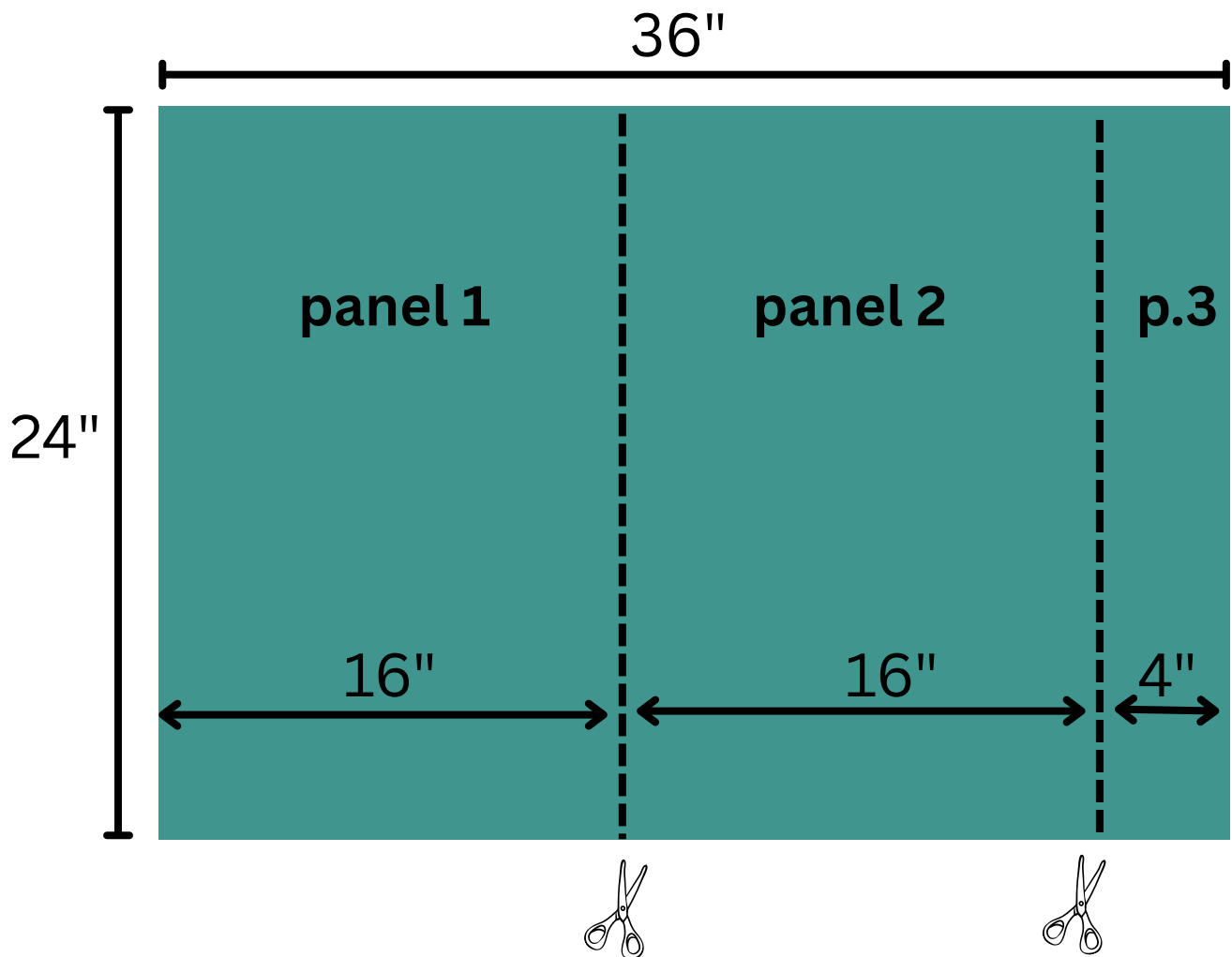


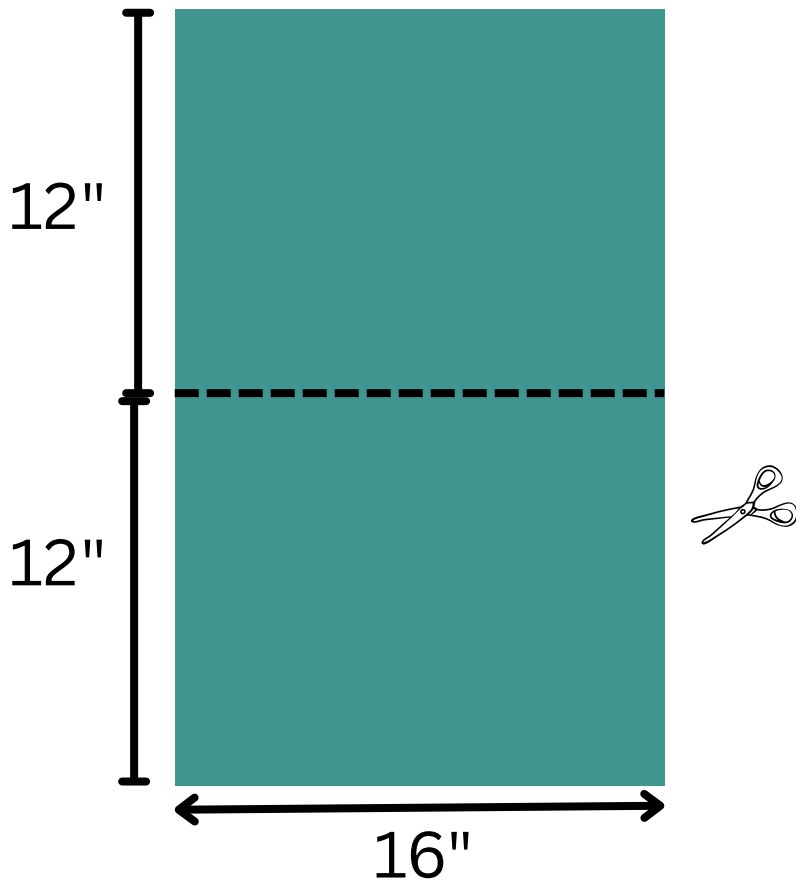
## Materials:

