

Free Online Workshop with
Instructor Jacquie Levy, PT



strokenetwork
SOUTHEASTERN ONTARIO

EXERCISING WITH STROKE SURVIVORS – HOW TO MAKE YOUR EXERCISE CLASS ACCESSIBLE



May 31, 2024
1300-1500h



At the end of the session you
will be able to describe:

- How a stroke impacts a persons ability to exercise
- The contra-indications to exercise, client monitoring and safety
- How to adapt exercises to maximize participation

Register online - click here
or scan the QR code!



www.strokenetworkseo.ca



heather.jenkins@kingstonhsc.ca

