



STROKE SURVIVORS EXERCISE CLASS

FRIDAYS 12:00–1:00PM
STARTING JANUARY 20TH, 2023



RIDEAU COMMUNITY
HEALTH SERVICES
100 STROWGER BLVD. UNIT 107
BROCKVILLE, ON

ENROLL NOW!

**FOR MORE INFORMATION,
CONTACT KIM AT:**

**613-342-3693 EXT. 2303
OR TOLL-FREE AT
1-800-465-7646 EXT. 2303**



KDUCHARME@CPHCARE.CA



WWW.CPHCARE.CA