ischemic stroke was the MRDx.

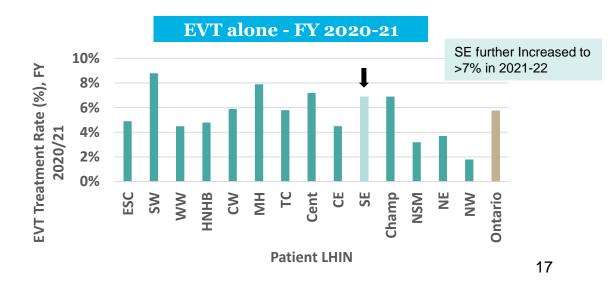






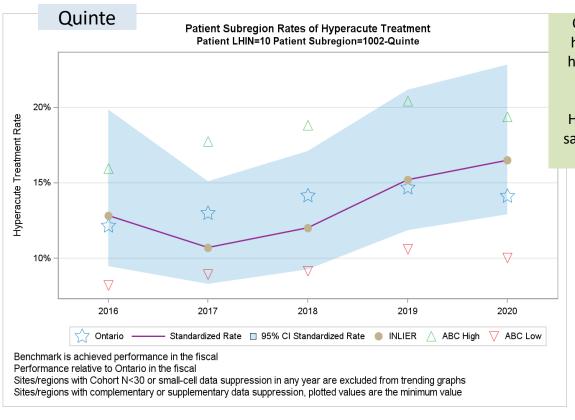


Hyperacute Treatment Rate

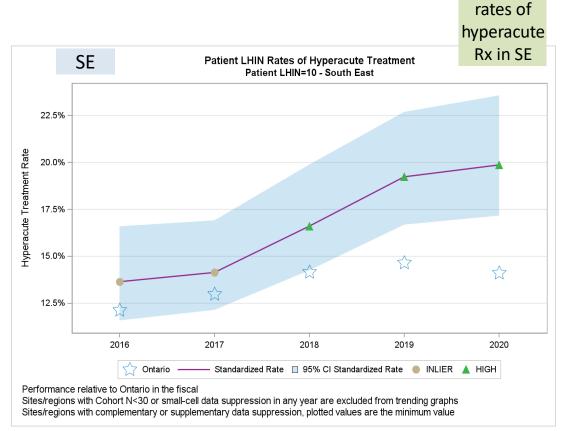


— Ontario Rate

2-1 Hyperacute Treatment Rates Stroke Report FY 2020-21



Quinte rate of hyperacute RX higher than ON rate at 16.5% (Note: Rural Hastings rate is same as ON rate at 14.1%)

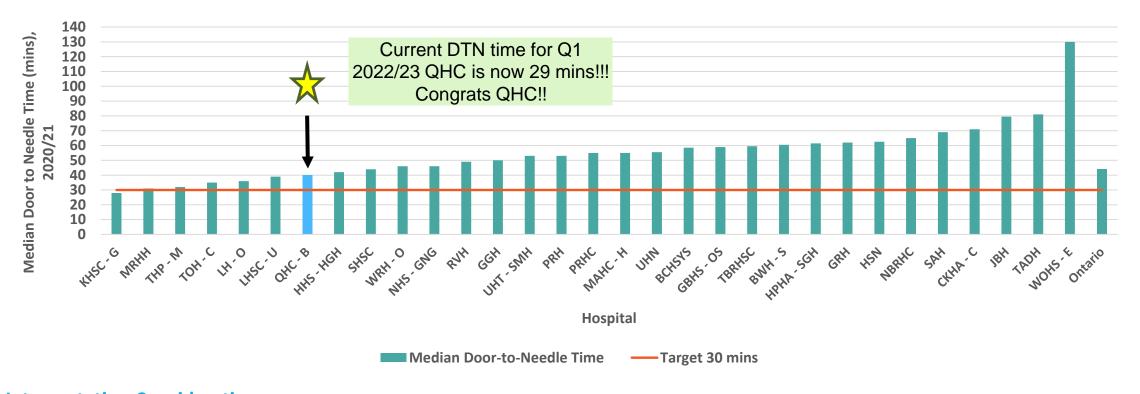


Excellent

Chapter 2: Hyperacute Care Access and Outcomes for Ischemic Stroke Indicator 2.2: Median Door-to-Needle Time for tPA Treatment (mins), FY 2020/21 – Hospital Level

Indicator Description:

The time, in minutes, between a stroke patient's emergency department (ED) door time and the time thrombolysis with tissue plasminogen activator (tPA) was administered is referred to as door-to-needle (DTN) time. The target median door to needle time is 30 minutes.³



Interpretation Consideration:

Desired directionality is lower. Start of the ED door time is defined as ED triage or ED registration time (which ever comes first). KHSC-G was the only hospital that achieved target time. Median door-to-needle time ranges from 28 minutes (KHSC–G) to 130 minutes (WOHS-E). Hospitals should be reviewing their processes of care to drive quality improvement on access to this time dependent treatment. Refer to Appendix B for hospital abbreviations.

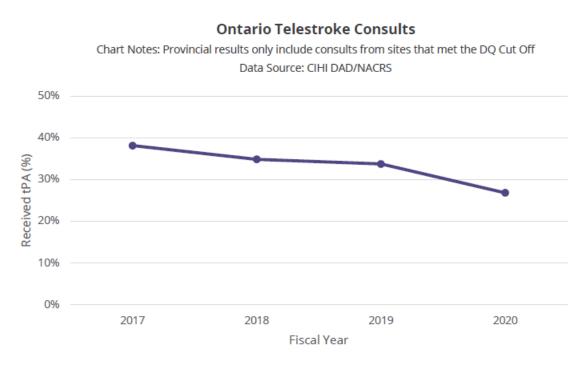
Ontario Telestroke Report 2021-22

Chapter 2: Treatment

Indicator 2.1: Proportion of Ischemic/Unspecified Telestroke Consults Treated with tPA

Indicator Description:

This indicator reports the proportion of ischemic/unspecified Telestroke consults that received Tissue Plasminogen Activator (tPA).



Site Level Results (FY 2020/21)



Hospitals

QHC- BGH NBRHC

Interpretation Considerations

- Only sites that achieved ≥60.0% for the DQI 1: Ratio of Unique Telestroke Consult Patients Based on SP 640 and CritiCall have been included in the provincial results and data visualizations.
- Currently there is no validated targets for this indicator; a higher treatment rate is desired.
- This indicator does not take into consideration the 4.5-hour treatment window. Site performance may be influenced by patient behaviour (e.g., delays in seeking medical attention). Hospitals need to take into consideration pre-hospital factors that may be influencing results. Sites should be utilizing the Telestroke Referral Worksheet to identify Telestroke eligible patients.
- . This indicator does not take into consideration patient factors which may influence tPA eligibility (e.g., prescribed and using direct non-vitamin K oral anticoagulants).
- PRN Telestroke Sites may have a lower rate if Telestroke is leveraged for EVT only.
- A decrease in the proportion of Telestroke consults receiving tPA over the last three years is expected given the expanded scope of Telestroke to support EVT referral (i.e., Telestroke is now used to support patients who may be ineligible for tPA).

Received tPA

BWH-S

BCHSYS

CCH

PRH

AMGH

.

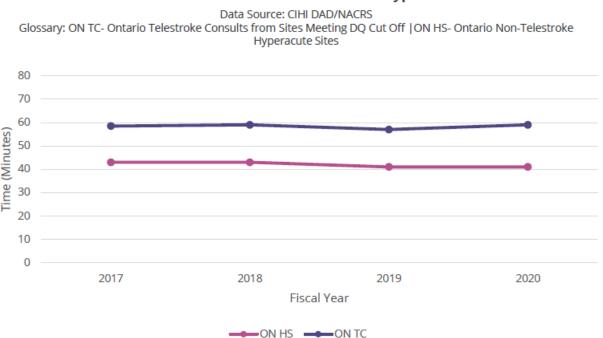
Ontario Telestroke Report 2021-22

Chapter 2: Treatment Indicator 2.2: Door to Needle Time (DTN) for Telestroke Patients (Minutes)

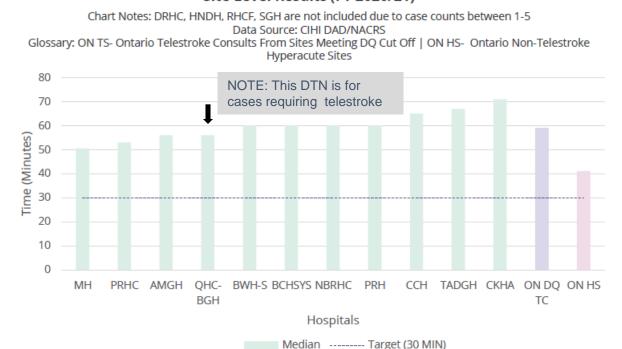
Indicator Description:

This indicator reports the median time, in minutes, between a stroke patient's registration/triage in the emergency department and the time intravenous thrombolysis with tissue plasminogen activator (tPA) was administered.