- 12 in x 16 in acrylic mirror
- 1 corrugated signboard 24 x 36 in.
- Strong adhesive velcro pieces
- Roll of gorilla tape or duct tape



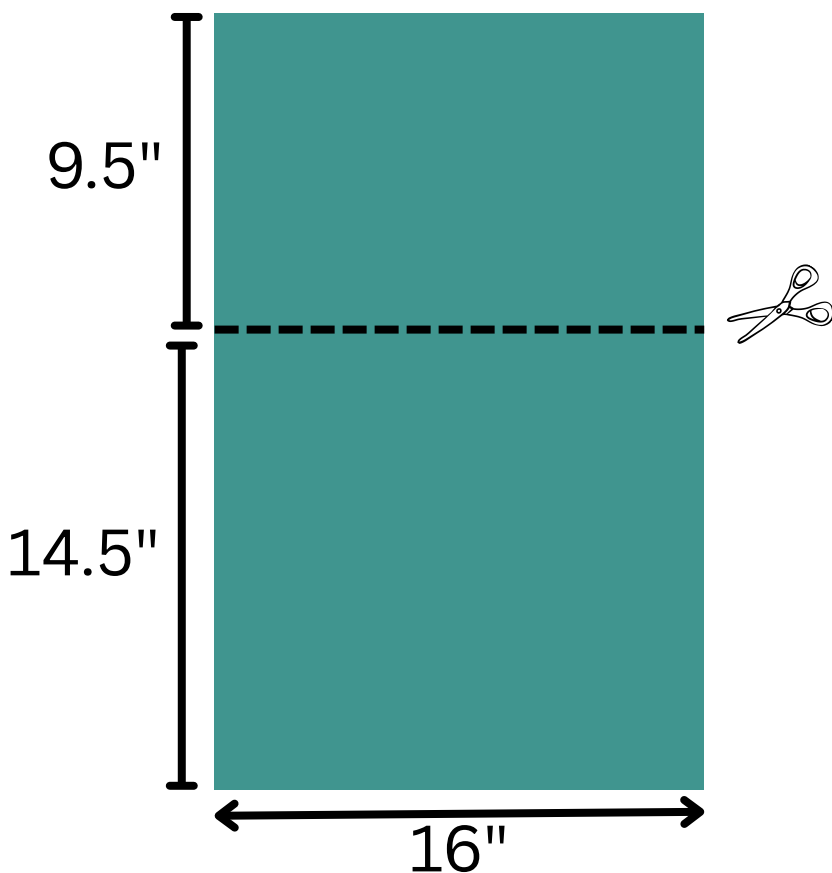
Step 1: Cut the signboard into 3 sections, 2 of these will be 24 inches x 16 inches, and the remaining piece will be 24 x 4 inches.

## panel 1



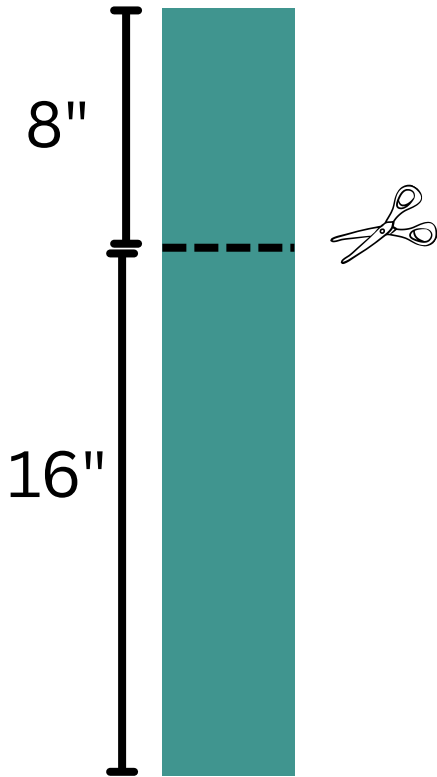
Step 2: Cut the first 24 x 16 in. piece into 2 equal pieces of 12 x 16 inches. You will only need **one** of these pieces.

