

Home and Community Care Support Services South East Community Stroke Rehab Program 2022/23



532 admissions to the Community Stroke Rehab Program, a decrease of 3% from the previous fiscal year.



74% of patients received visits from at least two disciplines. 3% of patients received visits from all four disciplines.



Median wait time to first therapy visit remained stable at 5 days.



Rehab Assistants are now providing therapy visits in the Southeast. There were 45 patients that received at least 1 visit from a RA this year.



150 Community Rehab Planning (CoRP) meetings were held. 28% of patients received a CoRP Meeting prior to discharge from hospital.



73% of patients received at least one virtual visit from their therapist:
PT 56% | OT 65% | SLP 38% | SW 7%

Summary 2022-23

This annual report provides an overview of the Community Stroke Rehabilitation Program (CSRP) since service inception in 2009 and reflects the most recent fiscal year (FY) data (April 1, 2022 – March 31, 2023).

Eligible stroke survivors following their hospital discharge to either community or long-term care (LTC) receive the appropriate level of therapy to support their ongoing rehabilitation through the provision of: Physiotherapy (PT), Occupational Therapy (OT), Speech-Language Pathology (SLP) and Social Work (SW).

| Community Stroke Rehab Program Description | | | Key Findings in 2022-23 |
|--|--|------------------------------|--|
| | Weeks 1-4 | Weeks 5-12 | |
| OT | Up to 12 visits over 4 weeks | Up to 16 visits over 8 weeks | <ul style="list-style-type: none"> Total patients decreased 3% while total visits decreased 13% from the previous fiscal year. Median total visits per patient also decreased from 11 to 10 visits. The median wait time to first home therapy visit was stable at 5 days. Rehab Assistants are now providing therapy visits in all areas of the region. |
| PT | Up to 12 visits over 4 weeks | Up to 16 visits over 8 weeks | |
| SLP | Up to 8 visits over 4 weeks | Up to 8 visits over 8 weeks | |
| SW | Up to 4 visits over 4 weeks | Up to 4 visits over 8 weeks | |
| Information on various community programs is available through Stroke Network of Southeastern Ontario's website under Community Supports and through the South East Health Line under Stroke Resources . | A Community Rehab Planning (CoRP) meeting should be considered for all discharges from rehab . The CoRP ideally occurs within 72 hours of discharge but planning for this meeting could start as early as two weeks prior to discharge. | | |
| | | | Consider referral to Stroke Survivor and Caregiver Support Groups, Stroke Specific Exercise Programs and Aphasia Supportive Conversation Groups and to other community exercise programs when appropriate. |

Need additional information? Please contact:

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