Ontario Telestroke Consults and Ontario Hyperacute Sites



Site Level Results (FY 2020/21)



Interpretation Considerations

- Only sites that achieved ≥60.0% for the DQI 1: Ratio of Unique Telestroke Consult Patients Based on SP 640 and CritiCall have been included in the provincial results and data visualizations
- For this indicator, a lower value is desired; the target of 30 minutes has been adopted from the Canadian Stroke Best Practice Recommendations.
- Ontario Hyperacute Sites include all non-Telestroke sites that administer tPA (as indicated by CorHealth Ontario's 2019/20 Hospital Resource Inventory). A list of these hospitals can be found in the appendix (Appendix-Table 8). It should be noted that Telestroke Consults represent only a select group of ischemic/unspecified stroke patients from the Telestroke site. In contrast, all ischemic/unspecified patients presenting to the non-Telestroke hyperacute site are included in the comparator. Ideally, when data quality improves and Telestroke Consults can be identified with more accuracy, Telestroke Consults would be compared to non-Telestroke consults at both Telestroke and Non-Telestroke Hyperacute Sites.

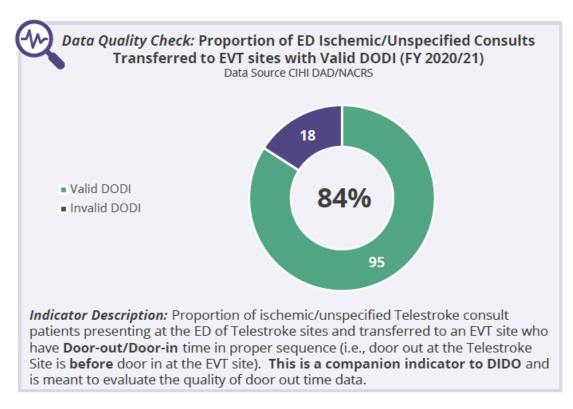
Ontario Telestroke Report 2021-22

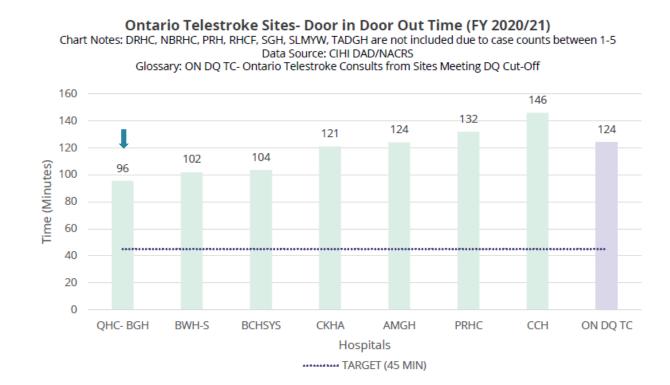
Chapter 2: Treatment

Indicator 2.5: Door in Door Out (DIDO) Time (Minutes)

Indicator Description:

This indicator reports the median time, in minutes, between the entry time and discharge time in the emergency department (ED) at a Telestroke site among ischemic/unspecified Telestroke consult patients transferred to an EVT site.





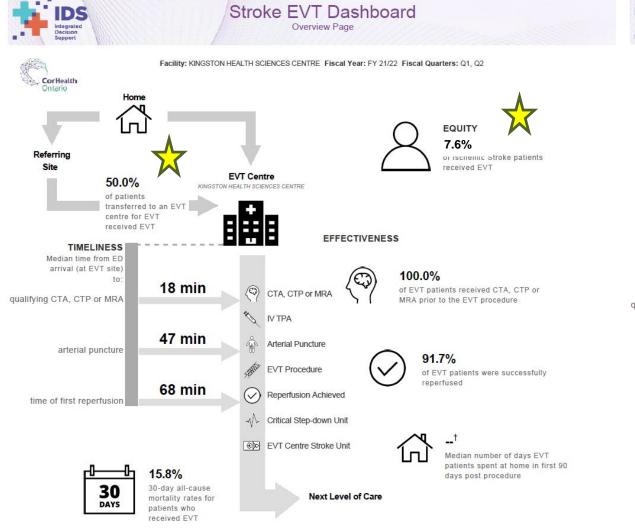
Interpretation Considerations

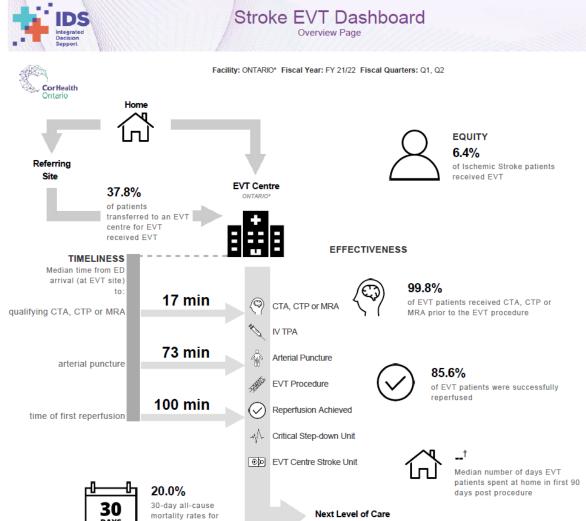
- Only sites that achieved ≥60.0% for the DQI 1: Ratio of Unique Telestroke Consult Patients Based on SP 640 and CritiCall have been included in the provincial results and data visualizations
- Records with invalid DODI time have been excluded from results (i.e., Telestroke ED door-out time is after entry time at EVT Site). This data quality issue may reflect coding at the Telestroke or EVT site.
- For this indicator, a lower value is desired; the target of 45 minutes is adopted from the Canadian Stroke Best Practice Recommendations, Key Performance Indicators.
- Rapid door in door out times are critical for patients being transferred for EVT. Patient-level data for transfer purpose, however, is currently not available to CorHealth. As such, all Telestroke consults transferred to an EVT site are considered transfers for EVT; it is possible that transfers may be for reasons other than EVT (e.g., stroke unit care) where time may not be as critical.
- There has been a slight methodological change to this indicator. Please refer to the Appendix or Technical Specifications document for details.

CorHealth Ontario EVT Report FY 2021-22 – Q1, Q2 (April to Sept)

Kingston

Ontario





patients who received EVT

KHSC EVT Current Outcomes

Target*: 46% with 90 day Modified Rankin Scale (MRS) score of ≤ 2 (minimal to no disability) *based on Hermes Meta-Analysis

Over 250 anterior and 15 posterior cases to March 31, 2022

Most recent analysis FY 2021-22:

- 72 anterior, 4 posterior circulation cases completed
- ongoing growth from last fiscal
- ➤ Geographic distribution: HPE 24; KFLA 32 (5 from L&A); LLG 18; 2 out of region
- > 36 female/40 male

For the 71 anterior cases – using Best MRS score – some still improving

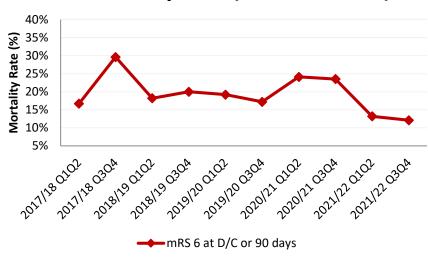
- > 31/71 (43.7%) with minimal to no disability MRS </= 2
- > 22/71 (31%) with moderate disability
- > 9/71 (12.7%) with severe disability
- > 9/71 (12.7%) mortality

Times: 13 min D to CT; 23 min DTN; 39 min D to Groin puncture, 57 min D to Reperfusion