## panel 2



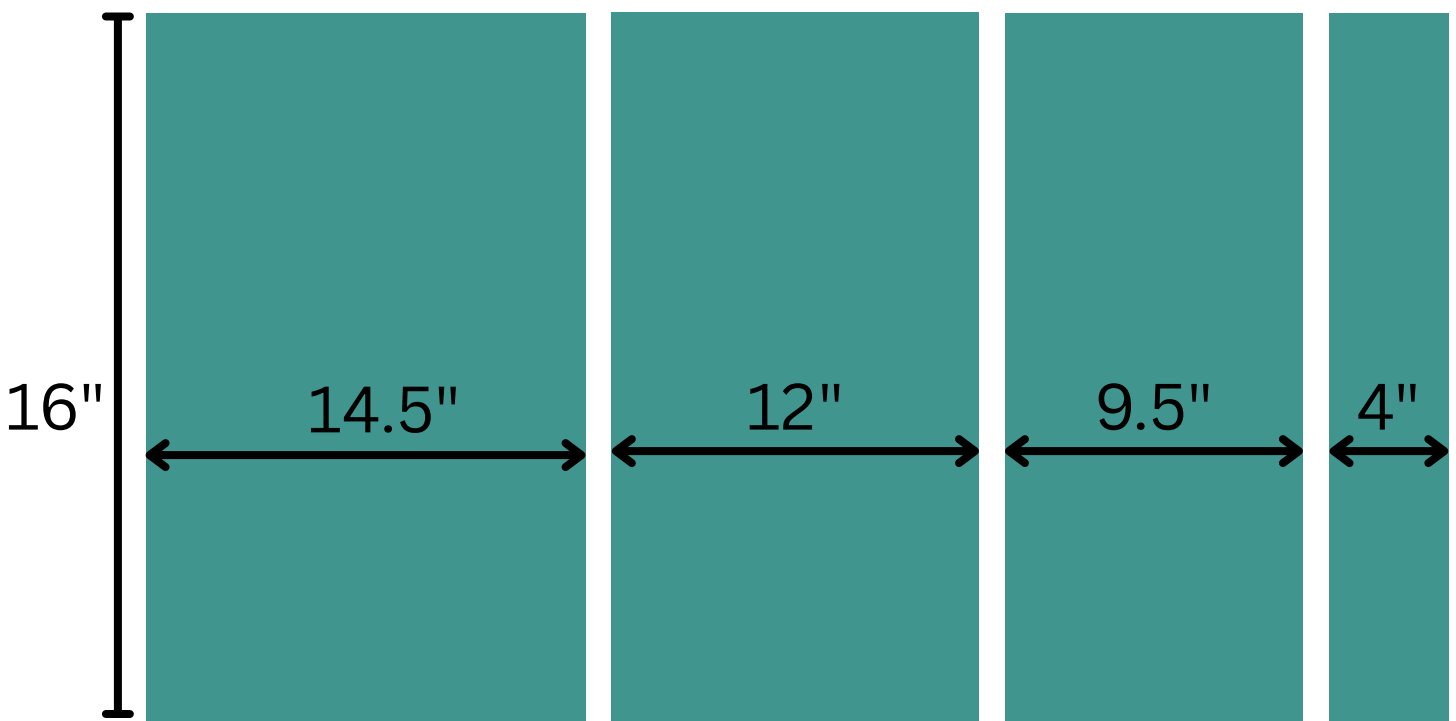
Step 3: Cut the second 24 x 16 in. piece into 2 different sized pieces of 9.5 x 16 inches, and 14.5 inches

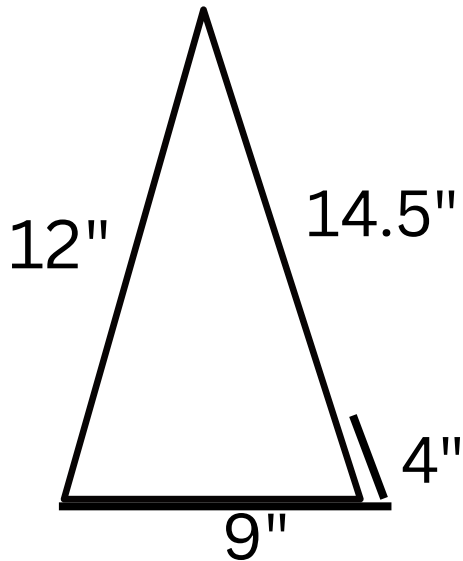
### panel 3



Step 4: Cut the narrow remaining piece into 2 pieces of 8 x 4 inches and 16 x 4 inches. You will only need the 16 inch length.

**Assembly:** Lay out the pieces as shown with a 1 cm space between panels. Tape along both sides of seams, then tape a perimeter if desired.





Fold as shown. Attach velcro to the flap to secure it when in use. Use velcro (or double sided tape if you prefer) to attach mirror to 12 inch panel. Store flat with mirror inside.

The dimensions shown will give you a mirror box that has the mirror standing nearly vertical which is ideal for therapy applications. It need not be precise, this was simply an efficient use of materials to maximize therapeutic application.

If you find this plan helpful, feel free to share it!