27 cases treated between 6 and 24 hours in FY 2021-22

- ➤ 24 Anterior cases & 3 Post cases: HPE 10; KFLA 8 (4 L&A); LLG 8; 1 other region
- Disability Outcomes:
 - > 12/27 (44.4%) minimal to no disability
 - > 8/27 (29.6%) moderate disability
 - > 1/27 (3.7%) severe disability
 - ➤ 6/27 (22.2%) mortality provincial mortality rate for ALL cases is 20%

EVT Mortality Rate (Anterior Cases)





Centre des sciences de la santé de Kingston

Belleville EVT Outcomes/Process Times FY 2018/19 to FY 2021/22

Outcome Summary for <mark>67</mark> Anterior Circulation EVT Cases Transferred from Belleville Best Modified Rankin Scale Scores

- 31/67 (46.3%) Minimal to no disability MRSS ≤ 2 at DC/90dys NOTE: some cases likely to improve by 90 days
- 17/67 (25.4%) Moderate disability MRSS 3 or 4 at DC or FUP
- 10/67 (14.9%) Severe disability MRSS of 5
- 9/67 (13.4%) Mortality

Reperfusion Scores for 30 Anterior Circulation Cases

TiCi2b-3: 61/67 (91.0%) achieved reperfusion

TiCi0-2a: 6/67 (9.0%) did not achieve reperfusion

Median Process Times for Anterior Circulation Cases (Door=KHSC-KGH ED Door)

- Door to CT: 10 min (target 15 mins)
- Door to Groin Puncture: 19 min (target 60 mins)
- Door to First Reperfusion: **39** min (target 90 mins)

25 Anterior Cases treated with EVT Post 6 Hours

Modified Rankin Scale Scores at DC or 90-day Follow-up for 25 cases presenting with stroke symptoms > 6 hours

- 12/25 (48.0%) Minimal to no disability MRSS ≤ 2
- 9/25 (36.0%) Moderate disability MRSS 3 or 4
- 1/25 (4.0%) Severe disability MRSS of 5
- 3/25 (12.0%) Mortality



Hyperacute (ED) Discussion

Accomplishments:

- Access: Established protocols for 24 hour window using ACT-FAST
- Well established transfer processes for EVT
- Timeliness: DTN times improved to reach target!!

Ongoing:

- Continue to implement strategies to keep DTN at provincial target and decrease Door-IN-Door-OUT times
- FUTURE: TNK versus tPA

Refer to <u>SEO Regional Stroke Best Practice Workplan 2021-23</u>





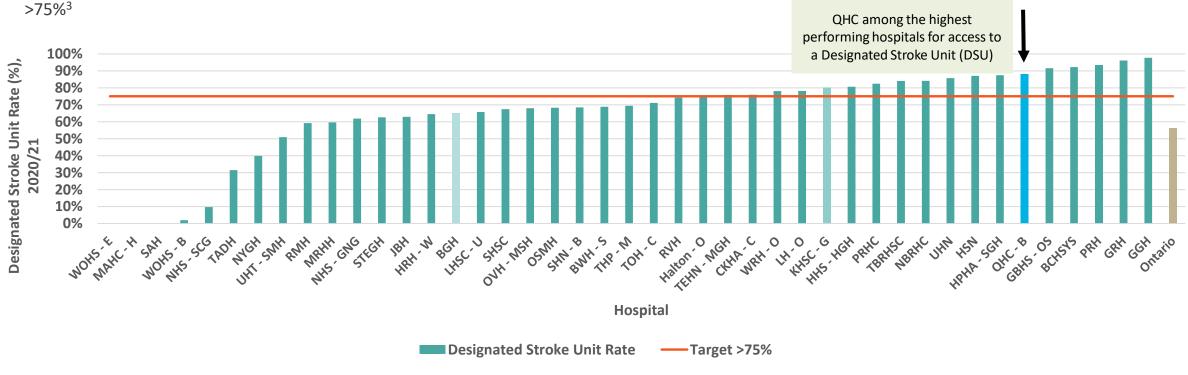
Acute and Rehab Stroke Data *Integrated Stroke Unit*



Chapter 3: Acute Care Access and Outcomes for Stroke and TIA Indicator 3.1: Designated Stroke Unit Rate for Stroke/TIA Acute Patients, FY 2020/21 – Hospital Level

Indicator Description:

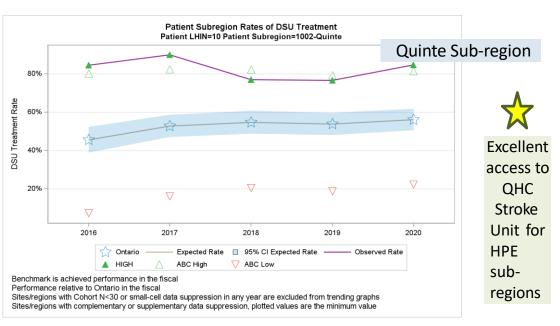
This indicator measures the proportion of stroke/TIA patients treated in a designated stroke unit for any part of their index (first) admission. Target is

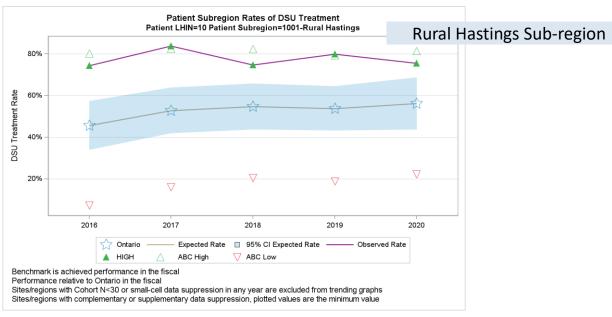


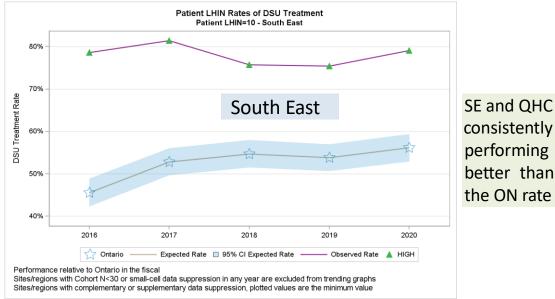
Interpretation Consideration:

Desired directionality is high. Patients who receive stroke unit care are more likely to survive, return home and regain independence compared to patients who receive generalized care.² To optimize access and improve outcomes to this specialized care, consideration will need to be given to hospital (local) and regional level barriers and enablers. In addition, review and update of the indicator methodology may be helpful to ensure that measurement is reflective of the true performance within the system (e.g., patients not treated in a stroke unit at the index hospital, but are transferred and treated in a stroke unit at the receiving hospital are currently not counted). Refer to Appendix B for hospital abbreviations.

3.1 Designated Stroke Unit Rate for Stroke/TIA Acute Patients





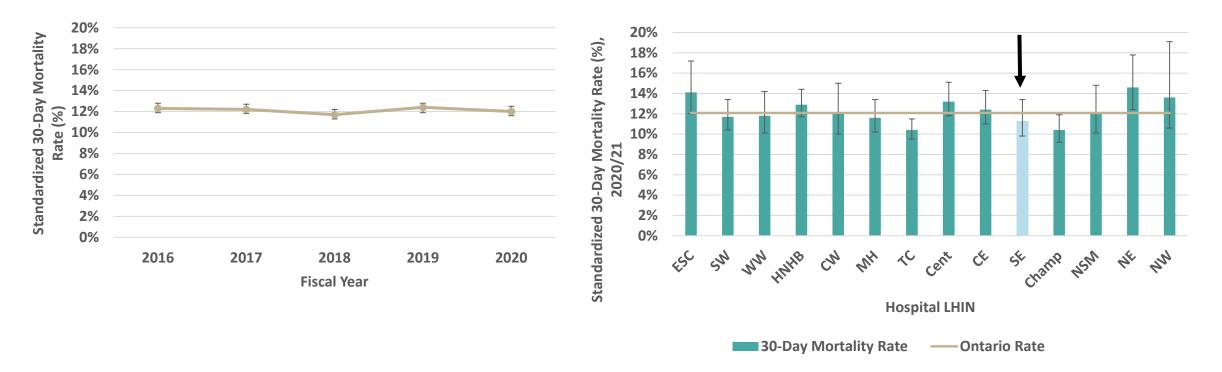


SE and QHC consistently

Chapter 3: Acute Care Access and Outcomes for Stroke and TIA Indicator 3.3: Standardized 30-Day All-Cause Mortality Rate of Stroke and TIA Admissions to Acute Care, FY 2020/21

Indicator Description:

This indicator measures the all-cause mortality rate in the 30-days following admission for stroke or TIA. This indicator is adjusted for patient age, stroke type, ambulance arrival and medical history factors including hypertension, atrial fibrillation, and a Charlson Comorbidity Index Score of 7+.



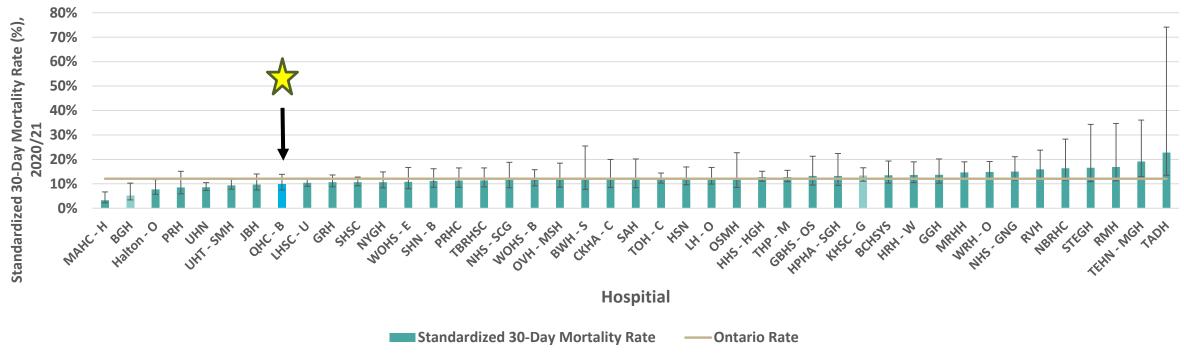
Interpretation Consideration:

Desired directionality is low. The standardized mortality rate for Ontario has remained relatively flat for the past five years (including the first year of the pandemic) around 12%. There is variation amongst the LHINs, with TC and Champlain LHIN being significantly lower than the Ontario rate. This indicator measures all-cause mortality; therefore, death may not be related to the stroke event.

Chapter 3: Acute Care Access and Outcomes for Stroke and TIA Indicator 3.3: Standardized 30-Day All-Cause Mortality Rate of Stroke and TIA Admissions to Acute Care, FY 2020/21 – Hospital Level

Indicator Description:

This indicator measures the all-cause mortality rate in the 30-days following admission for stroke or TIA. This indicator is adjusted for patient age, stroke type, ambulance arrival and medical history factors including hypertension, atrial fibrillation, and a Charlson Comorbidity Index Score of 7+.



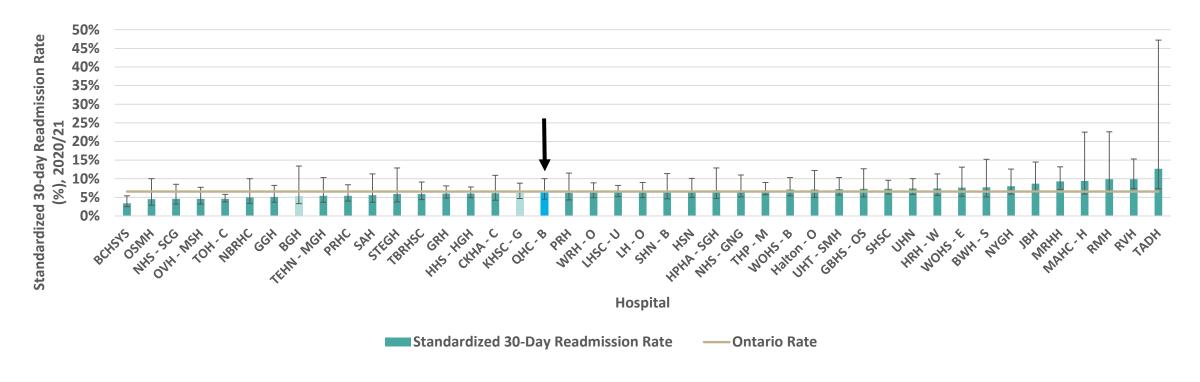
Interpretation Consideration:

Desired directionality is low. In 2020, most of the hospitals were not statistically different than the Ontario rate, though some show more variance than others. There may be opportunity to improve consistency of outcomes within or across centres. This indicator measures all-cause mortality; therefore, death may not be related to the stroke event. Refer to Appendix B for hospital abbreviations.

Chapter 3: Acute Care Access and Outcomes for Stroke and TIA Indicator 3.4: Standardized 30-Day All-Cause Readmission Rate, FY 2020/21 – Hospital Level

Indicator Description:

This indicator measures the rate at which TIA and stroke patients are readmitted for any cause in the 30-days following discharge from acute care or the emergency department. This indicator is adjusted for patient age and stroke type.

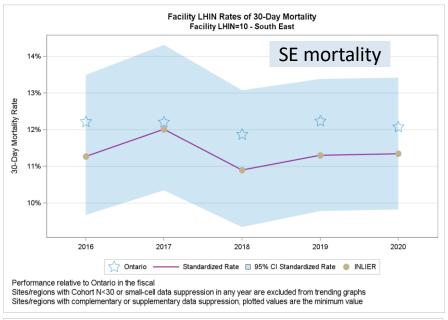


Interpretation Consideration:

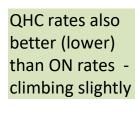
Desired directionality is low. This indicator is for all-cause readmission; therefore, a patient can be readmitted due to non-stroke related causes. In 2020, BCHSYS and TOH-C were the only two hospitals that were statistically lower than the Ontario rate. Some show more variance than others.

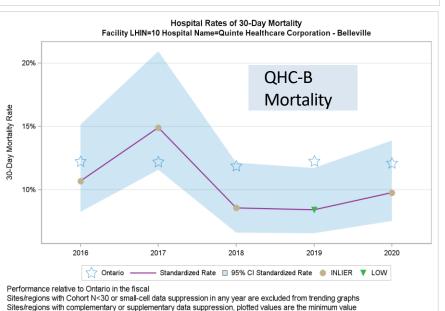
There may be opportunity to improve consistency of outcomes within or across centres. Refer to Appendix B for hospital abbreviations.

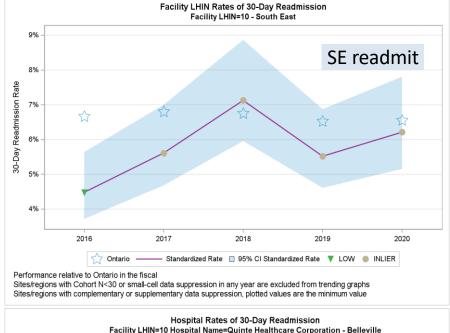
3.3 and 3.4 Outcomes – 30-day Stroke Mortality Stroke Report FY 2020-2021 and 30-day Readmission Rate for all causes FY 2020-2021

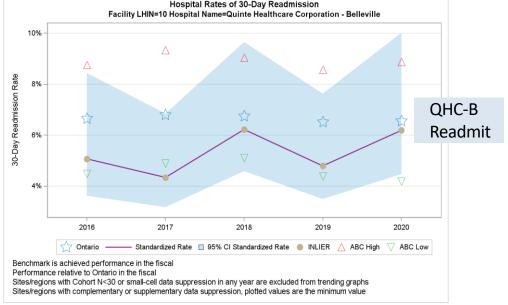


South East performing better (lower) than the ON rate

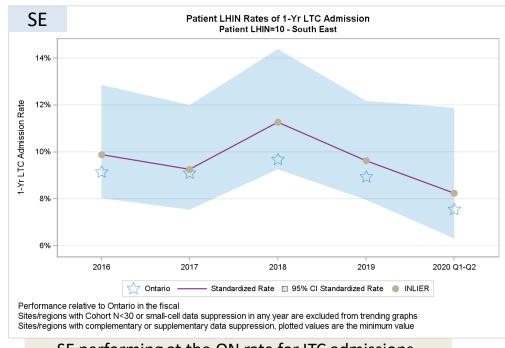




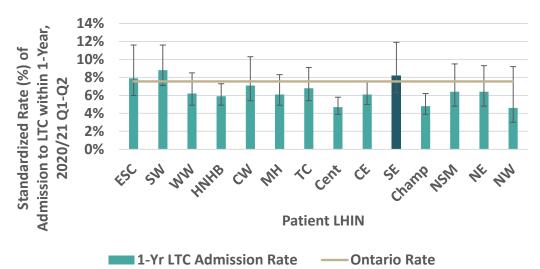


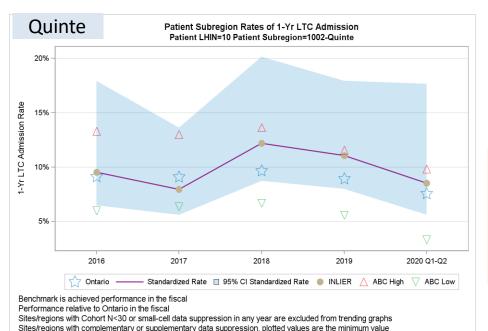


Quinte Stroke Report Acute Care Areas of Concern



SE performing at the ON rate for LTC admissions





Quinte rates are higher than the ON rate for LTC admissions (3 year trend shows improving)

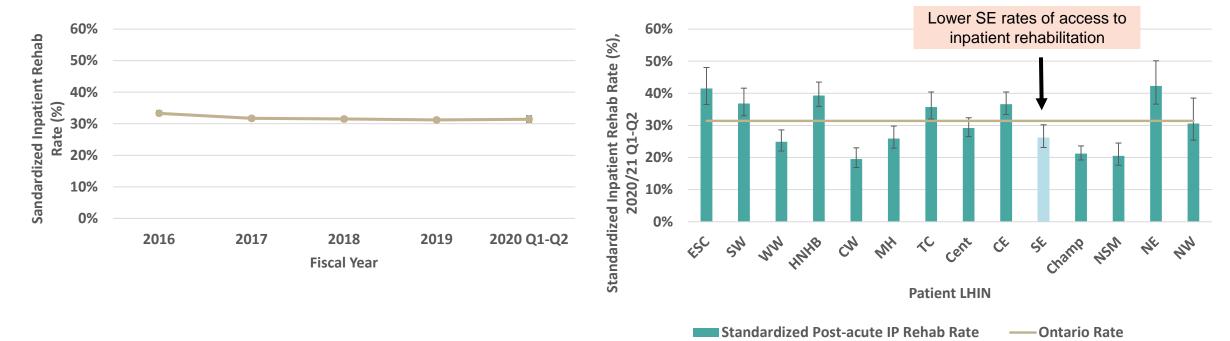
Acute and Rehab Stroke Data *Inpatient Rehab*



Chapter 4: Post-Acute Stroke Rehabilitation Access and Timeliness Indicator 4.1.2: Standardized Rate of Access to Post-Acute Inpatient Rehabilitation, FY 2020/21 Q1-Q2

Indicator Description:

Proportion of stroke patients discharged alive from acute care who went into inpatient rehabilitation. The indicator is standardized for stroke type and AlphaFIM® instrument (AlphaFIM®) score which provides insight into the stroke severity (level of functional status and disability).



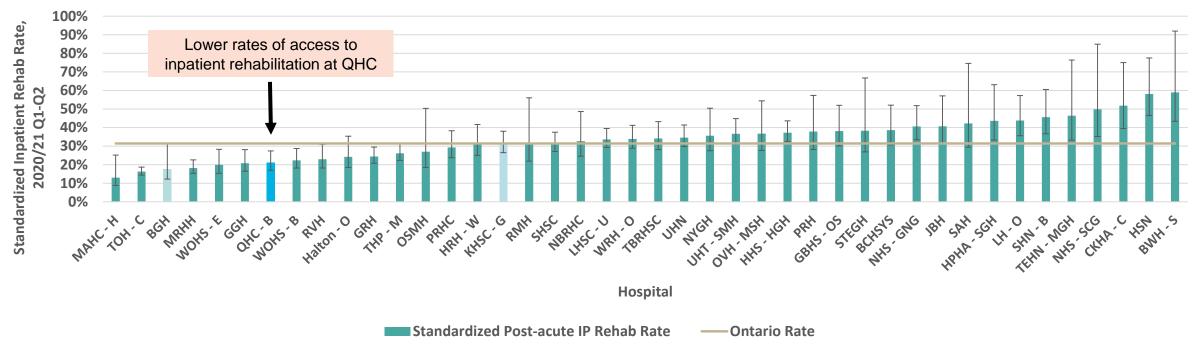
Interpretation Considerations:

Inpatient rehab is most appropriate for stroke patients with moderate to severe disability. For the last four fiscal years (2017-2020), access to inpatient stroke rehabilitation has been relatively steady at around 31%. Interesting to note, in the early stages of the pandemic, access to inpatient stroke rehabilitation did not change. There is high variability of access to inpatient stroke rehabilitation across the LHINs. High rates may reflect lack of access to community-based rehabilitation, necessitating admission of stroke patients with milder disability to inpatient rehab programs. Regional context and availability of all rehabilitation services should be considered when interpreting this indicator.

Chapter 4: Post-Acute Stroke Rehabilitation Access and Timeliness Indicator 4.1.2: Standardized Rate of Access to Post-Acute Inpatient Rehabilitation, FY 2020/21 Q1-Q2 – Hospital Level

Indicator Description:

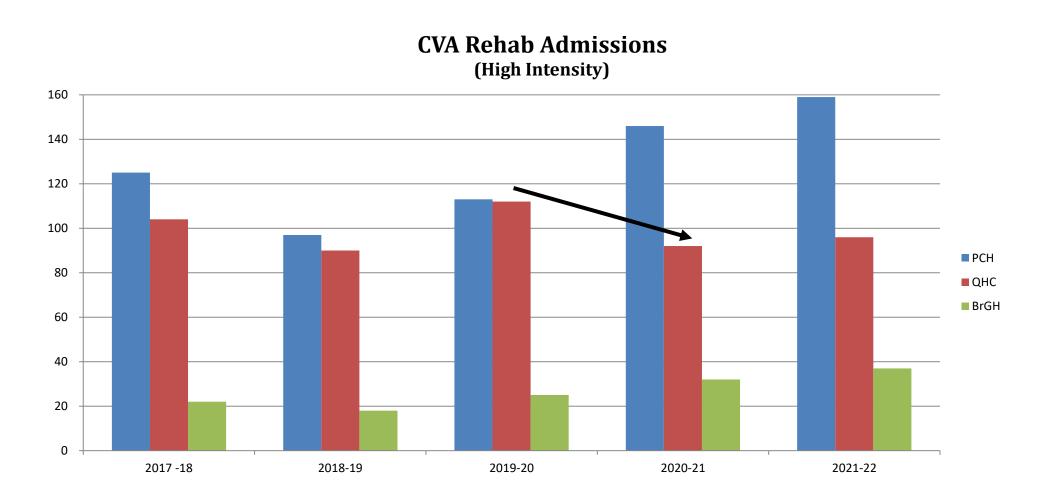
Proportion of stroke patients discharged alive from acute care who went into inpatient (IP) rehabilitation. The indicator is standardized for stroke type and AlphaFIM® instrument (AlphaFIM®) score which provides insight into the stroke severity (level of functional status and disability).



Interpretation Considerations:

This indicator is reported by index (first) acute hospital i.e., if a patient is transferred from hospital A to hospital B, and is subsequently discharged to inpatient rehabilitation, that patient is attributed to hospital A. Across these acute hospitals there is high variability of access to inpatient rehabilitation beds for stroke patients. To optimize access to inpatient stroke rehabilitation care, all hospitals should continue to work with their system partners to ensure services, capacity, resources and pathways are adequate to meet patients' needs across all rehabilitation settings. Refer to Appendix B for hospital abbreviations.

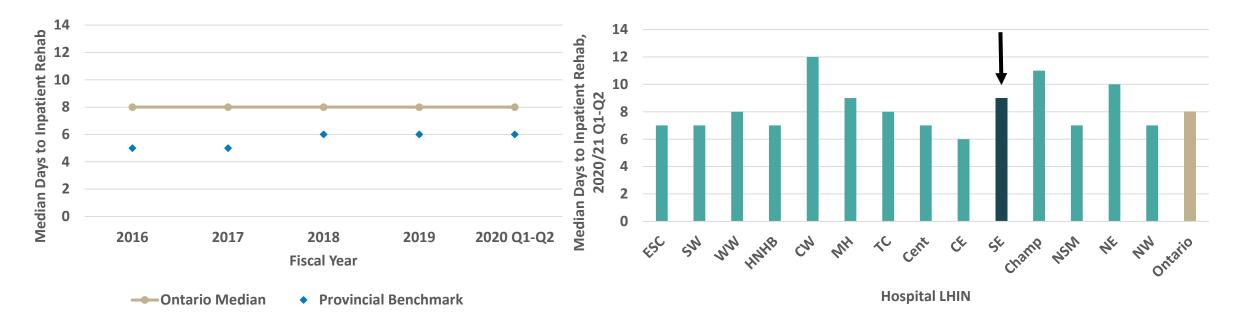
Regional Stroke Dashboard: Stroke Rehab Volumes to 2021-22



Chapter 4: Post-Acute Stroke Rehabilitation Access and Timeliness Indicator 4.2.1: Median Days to First Post-Acute Inpatient Rehabilitation, FY 2020/21 Q1-Q2

Indicator Description:

Median time (days) from acute admission to post-acute inpatient rehabilitation admission. Metric includes stroke patients that were admitted to inpatient rehabilitation within one calendar day following discharge from acute care.



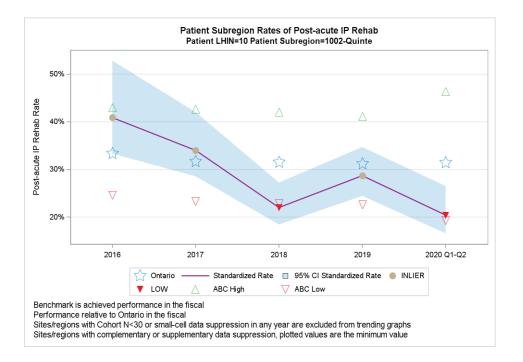
Interpretation Considerations:

Best practice recommends that ischemic stroke patients should access inpatient rehabilitation by day 6 of acute admission, and hemorrhagic stroke patients should access inpatient rehabilitation by day 8 of their acute admission. Provincially, median days to inpatient rehabilitation was 8 days for the entire reporting period, and the early stages of the pandemic did not delay access to inpatient rehabilitation. There is regional variability which may reflect various factors e.g., inpatient and community-based rehabilitation capacity, referral processes, stroke type and medical complexities.

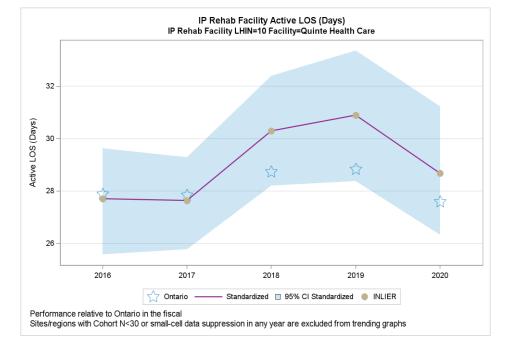
Quinte Stroke Report Access to Inpatient Rehabilitation

| Fiscal Year | Facility LHIN Cluster | Facility LHIN | Hospital Name | Significance of Difference from Provincial Reference Rate | Cohort N | Median Days to IP Rehab in Fiscal | Lower 95% CI of Median Days to IP Rehab |
|-------------|-----------------------------|-----------------|--|--|----------|---|--|
| 2016 | East | 10 - South East | Quinte Healthcare Corporation - Belleville | LOW | 65 | 5.0 | 4.0 |
| 2017 | East | 10 - South East | Quinte Healthcare Corporation - Belleville | LOW | 78 | 4.0 | 3.0 |
| 2018 | East | 10 - South East | Quinte Healthcare Corporation - Belleville | LOW | 61 | 5.0 | 4.0 |
| 2019 | East | 10 - South East | Quinte Healthcare Corporation - Belleville | INLIER | 73 | 7.0 | 5.0 |
| 2020 Q1-Q2 | East | 10 - South East | Quinte Healthcare Corporation - Belleville | | 26 | 6.5 | 5.0 |

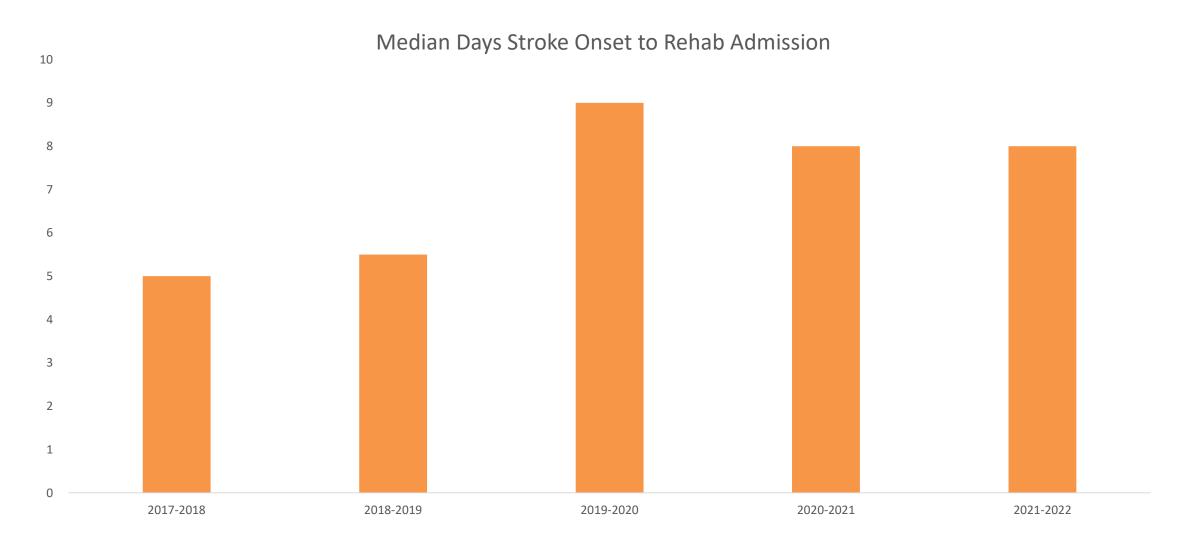
Days waiting for Inpatient Rehab increased from 2017-18 to 2019-20; Still higher than previous years



Access to Inpatient rehab decreasing in Quinte



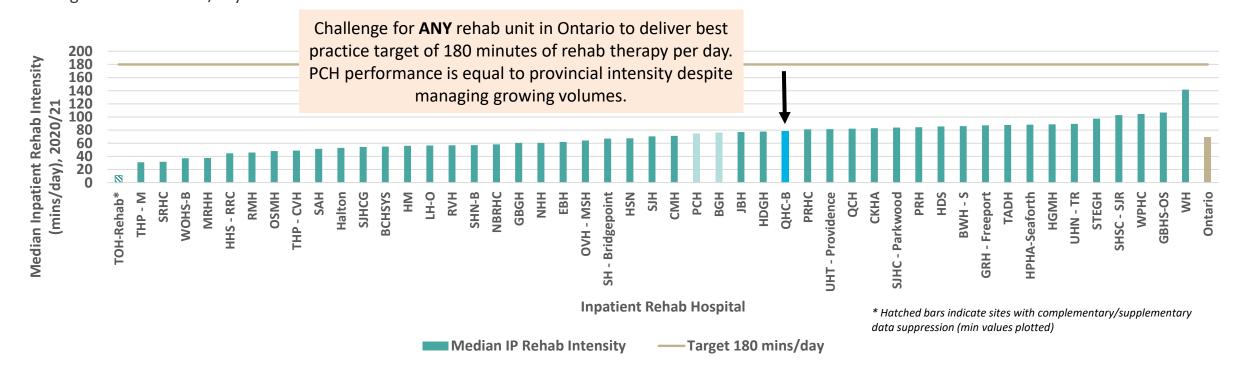
Regional Stroke Dashboard: QHC Time from Onset to Rehab Admission



Chapter 4: Post-Acute Stroke Rehabilitation Access and Timeliness Indicator 4.5: Median Minutes per Day of Direct Inpatient Rehabilitation Therapy, FY 2020/21 – Hospital Level Rehab Intensity

Indicator Description:

This indicator measures number of minutes per day of direct therapy (OT, PT, SLP) received by stroke patients during their active inpatient rehab stay. Target is 180 minutes/day⁵

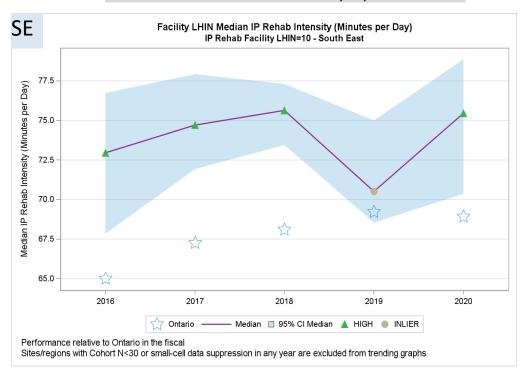


Interpretation Considerations:

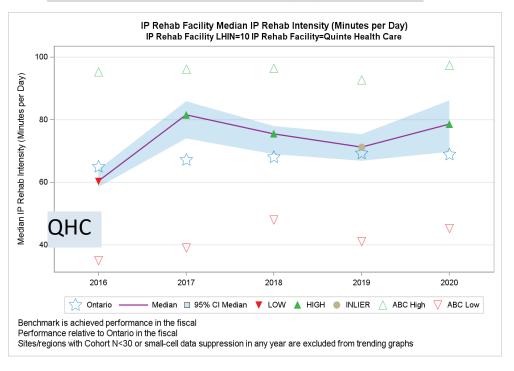
Desired directionality is high. There is wide variation in hospital performance in 2020 from 10.9 minutes per day for TOH-Rehab to 141.7 minutes per day for WH. All inpatient rehabilitation hospitals are below the target of 180 minutes per day of direct inpatient rehabilitation therapy. Factors influencing rehabilitation time require further investigation. This metric excludes group therapy, and any rehabilitation assistant time that accounts for more than 33% of the total rehabilitation time. Refer to Appendix B for hospital abbreviations.

Quinte Stroke Report Rehabilitation Intensity

Southeast region above ON expected rate For median minutes of daily Inpatient Rehab



QHC above ON expected rate For median minutes of daily Inpatient Rehab

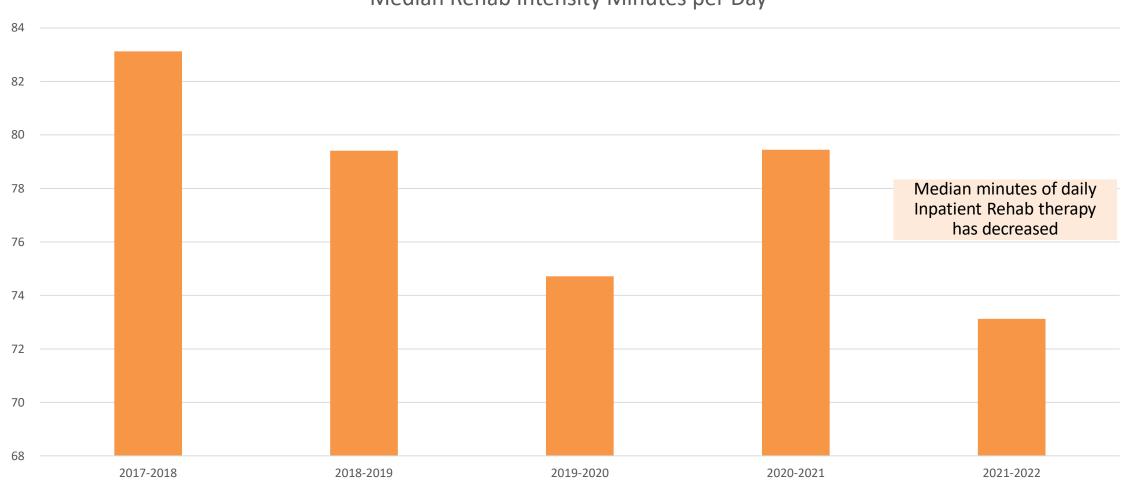


NOTE:

Median minutes of daily Inpatient Rehab therapy best practice target = 180 minutes per day *no ON hospital meeting target*

Regional Stroke Dashboard: QHC Rehabilitation Intensity





Acute and Rehab Stroke Discussion "ONE TEAM"

Accomplishments

- Sustained Integrated Stroke Unit care and Stroke Unit utilization Rate
- Application for Accreditation Canada Stroke Distinction Program

Ongoing

- Building stroke expertise and interprofessional care processes
- Building interprofessional patient education processes
- Maximizing Inpatient Rehab Intensity: use of Rehab Assistants, scheduling
- Enhancing transitions to the community setting

• FUTURE:

- Warm hand-offs to community-increase discharge meetings and more efficient modes of information transfer
- Reduce acute to rehab transition time with new Hospitalist/PA model on S3









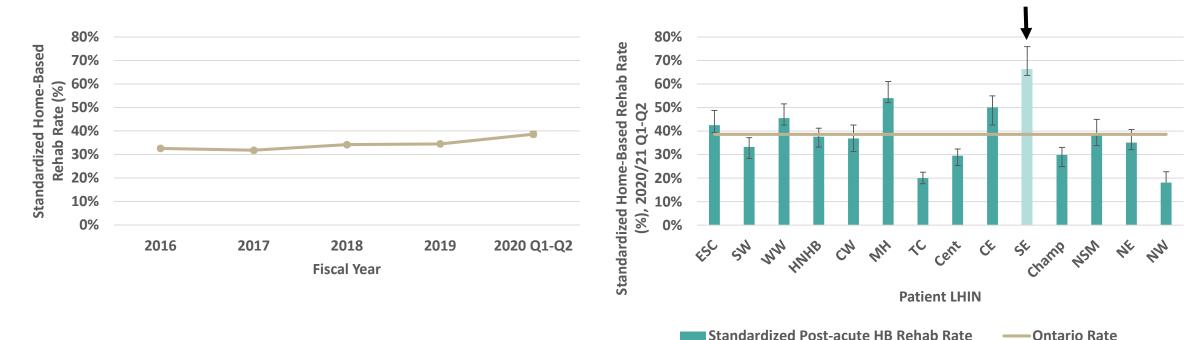
Community Stroke Data Community Rehab Community Supports



Chapter 4: Post-Acute Stroke Rehabilitation Access and Timeliness Indicator 4.1.3: Standardized Rate of Access to Post-Acute Home-Based Rehabilitation, FY 2020/21 Q1-Q2

Indicator Description:

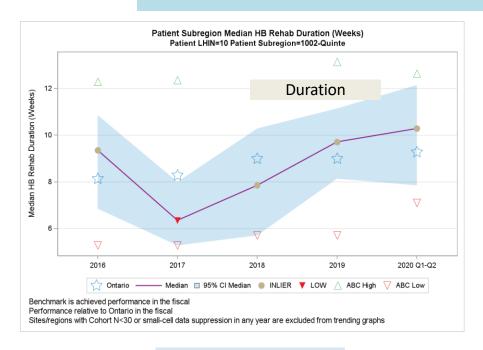
Proportion of stroke patients discharged alive from acute care who received at least 3 home-based rehabilitation visits. The indicator is standardized for stroke type and AlphaFIM® instrument (AlphaFIM®) score which provides insight into the stroke severity (level of functional status and disability).

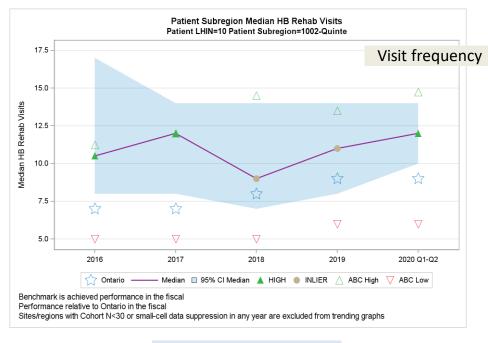


Interpretation Considerations:

Provincial access to home-based rehabilitation increased from 33% in 2016 to 39% in 2020 Q1-Q2. Access to home-based rehabilitation increased in the first two quarters of the pandemic, and this is likely associated with the pandemic related outpatient rehabilitation closures. When data are available for the last two quarters of 2020, it will be interesting to see if this increase is sustained. There is variability within the LHINs which may reflect availability of both inpatient and outpatient rehabilitation services; however, there is no standardized provincial system to capture outpatient rehabilitation data. Furthermore, home-based rehabilitation provided by hospitals, are not captured in the HCD (homecare database). For a listing of in-home Community Stroke Rehabilitation Programs across Ontario, see Appendix E.

Quinte Stroke Report Home-based Rehabilitation





Quinte area access to IP rehab higher than ON rate

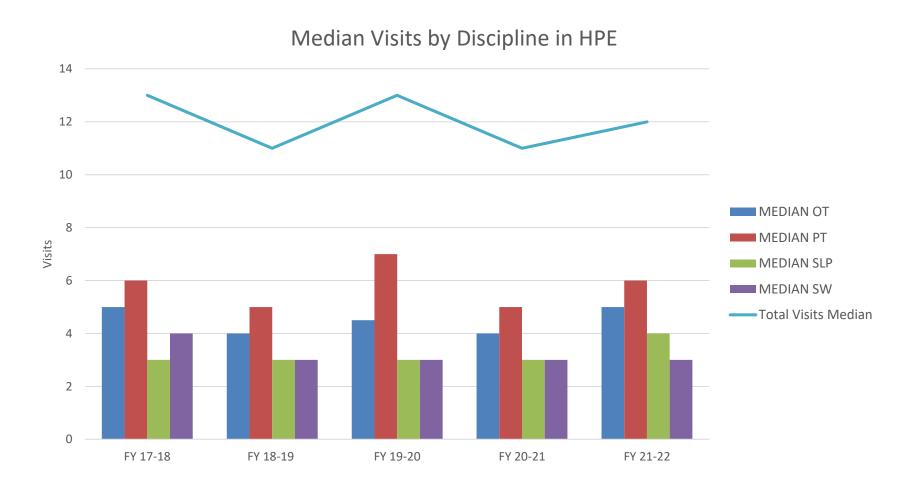
Quinte Sub-region

Quinte Sub-region

| Fiscal Year | Patient LHIN Cluster | Patient LHIN ▼ | Patient Subregion ▼ | Significance of Difference from Provincial Reference Rate | Cohort N | Median HB Rehab Visits in Fiscal | Lower 95% Cl of Median HB Rehab Visits |
|----------------|----------------------------|-------------------|------------------------|--|----------|---|--|
| 2016 | East | 10 - South East | 1001-Rural Hastings | HIGH | 30 | 11.5 | 10.0 |
| 2017 | East | 10 - South East | 1001-Rural Hastings | | 27 | 8.0 | 5.0 |
| 2018 | East | 10 - South East | 1001-Rural Hastings | HIGH | 34 | 11.5 | 10.0 |
| 2019 | East | 10 - South East | 1001-Rural Hastings | HIGH | 35 | 14.0 | 10.0 |
| 2020 Q1- Q2 | East | 10 - South East | 1001-Rural Hastings | | 9 | 10.0 | 4.0 |

Decreased home rehab visit frequency for the Rural Hastings area but N low

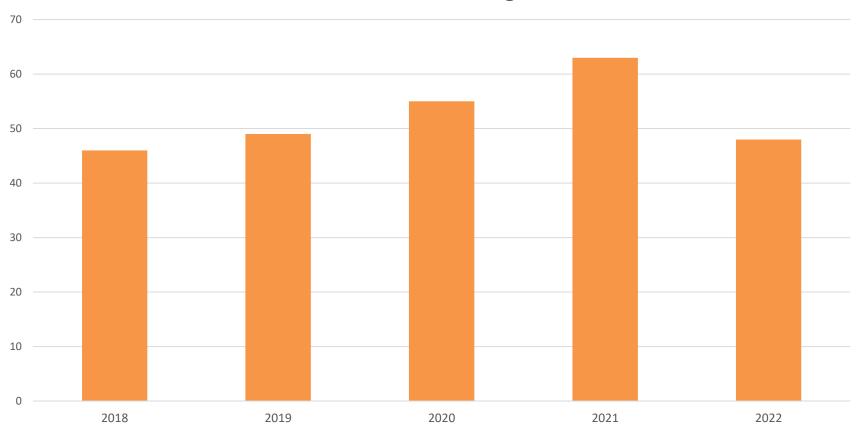
Regional Stroke Dashboard: Community Stroke Rehabilitation Median Visit Intensity per Patient – 2021-22





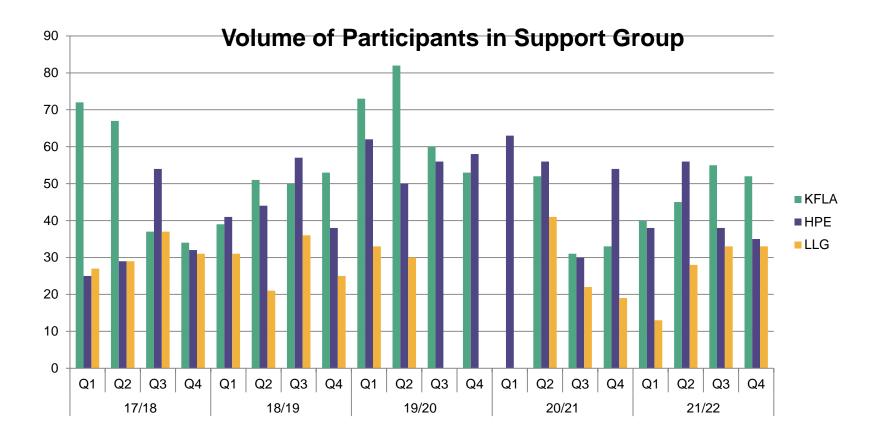
Regional Stroke Dashboard: Number of Community Rehab Planning Meetings— 2021-22

Number of CoRP Meetings at QHC





Regional Stroke Dashboard Community Stroke Support Group Participation

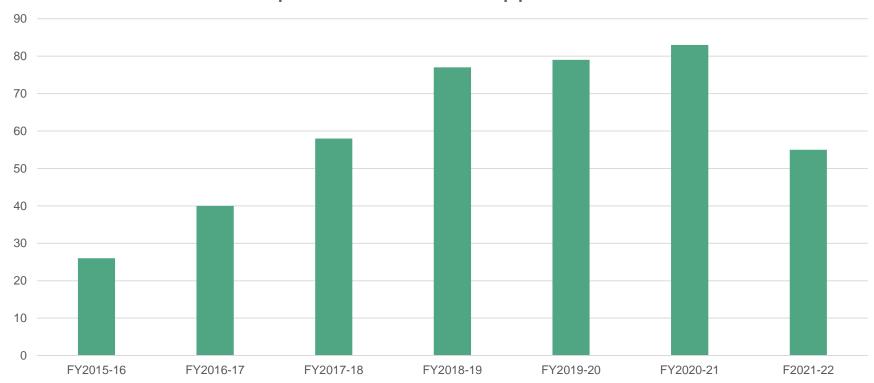


<u>Hospital Community Collaboration</u> can contribute to improved referral rates and participation; virtual connections can strengthen transitions.



Regional Stroke Dashboard Community Stroke Support Group Participation

Annual Participation in Stroke Support Services for HPE



<u>Hospital Community Collaboration</u> can contribute to improved referral rates and participation; virtual connections can strengthen transitions.



Community Stroke Discussion

Accomplishments

- Largely, sustained Community Stroke Rehab Program despite COVID
- Enhanced Stroke Survivor Support Groups with virtual models and connections
- Growth of Aphasia Conversation Groups region-wide

Ongoing

- Sustaining Rehab Day Hospital
- Maximizing Home-based Community Stroke Rehab Capacity
 - Rehabilitation Assistants; expertise
 - Sustaining and building best practices in CSRP
- Community Supports: Consultation 2022-23

• FUTURE:

- Growth in capacity for community rehabilitation
- Grow hospital to community connections
- Community Supports: Consultation Report and Recommendations 2023-24





SE Region EVALUATION SUMMARY

- All measures improved this report over last- CONGRATS!
- Strengths to sustain!!
 - Stroke Prevention Clinic referral rates
 - Ambulance use and Hyperacute treatment access
 - Care in Designated/Acute Stroke Unit
 - Community Home-based Rehab and links to community services
 - Stable outcomes mortality, readmission, rate of LTC admission
- Challenges improving; need continued emphasis on ONE TEAM
 - Stroke Prevention (admission rates/volumes; anticoagulation rural areas)
 - Flow to rehab (stroke onset to rehab admission)
 - Access to designated rehab beds
 - Persisting ALC rates
- Known system gaps
 - No outpatient rehab in Kingston and Brockville; no data
 - Delayed access to thrombolysis in LLG
 - Health Human Resources



QUINTE STROKE EVALUATION SUMMARY





www.strokenetworkseo.ca

